

# Peak Hill Central School

## Newsletter

*We are Respectful, Responsible, Safe and Successful*  
Celebrating 125 Years of Public Education

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### From The Principal's Desk

I welcome our school community to Term Four; I hope everyone had an enjoyable, safe and relaxing break. We welcome some new students and returning students this term, I trust that they will feel welcomed and supported at Peak Hill Central School.

This week our Parents & Citizens group meet on Thursday at 5.30pm in the school library. Following an incident at school last Thursday which was incited by the use of social media, I have invited our local senior constable, Ms Maureen Leonard to address our school community on the issue of the inappropriate use of social media. I encourage all parents and citizens to attend the meeting and contribute to our planning for school procedures which acknowledge the information and technology age yet ensure a safe and secure learning environment for all students, staff and visitors.

The Year 11 Hospitality class hosted a luncheon for community and staff last Wednesday. The event was an excellent opportunity for our students to demonstrate their skills and expertise as they develop their competencies in this Vocational Education course. Our thanks to the Hospitality students and Mrs Doyle for a top-class restaurant quality offering.



*Enjoying the Year 11 luncheon from L to R Brooke Carpenter, May Chandler, Jan Mackay, Sue Dunn and Regina Harris.*

### Diary Dates

October Tues	13	HSC Exams Commence
Mon	19	NRL Video Conference-Yr 9,10,11
Tues	20	ARG Visit Yr 10-11
Wed	21	Yr 11 M & E Prac Day Peak Hill
November		
Thurs	5	Yr 12 Banquet

The evolving nature of education requires our staff to constantly develop their teaching skills and abilities; in the last fortnight Mr Kibble attended a workshop in developing engaging Mathematics lessons, while Ms Heywood participated in a Language, Learning and Literacy workshop; this is an ongoing program which supports our students from Kindergarten to Year 2 with teaching strategies designed to maximise their learning achievements. In addition all staff have participated in two training sessions; one focused on Trauma and another on the Child Wellbeing.

Students from Kindergarten to Year 6 attended a Puppet Show last Monday; all reports from students and staff were very positive and the show appeared a real hit! This Friday Mr McAlister is taking a group of secondary boys to O'Leary's Oval to compete against Trundle in a highly anticipated cricket match; we wish the boys every success.

Wishing you all the very best for the fortnight ahead, please do not hesitate in contacting the school to discuss any concern or question you may have regarding your child's schooling.

**Paul Champion**  
Relieving Principal

**Principal**

Mrs Paula Payne

**Head Teacher Admin**

Mr Paul Champion

**Head Teacher Well Being**

Mr Jeremy Whiterod

**Head Teacher T&L**

Mrs Rachel Cody

**Administration Manager**

Mrs Tanya Stanford

**Aboriginal Education Officer**

Mrs Vicki Sharah

**Assistant Principal Primary**

Miss Rachel Heywood

Miss Sarah Browning

**Head Teacher of WAP**

Ms Crystal Williams

**In School Access Coordinator**

Ms Crystal Williams

**P & C 2015**

**President**

Mrs Donna Kopp

**Vice President**

Mr Matthew Sharah

**Secretary**

Mrs Cathy Goodwin

**Treasurer**

Ms Kim Dern

**Teacher of the Fortnight**



Mrs Zoe Ruckley

For consistently going above and beyond to support students in the classroom and playground.

**Thank You**



**PARENTS**

When your child misses school **they miss out.**

Support your child's success by making sure they attend school all day, everyday

Primary are now enforcing

**" No Hat- Play in the Shade"**

In all areas of the school

This applies to all primary students

Please pack a hat for your child.





## Stage 3

## The Lost Thing

Stage 3 have been studying Shaun Tan's picture book 'The Lost Thing'. During their work with the book they have expanded their vocabulary using words such as 'intrigued' and 'anonymous'. The students also discussed what it is to lose something or someone, attaching feelings and emotions to these things.

The culminating activity (as seen in the pictures) was for the students to create their own 'lost thing' and collage background made from newspaper, this was to reflect the images used in the original book.

Well done Stage 3.

**Mrs Danielle Tremain-Cannon**

**Classroom Teacher**







## K/1 BEE STUDY

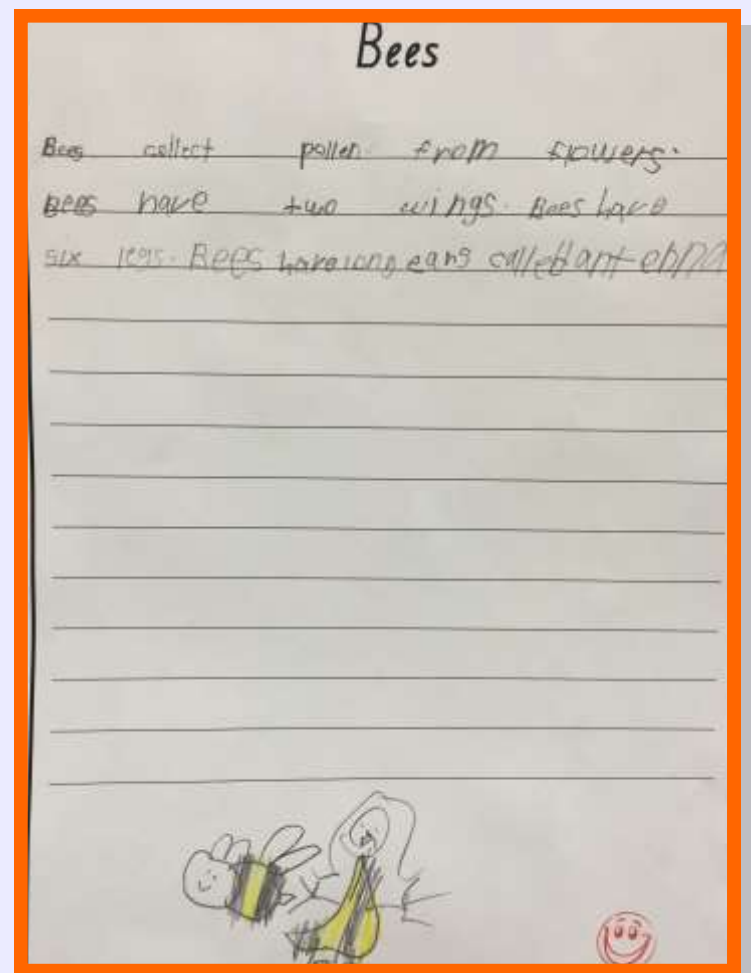
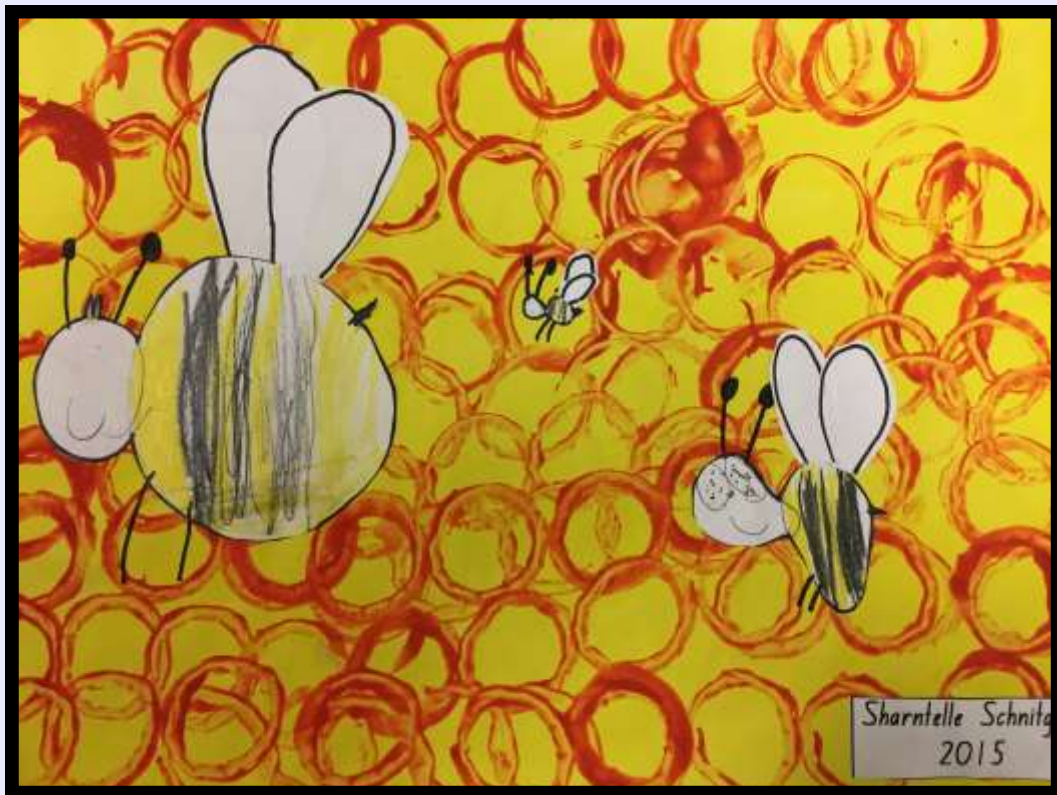
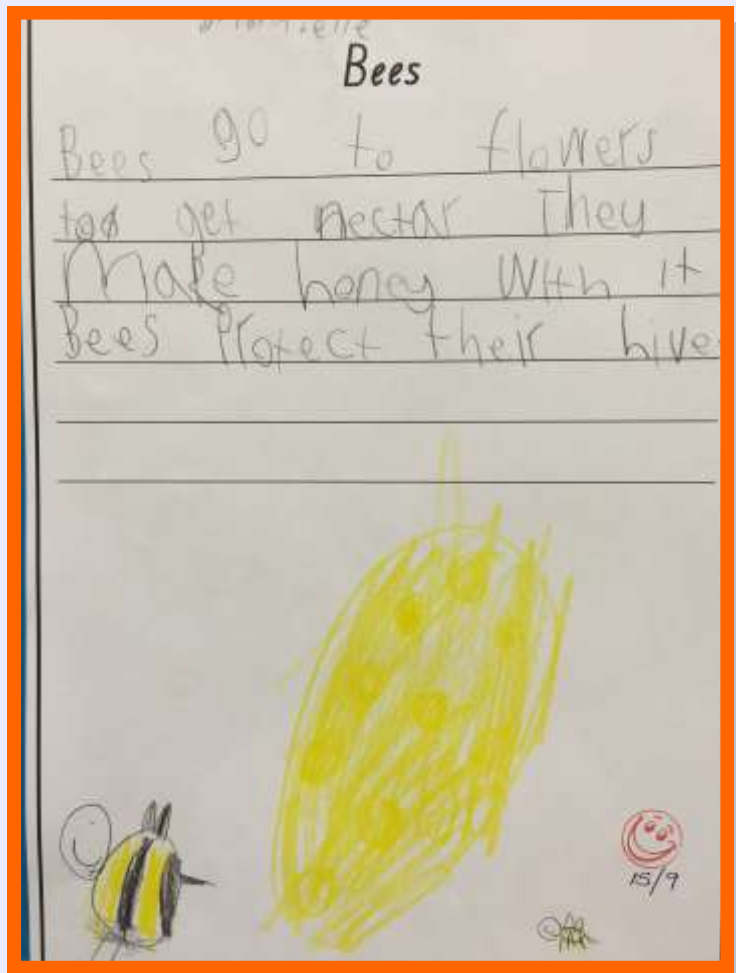
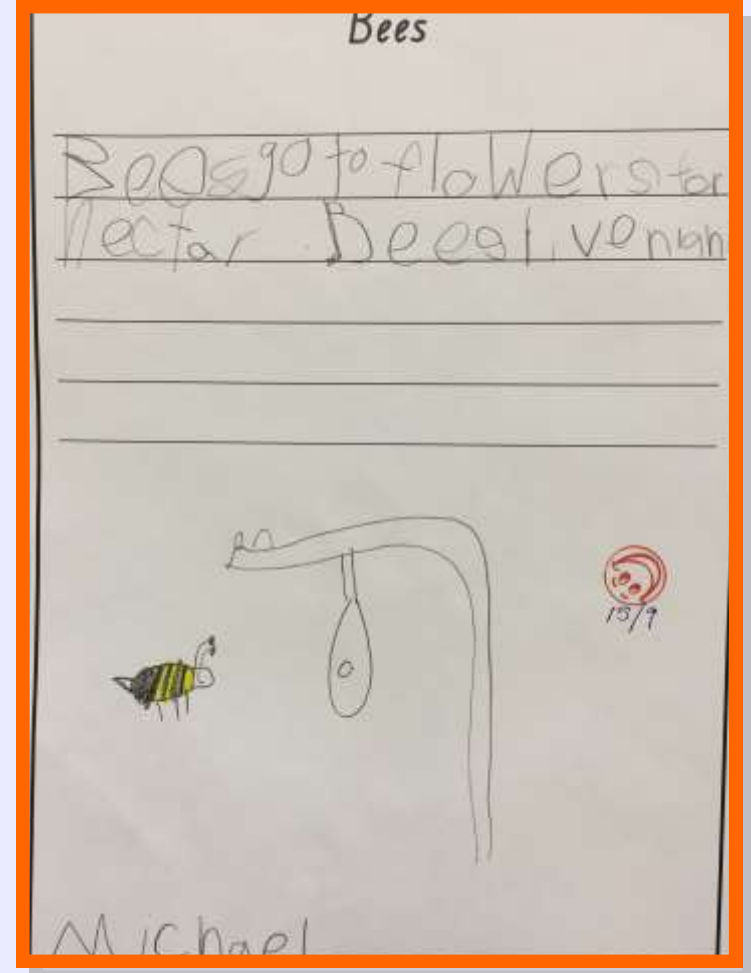
Late last term, after reading a book about bees, K/1 students were overheard having an interesting discussion about nectar and what it is. This was then used as an opportunity for literacy development and the classroom environment was quickly saturated with bees. We had bee diagrams, books and even a real bee encased in glass from Mr Grubb's science lab. We tasted honey and made honey joys, following a recipe together. Students were given lots of time for self-discovery, looking at information books, YouTube clips and using magnifying glasses. Check out their artworks and information reports below.

**Miss Rachel Heywood**

**Classroom Teacher**









## Future Moves

In continued partnership with CSU and Future Moves, I am very pleased to promote two worthwhile opportunities available to our students later in the term.

First of all, I have just received information about the CSU Regional Schools Overnight Excursion. This is open to students in Years 7-11 and will involve an overnight excursion to CSU Bathurst and Orange Campuses on 26 and 27 November. Students in Years 7-10 will participate in programs lead by the Future Moves team, while students in Year 11 will experience university life and opportunities available to them at CSU. Currently I am seeking expressions of interest for this excursion (with limited places). Interested students or parents and carers are welcome to speak with me for further information. If this sounds like an opportunity that students would like to attend, please register your interest with me before 23 October 2015. Please note, this is an expression of interest only and does not guarantee a student's participation in this event.

The next opportunity on offer is for students in Year 11 to attend the **Skill Fix day at CSU Dubbo Campus** on 2 December. Skill Fix aims to help the transition process from year 11/12 to further study and helps with personal and work life skills. Workshop sessions will include Exam Preparation; Time Management; and Note taking. Skill Fix' on campus experience reinforces that tertiary education is a realistic goal and helps to consolidate preparation done within the school, as well as adding insights into tertiary level preparation. Student leaders reflect on their own journey from Years 11 and 12 through to University, the approaches that worked and the challenges and hazards that may have impacted on their studies. Students in Year 11 who are interested in attending this event are also asked to please register their interest with me by 23 October 2015.

Again I acknowledge the partnership and commitment that CSU and Future Moves give our school.

**Mrs Rachel Cody**

**Future Moves Coordinator**

## Quicksmart



Quicksmart has improved my learning in math because now I understand math operation better.

*Ceejay Bendeich*

When kids start Quicksmart they are not as confident as when they finish the program. They improve in times tables and other problem solving.

*Bayn-Jemon Schnitger*

Quicksmart helps me in math because I never use to know my times tables. Now I know most of them and maths has become a lot easier.

*Taigan Brennan Ingram*

Quicksmart helps me because I am getting better at maths. I like getting help because now I am good at my assessments.

*Jack Bendeich*

# 2015 WAP Annual Presentation

## PHCS Award Winners

- Amy Hart** - 2014 Western Access Program DUX
- Brooke Carpenter** - Certificate of Excellence for Advanced English  
- Certificate of Excellence for Community and Family Studies  
- Certificate of Achievement for Biology
- James Dunn** - Certificate of Excellence for General Maths I  
- Certificate of Achievement for English Studies  
- Certificate of Achievement for Construction  
- VET Work Placement Student of the Year
- Clayton Hartin** - Certificate of Excellence for Construction
- Alistar Kopp** - Certificate of Excellence for Mathematics  
- Certificate of Excellence for Chemistry  
- Certificate of Excellence for Physics  
- Certificate of Achievement for Industrial Technology  
- Certificate of Achievement for Metals & Engineering





## Drama Spotlight

Stage 5 Drama has begun their studies of Physical Theatre, which will see them create their own physical theatre performance for their Practical Yearly Examination. Students will learn about the demands of physical theatre and develop an understanding of the ways in which movement of their bodies can create powerful meaning.

Students have begun identifying and exploring the techniques and conventions of physical theatre performance, and developed their movement skills to create counter balance and contact rolls (as seen in the photos accompanying this article).

Students will then apply a process to create, record and perform a physical theatre performance. Through their study of Physical Theatre, students will recognise that the body is just as, if not more, effective in its communication as the scripted word.

**Mrs Rachel Cody**

**Drama Teacher**

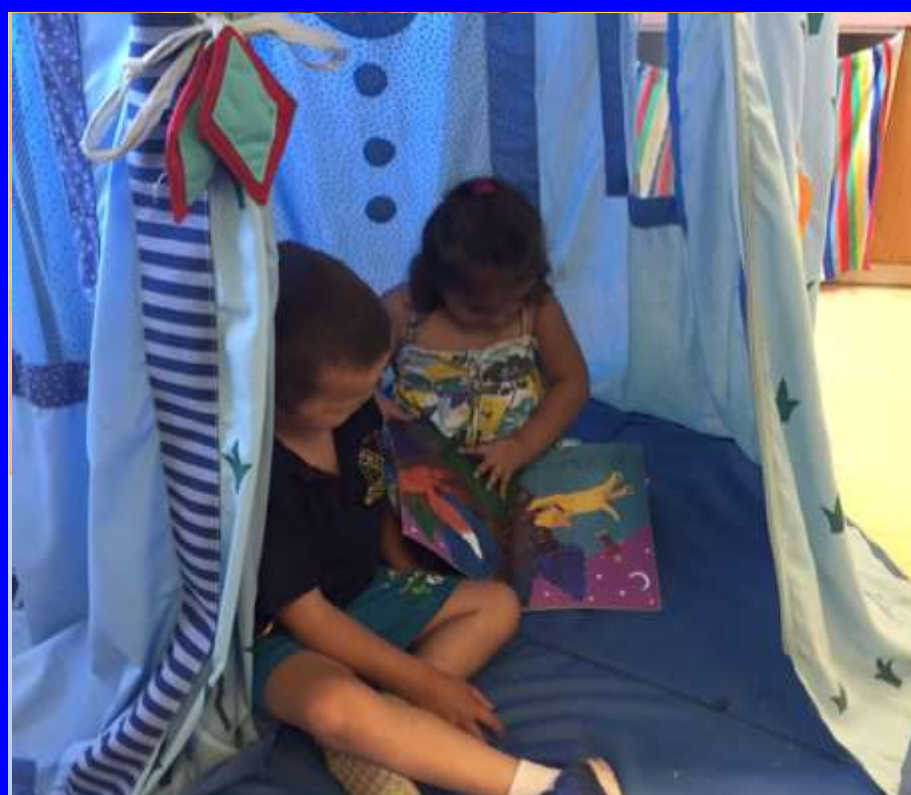




# KICK START KINDY

"Kick Start Kindergarten" has commenced for Term 4.  
Students learnt about the letter S and had lots of fun during sensory play.  
Kick Start Kindergarten is being held on Mondays this Term from  
9.30a.m. to 10.30a.m.

**Miss Sarah Browning**  
Assistant Principal







# SAFER DRIVER COURSE FOR YOUNG DRIVERS

Preparing you for your **P** s

Become a safer driver and earn 20 hours of bonus log book credit by enrolling in a Safer Drivers Course.

**7<sup>th</sup> November 2015**

**Time: 9am – 12pm**

**Where: Skillset Office Suite 3, 207 Brisbane Street  
Dubbo**

**Cost: \$140.00 for 20 log book hours**

**To Book: Call Skillset**

**Ph: 63301400 or email [cevans@skillset.com.au](mailto:cevans@skillset.com.au)**



# Community Noticeboard



10 October 2015

## **MEDIA RELEASE CHILD RESTRAINT SURVEY RESULTS**

Congratulations to Tracey Chambers of Parkes who has been announced as the winner of the Parkes, Forbes and Lachlan Shire Councils' child restraint awareness survey incentive prize.

By simply taking part in the six question survey, Tracey has won \$300 worth of fuel vouchers and her nominated educational institutional - Parkes East Public School - has won \$200 worth of educational resources.

Parkes, Forbes and Lachlan Shire Councils' Road Safety and Injury Prevention Officer, Melanie Sutor, says that the survey was part of the current I'm counting on you project which focuses on the correct selection, use and fitting of child restraints.

"The aim of the survey was to determine the current awareness levels related to the correct use of child restraints. Parents were asked what they knew about the types of child restraints available, how they would know it was time to move their child into the next type of child restraint, where they can get their restraint fitted correctly and more.

"More than 40 surveys were completed and respondents were from all across the three council areas," Ms Sutor said.

The results showed that:

56% of respondents could describe that the National Child Restraint Laws require children to be restrained in a child restraint appropriate for their size, however, most did not mention that the guidelines specify up to seven years of age.

54% of respondents could name their local Authorised Fitting Station or could identify where to find out (on the RMS website).

59% of respondents could name the three basic types of child restraints - rearward facing or baby capsule, forward facing and booster seat.

67% of respondents could partially identify some of the things to look for when purchasing a second hand child restraint - that it complies with the Australian Standards, that the restraint is not more than 10 years old, there are no frayed straps or no missing buckles/bolts, that the plastic is not cracked and the history of the child restraint (that it has not been involved in a crash).

56% of respondents could partially identify when to move a child from a forward facing child restraint to a booster seat – they either said at four years of age or when they have outgrown it, but not both.

69% of respondents could partially identify when to move a child to an adult seatbelt – most said at seven years of age, not many knew that the recommended height to be seated in an adult seatbelt is 145cm tall.

"This data forms a baseline of the current awareness levels which we hope will rise with the rollout of various project strategies in the coming months as we provide parents with information to address the identified knowledge gaps.

"We will be conducting the same survey at the completion of the project (in 2017) to measure whether there has been a shift in awareness levels," Ms Sutor said.

In NSW almost 500 children under seven years of age are passenger casualties each year. Australia-wide the numbers are over 4,000 annually. Often injuries are caused by the incorrect use of a child restraint (where the child is too young and/or too small for the restraint) or by a restraint being fitted incorrectly. The results of the recent child restraint checking days in Parkes, Forbes and Condobolin showed that around 2 in 3 child restraints weren't being used properly.

**For further information please contact Parkes, Forbes and Lachlan Shire Councils' Road Safety and Injury Prevention Officer, Melanie Sutor, on (02) 6861 2364.**



**IT'S FREE,  
IT SAVES LIVES AND.....  
IT'S COMING TO PEAK HILL!**



So book now and take the opportunity to have your  
**FREE** screening mammogram while we are in  
**PEAK HILL.**

We will be located at the  
**Peak Hill Hospital**  
from Thurs 22<sup>nd</sup> to Wed 28<sup>th</sup> October 2015.

**CALL 13 20 50 TODAY**

**FREE** screening mammograms are available for all women  
aged **50-74** years.

**EARLY DETECTION IS YOUR BEST PROTECTION**

## Dubbo Junior Cricket

My name is Jon Fuller & I am the President of the Dubbo Macquarie Junior Cricket Club. I am contacting you today in the hope we could work together to provide opportunities for any child/children between the age of 7-16 who wanted to play organised aged cricket in Dubbo this coming summer.

Macquarie Junior Cricket Club have opportunities for boys & girls of all ages to come along & improve their skills in our national sport. I'm not looking to compete with any existing junior cricket arrangements you may already have, but if there are any children looking to play in Dubbo this season, we'd be happy to accommodate them.

We have had success with former Peak Hill Central School students Brad Hart & Brad Westcott transitioning from juniors to our senior club, so I'd like to think we could be just as successful with current students.

Please contact me if you require any further information.

Thank you for your time. Kind regards

Jon Fuller

President

Macquarie Junior Cricket Club - 0405 644877

mjcddubbo@gmail.com - dmjcc.nsw.cricket.com.au

facebook.com/groups/macquariejuniorcricketclub/

## VOLUNTEER AWARD – YOUTH & OPEN CATEGORIES

Sport and Recreation are again holding the **Central West Winter Sport Volunteer Award**. It's the end of the winter sporting season, but its not too late to recognise the efforts of the outstanding volunteers who keep sport going in our communities. The Award has separate categories for both open and youth (25years and under) to recognise the importance of all aged volunteers in grassroot sports.

In 150 words or less tell us how your volunteer is worthy of being nominated. All nominees will receive a certificate, with the winner and runner up being awarded \$250 & \$100 (respectively) to spend on approved sports development programs. It's a great way to say thank you to a coach, committee member, official or manager. It's a simple process that wont take long, but will make the nominee feel valued as a volunteer.

Nominations can be made online via the Sport and Recreation website [sportandrecreation.nsw.gov.au/volunteeraward](http://sportandrecreation.nsw.gov.au/volunteeraward) or call 6362 6623.

Nominations close Friday 6<sup>th</sup> November 2015.