

Peak Hill Central School

Newsletter

**We are Respectful, Responsible, Safe and Successful
Learners and Leaders**

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From the Principal's Desk

School Calendar - Term 4



Thank you to parents for your support in containing the spread of Hand, Foot and Mouth Disease within our community over the last fortnight. Following the Department of Education and Communities Guidelines we have supplied hand sanitisers in each classroom and in common areas throughout the school. It is essential that correct hand washing continue to occur. If your child is unwell the best place for them is at home and if any symptoms appear medical advice should be sort.

The fitting out of the new VC rooms has finally finished and the seniors are now using them. Over the next couple of weeks we will be ordering additional seating for outdoor learning spaces and making some improvements to the Stephanie Alexander Kitchen Garden. We are also investigating some improvements to the play areas around the school including activities for the Junior School such as literacy hopscotch and an outdoor gym for the older students.

Last week, Peak Hill Central School was represented at the Youth Eco Summit at the Olympic Park in Sydney. Brooke Carpenter, Alistair Kopp, Charlica Schnitger, Wynona Douglas and Kaitlin Finn were outstanding ambassadors for our school. As part of the summit the students promoted *Student Voice in Sustaining the Environment*. During the Summit each student was able to access the displays by other schools and our group have returned with lots of ideas for next year's leaders.



3 November	Yearly Examinations
6 November	Year 12 Banquet
7 November	Craft Workshop
15 December	Presentation Evening

Congratulations to the student team for their promotion of the school, their leadership and enthusiasm. Thank you to Mr Jeremy Whiterod and Ms Carmen Sharah who accompanied and supported the students.

Students and parents are reminded that our *Peak Hill Points* system has started this term. Students earn a point each day for attendance and another for uniform. It is an incentive to encourage students to be here on time and to be dressed appropriately. The points accumulate and the students can then purchase items from *The Shop* for small items such as handballs to more expensive items like the school guernsey.

This week has certainly been Dress Up Week. Yesterday we dressed in Red and Green. It was not a belated celebration of the Rabbitohs win, but recognition of Western Region Sport which is celebrated each term. Western Region Sport provides our students with the opportunity to compete at an elite level. This year Amy Hart represented in Hockey, Georgia Westcott for Soccer and Rowan Kopp in Rugby Union. Photographs taken on the day are submitted for possible selection on the trailer which goes to the events and would be great publicity for the school. Tomorrow students are able to dress for Halloween as a gold coin fundraiser for the Stage 6 students participating in the Belrose excursion to Sydney. Next Tuesday the staff is dressing up for the Melbourne Cup with a luncheon with a Fashion in the Field parade.



Principal

Mrs Paula Payne

Head Teacher Admin

Mr Jeremy Whiterod

Head Teacher

Well Being

Mrs Maria George

Head Teacher T&L

Mrs Rachel Cody

Assistant Principal

Ms Sarah Browning

Ms Rachel Heywood
(T-F)

Mrs Meredith Bennett
(M)



**WAP Access
Coordinator**

Ms Crystal Williams

**In School Access
Coordinator**

Mr James Peter

**Administration
Manager**

Mrs Tanya Stanford

**Aboriginal Education
Officer**

Mrs Vicki Sharah

**Middle School
Coordinators**

Mrs Daneille Diener

Mr Shannon Gane

P & C 2014

President

Mrs Donna Kopp

Vice President

Mrs Julie Westcott

Secretary

Mrs Cathy Goodwin

Treasurer

Mrs Margaret Edwards

Next week examinations commence for secondary students. The timetable is included on page five of the newsletter. It is important that students attend each day and are well prepared. All equipment is to be stored in a plastic sleeve and include: pens, pencil, eraser, sharpener, calculator and ruler. It is not permissible for any stationery item to be borrowed during a formal assessment. This is to prepare students for external testing such as NAPLAN and the HSC. I encourage all students to do their best.

After the exam period the process for electing the 2015 School Captains and Student Leaders will begin. I will speak with all students in Years 10 and 11 about the roles and my expectations for any student wishing to hold one of the positions. Each student will be asked to complete a nomination which is signed by the student and their parent. Following the Expression of Interest students will be interviewed by a panel convened by me before the final vote. Successful School Captains and Student Leaders will be announced at Presentation Night.

Our Presentation Evening for this year will be on Monday, 15 December commencing at 6.30 p.m. Please note this date in your calendars to celebrate the success of 2014. Next week we celebrate the end of the HSC and the conclusion of Year 12's schooling. A banquet will be held in the school hall and I thank all the staff members who have been involved in making this a special event for the *Class of 2014*. Our next newsletter will feature photographs of the evening as a memento for students and their families.

I invite all parents and community members to the Song Room workshop next Friday. Please see the advertisement in this newsletter for the time and details. If you are creative and want to share cooking and craft activities come along and enjoy a cuppa in Café Russell.

Have an enjoyable and safe fortnight!

**Mrs Paula Payne
Principal**

“quoted”

Every child needs a champion

INVITATION

**FRIENDS OF PEAK HILL
SOCIAL CLUB - MORNING TEA**

Where: Café Russell

When: Fridays, Starting 7 November
10am to 1pm,

Why: Fun, laughter, Christmas craft and sharing of ideas.
Organised cooking and craft activities for you to enjoy and have fun with.

Who: For community members, parents and all those who want to get creative and even share their own interests and skills. RSVP by phone or email for catering purposes.

See you there

(02)6891304 peakhill-c.school@det.nsw.edu.au

INSPIRE ENGAGE DISCOVER

P 03 9495 6422 W songroom.org.au

Congratulations

Each student who took part in the Australian Mobile Dental Clinic visit earlier in the year, went into the draw to win a prize.

Joshua Finn won an Apple iPad and Taliah Read won an Oral B electric toothbrush.

Jackie (pictured below) from Australian Mobile Dental randomly drew the names.



Year 7 Science



Students in Year 7 have started their new topic, Cells – the unit of life. In this topic we learn about different types of cells, their structures and how they function in living organisms. To learn more about cells, students develop their skills in using the light microscope, prepare slides of cells and use stains to see the cells more clearly.

We learn new metalanguage such as ‘nucleus’, ‘cytoplasm’ and ‘chloroplast’ and wonder how these words were first invented. Students have made a stained slide of onion to reveal tiny cells all containing a nucleus that look ‘like bricks’ making up a wall.

Pamela Pollard is pictured looking down the monocular microscope while Jade Gavin observes her progress. Year 7 students are enjoying looking under the microscope; even newspaper letter look amazing.

Mrs Maria George
Year 7 Science Teacher

Future Moves

Towards the end of last term and into this term, Stage 3 Future Moves have been exploring a range of careers. They have made use of the Internet and specific sites such as MyFuture and JobJump to investigate the job demands as well as specific education and training requirements for the careers that appeal to them. The class also watched a series of ‘I Wanna Be’ videos (produced by Student Edge) that showcase a particular industry or occupation through interviews with individuals working in that field. Students are realising that there are lots of different ways to find out about various careers, ranging from research in books or on the Internet, or simply talking to people who are working in those jobs. We will now move our investigation into the jobs that are projected to have growth in the next decade, and how this might inform their own career-planning. Students have been able to articulate the benefit of finding out about a range of careers prior to their secondary studies in terms of helping them to choose subjects later on or even helping them to maintain focus in some classes.

I recently had a conversation with someone about the concept of young people giving thought to the things they would like to do when they grow up. While it seems like a long way off, particularly in the eyes of the students, this person agreed that children are never too young to start thinking about their future. Of course, they aren’t expected to make a concrete decision about what they will do when they finish school, but knowing that there are a range of options and how to access these opportunities is the thing that is important. Career no longer refers to the jobs that people do or specialised occupations. Rather, it is a combination of the work, learning and life roles you have throughout your life.

As a parent or caregiver, you can help by talking to your child about their skills and interests or even your own career-journey. The following excerpt comes straight from the MyFuture website (<http://www.myfuture.edu.au/assist-your-child/talk-to-them-about-careers/how-you-can-help-your-child>) and provides insight to parents into supporting the career journey of their children. “Positive and encouraging parental influence can produce great results and boost your child's confidence when making career choices. The earliest and often the most powerful learning about careers is shaped by the adults in their child's life, as well as the images they see on television and other media.

You can help your child by:

- sharing your positive stories of working life
- building confidence by inspiring your child to dream and plan for their future
- instilling an understanding within your child that they are capable and resourceful
- actively listening and being open to talking about special moments such as activities in and out of school
- encouraging your child to explore their options as they arise
- keeping an eye out for careers expos
- providing practical support when they find a part-time job or work experience.

You can also help your child understand careers by encouraging them to:

- research opportunities and take advantage of the assistance offered from within and outside school services
- participate in community activities through volunteer work, sporting clubs, etc.
- find out about a range of options and alternative pathways rather than focus on a single career direction
- collect relevant information
- talk to as many relevant people as possible about the decisions ahead
- visit a career practitioner.”

Mrs Rachel Cody
Future Moves Coordinator

Verbs

Account	Account for: state reasons for, report on. Give an account of: narrate a series of events or transactions	Evaluate	Make a judgement based on criteria; determine the value of
Analyse	Identify components and the relationship between them; draw out and relate implications	Examine	Inquire into
Apply	Use, utilise, employ in a particular situation	Explain	Relate cause and effect; make the relationships between things evident; provide why and/or how
Appreciate	Make a judgement about the value of	Extract	Choose relevant and/or appropriate details
Assess	Make a judgement of value, quality, outcomes, results or size	Extrapolate	Infer from what is known
Calculate	Ascertain/determine from given facts, figures or information	Interpret	Draw meaning from
Clarify	Make clear or plain	Investigate	Plan, inquire into and draw conclusions about
Classify	Arrange or include in classes/categories	Justify	Support an argument or conclusion
Compare	Show how things are similar or different	Outline	Sketch in general terms; indicate the main features of
Construct	Make; build; put together items or arguments	Predict	Suggest what may happen based on available information
Contrast	Show how things are different or opposite	Propose	Put forward (for example a point of view, idea, argument, suggestion) for consideration or action
Critically (analyse/evaluate)	Add a degree or level of accuracy depth, knowledge and understanding, logic, questioning, reflection and quality to (analyse/evaluate)	Recall	Present remembered ideas, facts or experiences
Deduce	Draw conclusions	Recommend	Provide reasons in favour
Define	State meaning and identify essential qualities	Recount	Retell a series of events
Demonstrate	Show by example	Summarise	Express, concisely, the relevant details
Describe	Provide characteristics and features	Synthesise	Putting together various elements to make a whole
Distinguish	Recognise or note/indicate as being distinct or different from; to note differences between		

BREAKING DOWN THE EXAMINATION QUESTIONS

When we go to answer examination questions it is important to read it carefully. To do this it is recommended that you break down and highlight certain sections for the question.

For example:

Discuss one famous scientist that you have studied in class and identify their contribution to modern science.

1. Circle the verbs in the question (remember verbs are action words and they will tell you what to do) and define what the verb is asking you to do. E.g. Discuss means that you identify issues and provide points for and/or against the issue or topic.
2. Underline the content of the question (this tells you what to needs be spoken about).

HAVE A GO

- Analyse the ways the author has represented the antagonist in your studies text.
- Contrast and compare the ways the film director has used lighting in the modern version of 21 Jump Street as compared to the original series.
- Classify the various medications on the market today. Explain what one of the medications helps.
- Assess the value of education in the 21st century.

Drama



Throughout last term, Stage 2 dramatically explored the idea of water conservation. They began writing their own scripts to be performed to a K-2 audience with the intention to teach them about ways of saving water at home. The main ideas they have developed include watering the garden of an evening, rather than in the middle of the day; having shorter showers; making sure taps are turned off properly; and installing water tanks to catch rain water.

This term, students have refined, word-processed and rehearsed their scripts for performance to their invited audience this week. The accompanying photos show students in rehearsal mode.

The Year 9 students participating in the Senior Drama Videoconferences are half way through the program and are to be commended on the quality of work that they have created so far. From only two lessons, students have devised a Shakespearean 'short' making use of stylisation and limited dialogue, as well as a masked movement piece depicting the story of Humpty Dumpty.

This is a pilot project being run in consultation with the Arts Unit, Forbes High, Wagga High and Peak Hill Central School with all current indicators that it is a big success. The students look forward to being able to showcase some of their work to a live audience later in the term.



Mrs Rachel Cody
Drama Teacher

7-10 Yearly Examinations

Monday 3.11.14	Tuesday 4.11.14	Wednesday 5.11.14	Thursday 6.11.14	Friday 7.11.14
10.00 – 11am	10.00 – 11am	10.00 – 11am	10.00 – 11am	10.00 – 11am
Stage 4 English	Stage 4 Maths	Stage 4 HSIE	Stage 4 PD/H/PE	Stage 4 Catch-up
Stage 5 English	Stage 5 Maths	Stage 5 HSIE	Stage 5 PD/H/PE	Stage 5 Catch-up
12.30 – 1.30pm	12.30 – 1.30pm	12.30 – 1.30pm	12.30 – 1.30pm	12.30 – 1.30pm
Stage 4 Art	Stage 4 Science	Stage 4 Timber	Stage 4 Future Moves	Stage 4 Catch-up
Stage 5 Ag/Food/Graph	Stage 5 Science	Stage 5 Photo (rm.3) Stage 5 Metal	Stage 5 Timber/Art	Stage 5 Catch-up

- Please Note:
- Venue for examinations Rooms 7 & 8
 - Students seated alphabetically A-J in Room 7, K-Z in Room 8. All names attached to desks.
 - Students to bring appropriate writing equipment to all exams and
 - Equipment needed: blue or black pen, pencil, rubber, sharpener, ruler and a calculator



Each week there will be a newsletter article promoting courses run across the Western Access Program. This program is highly successful in delivering a wider curriculum across our schools, maximising student choice and achievement.

Sport, Lifestyle & Recreation



Luke Watt from Trundle practicing his CPR and demonstrating the biomechanics of the javelin



Sport, Lifestyle and Recreation develops in each student the knowledge, understanding and skills needed to adopt active and health-promoting lifestyles. Through Western Access the Year 11 and 12 students study the same units at the same time. This year students have completed modules on Healthy Lifestyles, Athletics and First Aid. The Healthy Lifestyles topic allowed them to learn factors that influence a balanced lifestyle. During the First Aid unit students learnt how to deal with an emergency. Whilst the Athletics module allowed them to learn about the skills, equipment, biomechanics and technology used in athletics events.

**MsTrish Morgan
Trundle Central School**

Visual Arts

Morgan Mobbs, Ashleigh Farrah and Emily Ashe produced some amazing highly conceptual artworks this year. Morgan's work centres around a woman's role in rural life and engendered expectations. Ashleigh Farrah's work creates a dialogue with her interrupted HSC studies and the ever dreaded white canvas which an artist must stand in front of and create. Emily Ashe's work explores male dominated workplaces and the cone of silence which surrounds sexism.



*Morgan Mobbs
Farming or Fracturing 2014*

**Mr Michael Richards
Tullamore Central School**



*Emily Ashe
See No, Hear No, Speak No (1 of 3) 2014*



*Ashleigh Farrah
Study Space 2014*

School Noticeboard



Peak Hill P&C AGM

November 13 2014

5pm

PHCS Administration Building

SMS Reminder Messages

Shortly the School will place Parent and Carer mobile numbers on our SMS database to receive messages from the School. Please make sure we have your correct mobile number.

If you would like to opt out of this service please contact the school office on 68691304

Tucker Box

NO CREDIT available to students.



PEAK HILL CENTRAL SCHOOL TUCKERBOX MENU TERM 4 - 2014



SANDWICHES

White or Grain Bread (Toasted if Requested)

Honey, Vegemite or Jam	\$1.50
Cheese	\$2.00
Cheese & Tomato	\$2.50
Chicken or Ham	\$3.00
Chicken, Avocado, Tom & Lettuce	\$4.00
Salad (Lettuce, Tomato, Carrot, Beetroot, Cucumber)	\$3.00
Salad & Cheese	\$3.50
Salad with Ham or Chicken or Tuna	\$4.00
Ham, Tomato & Cheese	\$3.50
Egg and Lettuce	\$3.00



TOASTED SANDWICHES & TURKISH BREAD

Ham/ Cheese/ Tom or Pineapple	\$3.50
Chicken, Cheese & Pineapple	\$3.50
Chicken & Cheese with Chilli or BBQ Sauce	\$3.50

WRAPS & BUNS

Salad Wrap (Lettuce, Tomato, Carrot, Beetroot, Cucumber, Pineapple)	\$3.00
Ham Salad Wrap	\$4.50
Chicken Salad Wrap	\$4.50
Egg & Lettuce Wrap	\$3.50
Tuna & Salad Wrap	\$4.50
½ Chicken or Ham Wrap	\$2.50
With Lettuce, Carrot & Cheese	
Chicken or Ham Bun	\$2.50
With Lettuce, Carrot & Cheese	
Chicken or Ham Salad Bun (Full Salad)	\$4.50



SALADS & FRUIT

Salad Box (Tom, Cue, Beet, Carrot, Lettuce, Pineapple, Corn) Salad Onion is Available	\$3.00
Chicken or Ham Salad Box	\$4.00
Tuna Salad Box	\$4.00
Fish & Salad - Salad Box + 2 Pieces Fish Friday Only	\$5.00
French & Italian Dressing is available for all Salad	
Extras (Cheese, Avocado & Egg)	.50c each
Fresh Fruit Salad	\$2.00
Fresh Fruit Salad & Yogurt	\$2.50
Pieces of Fruit	Starting from .50c to \$1.00

PLEASE CHECK CANTEEN BLACK BOARD
AND SCHOOL NEWS LETTER FOR SPECIALS

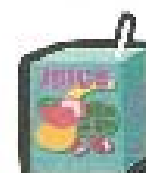
HOT FOOD

Lasagne & Spaghetti Bolognese	\$4.00
Hot Chicken Wrap (Orders Only)	\$4.50
Chicken Burger (Chicken Patty, Lettuce & Mayo)	\$4.00
Hamburger (Fresh Meat Patty & Salad) Tues Only	\$5.00
Cheeseburger (Fresh Meat Patty & Cheese) Tues Only	\$3.00
Meatball Sub in Hot Dog Roll Thursday Only	\$3.00
Beef Pie and Sauce	\$3.50
Beef Potato Top & Beef, Cheese & Bacon Pie	\$4.00
Beef Party Pies	\$1.00
Spinach and Ricotta Roll	\$3.00
Sausage Roll and Sauce	\$3.00
Pizza Single / Pizza Rounda	\$3.00
Hot Chicken or Beef Noodle Cup	\$2.00
Chicken and Dino Nuggets (Orders Only)	.50c each
Garlic Bread	\$1.50
Melts (Ham, Cheese, Pineapple)	\$2.50
3 Chicken Nuggets + 6 Potato Gems + Sauce	\$3.00
+ 200ml Juice Popper - Dinner Box	
3 Dino Nuggets + 6 Potato Gems + Sauce +	\$3.00
200ml Juice Popper - Dinner Box	



SNACKS/DRINKS/BLOCKS

Chips	\$1.00
Popcorn	.50c
Milo Scoop Shakes	\$2.80
Life Saver Ice block	\$2.00
Frozen Mony & Zooper Dooper Iceblocks	.50c
Fandangles Ice cream	\$1.50
Frozen Yogurt Cups	\$2.00
Vanilla Ice Cream Cups	\$1.00
Jelly Sticks (Limit 5)	.20c
200ml Juice Poppers	\$1.00
250ml Pop Top Juices	\$1.50
350ml Goulburn Valley Juices	\$2.50
400ml Small Pump Water	\$1.50
750ml Large Pump Water (Plain & Flavoured)	\$3.50
600ml Water	\$1.00
300ml Flavoured Milk	\$1.50
500ml Coffee Dare	\$3.50
Up and Go Milk	\$2.00
Muffins	\$1.50
Crackers and Cheese Cubes	.50c
Two Fruits, Custard, Jelly Cups	\$1.00



Community Noticeboard

Sacramental Program

First Holy Communion and Confirmation

St James Catholic Parish would like to invite primary or secondary children to participate in our Sacramental Program.

Commencing Monday 3 November, meeting weekly at 3.30pm to 4.30pm in Boatswain House.

Confirmation and First Holy Communion will be celebrated with our new Bishop, Columba Macbeth-Green on Sunday 7 December 2014.

Parents are asked to attend sessions with the children to prepare for the sacraments.

To be part of this special event leave your child's name with Dean Colmer at St Joseph's school on 68691452



Street Stall

Friday 21 November
2014

Donations of saleable goods would be greatly appreciated

Sue Strahorn – Secretary



A night of:

**Fashion *Food *Fun *Friends*



Please join us for our annual

"Girls Night In"

Friday 7 November
5.00pm – 8.00pm in the
School Hall

Come along and enjoy a range of fun filled activities and stalls

Cost for the evening is \$10.00

(Entitles you to a complementary glass of champagne and nibbles).

Prizes for:

***Best dressed in pink**

***Best decorated cup cake**

***Best pink shoes**

***Best pink hat**

As well as supporting the Cancer Council, proceeds from the evening will also support Dubbo in memory of Mrs Kim Kerin.



Lucky Door Prize
Spot Prizes
Raffles



Available for purchase during the evening:

Dinner by Belinda

Coffee by Leona

RSVP:
Monday 3 November
Phone: 6846 4004 (Office)
for catering purposes.



ARE YOU SICK OR IN PAIN?

PLEASE JOIN US FOR OUR

HEALING SERVICE

SATURDAY 8 NOVEMBER

7.00PM

WESTLINK CHURCH

Visiting Pastor Brett
Lindner from
C3 Church Silverwater

Westlink Church Central West Inc.
Pastor Matt & Vicki Sarah