



Peak Hill Central School Newsletter

We are a Respectful, Responsible, Safe and Successful School

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Principal's Report

Welcome to Week Four,

Our HSC students' school journey has come to its conclusion; students, staff and family celebrated together last night at their HSC Banquet. I wish to commend the Class on 2016 on their participation and contribution to our school- you have been worthy role models and your presence will be missed. I truly wish each of you: Isabelle, David, Taleica, Shyan, Trent and Molly every success in life- remember decisions are made by those that are there; become involved; embrace new challenges and relish each new adventure as you negotiate the transition from school life. Remember our School Motto it is certainly apt as you each embark on the next stage of your lives- **Success Through Effort**.

Our school is currently undertaking a major spending investment in upgrading facilities and the purchase of new learning resources. The targeted spending aligns with our school's three strategic directions: (1) Creating Successful Learners and Leaders, (2) Developing Quality Teaching Practices in a Professional Learning Community and (3) Strengthening Family and Community Engagement in Student Learning. Some of the investment includes the refurbishment of classrooms, the library and new machinery in the Industrial Arts room and new equipment in the Hospitality Centre, the purchase of new technologies including computers, interactive televisions, a 3D printer and iPads, redesigning outdoor learning spaces including the Indigenous Learning Circle and Outdoor Gym; and significant purchases of Key Learning Area learning resources. The major spending will ensure each student of Peak Hill Central School is engaged in quality learning environments with quality learning activities working towards the achievement of their learning goals.

Today our Year 10 students have travelled with Mr Shannon Gane to Trangie to participate in the Year 10 Orientation Day. Year 10 have selected their patterns of study for their Preliminary year and today will meet with students and staff from the five other Western Access Program schools.

A reminder that in Week 6, starting on Monday 14 November students from Year 7 to 10 will complete their Yearly Examinations. I encourage all students to ensure they are well prepared having undertaken study and revision prior to the examination period. During Week 6 our Vocational Education & Training students (VET) will complete their final work placement for the year in Dubbo.

I wish everyone an enjoyable week ahead and please contact the school if you wish to discuss any aspect of the education of your child.

Paul Champion Principal (R)

Diary Dates 2016

November

Monday	7	Whole School Assembly
Wednesday	9	Russell Café Open - Yr 12 Assessment Day
Mon-Tues	17&18	Duke of Ed Warrumbungle's Hike
Thursday	10	P & C AGM and General Meeting
Mon-Wed	14-16	Year 7-10 Yearly Examinations
Mon-Fri	14-18	Year 11 Work Placement
Friday	25 - 30	Belrose Excursion

December

Thursday	8	School Presentation Night
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**Our 2016 Graduating Class
cut their cake at the Banquet.**

*L-R David Heywood, Taleica Keed, Molly Wright,
Isabelle Goodwin and Trent Williams.*

Absent from photo Shyan Read



Principal

Mr Paul Champion

Head Teacher

Teaching and Learning

Mrs Catherine Doyle

Head Teacher

Wellbeing

Mr Jeremy Whiterod

Administration Manager

Mrs Tanya Stanford

Aboriginal Education Officer

Mrs Vicki Sharah

Assistant Principals

Primary

Miss Sarah Browning

Miss Keira Wilson

Head Teacher

Access

Mr James Peter

In School Access

Coordinator

Mr Jeremy Whiterod

P & C 2016

President

Mrs Donna Kopp

Vice President

Mr Matthew Sharah

Secretary

Mrs Cathy Goodwin

Treasurer

Ms Kim Dern

This Week in Kick Start Kindy



This week was a busy time in Kick Start. The lovely ladies were visiting from Marathon Health and tested children's ears. The children enjoyed all the activities they had to complete during the testing. We revised the sounds we have learnt so far and learnt the sound m. Students are enjoying reading books. They are working hard on identifying sounds and words and can point to each word as they read. We also visited the library this week and students loved looking at all the books.

A reminder to pack a hat, as the weather is warming up.

Miss Browning



Peak Hill Central School Kick Start Kindy

Term 4 11.30am to 3pm

Mondays

Give your child the best start by attending our Kick Start Kindergarten Transition Program.

Contact: Sarah Browning
02 6869 1304

What to bring: Water bottle, Hat, Piece of fruit, Sandwich for lunch
Please ensure all items are clearly labelled

Positive Behaviour for Learning (PBL) at PHCS

Russell is our PBL mascot. Russell reminds us to be

Respectful, Responsible & Safe
at school, home and in our community.



Students of the Week

Term 4 Week 2

Primary Students of the Week (at right)

Kinder - Peter Thomas
Stage 1 - Sharntelle
Schnitger
Stage 2 - Maddison Powell
Stage 3 - Baillie Logan



Week 3

Primary Students of the Week (at right)

Kinder - Makayla Morgan
Stage 1 - Ezekiel Hansen
Stage 2 - Broke Rez



Secondary Students of the Week (at right)

Yr 7 - Dylan Hauser
Yr 8 - Joseph Dargan
Yr 9 - Dylan Hamilton
(absent from photo)



Secondary Students of the Week (at right)

Yr 7 - Wayne Dargan
Yr 8 - Ceejay Bendiech
Yr 9 - Marissa Robinson
Yr 10 - Nicholas Stewart
Yr 11 - Charlica Schnitger



PBL Raffle Winners

(at right)

Tijuana Keed, Baillie Logan,
Peter Thomas, Nakayla Dart



PBL Raffle Winners

(right)

Ezekiel Hansen, Jakaya
Stewart, Wayne Dargan,
Nicholas Stewart



NEW TIME FOR PRIMARY SPORT

Sport K-6 will now be held
every **Friday**
afternoon between 2-
3pm.
This will begin at the
start of Term 4.



NO ENERGY DRINKS

Students are asked not to bring
energy drinks into school.

Parents please encourage your
children to follow this request and
refrain from purchasing any on the
way to school.

SCHOOL UNIFORM LABELLING

A reminder to please write your
child's name on their jumpers, hats,
tracksuits and any other loose
clothing. As our days warm up we
are finding more items left behind
and without any names.

Stage 4 Technology (Mandatory)

In Technology (Mandatory) this term, my class has been studying Food Technologies. Students have been learning about the parts of a recipe and how to follow a written procedure. We have been practising our food hygiene and measuring skills in class to produce quality food products. This week we made perfectly delicious mini Sausage Rolls and we are including our secret recipe in case you would like to try it at home!

Please remember that we cook each Tuesday between 10 - 11am and Parents and Grandparents are always welcome into the Hospitality Room to bake with us.

Happy cooking!

Mrs Doyle – Stage 4 Technology (Mandatory) Teacher



Sausage Rolls

Ingredients

250g sausage mince
1/2 egg
1/2 potato (grated)
1/2 carrot (grated)
1/2 onion (diced)
1/2 grated zucchini
1/2 tea spoon mixed herbs
1 tab spoon plain flour
A generous amount of black pepper
2 sheets puff pastry
Extra beaten egg for glaze and corn flake crumbs



Method

1. Preheat oven to 200°C
2. Prepare vegetables
3. Add ALL ingredients to a large bowl and mix well
4. Cut one sheet of pastry into half
5. Evenly spoon a thin row of the sausage mixture down the centre of one half of pastry
6. Carefully roll pastry to form a neat log
7. Use a pastry brush to glaze top surface with lightly beaten egg. Sprinkle with corn flake crumbs if desired
8. Cut each length into either four or six equal parts
9. Place evenly on baking tray
10. Place in oven for 20-25 mins . Until golden brown

Stage 5 Food Technology

In Stage 5 Food Technology this term, we have been studying “Australia’s Food Journey”. This is a fascinating historical study of the development of the Modern Australian cuisine. Students have had the opportunity to combine their learning with practical baking lessons. In our last lesson, students baked a stunning *Salted Caramel Tart*. Please enjoy the images of their baking skills.

Mrs Doyle – Stage 5 Food Technology

Stage 6 VET Hospitality

Students in the Hospitality class from our Western Access Schools will be preparing and serving a gorgeous morning tea and lunch next Wednesday 9 November at the beautifully furnished Hospitality kitchen at Peak Hill Central School.

Mrs Doyle and her amazing students invite all parents and community members to be an eat in or take away customer at Café Russell, the School’s Hospitality Bistro.

Mrs Doyle - Stage 6 VET Hospitality





Cafe Russell

Wednesday 9 November 2016

Open 10:45am - 1:30pm

Menu

Eat in or take away available

Beverages \$3

Fire Engine
Banana Smoothie
Cappuccino
Flat White
Tea
Hot Chocolate
Café Latte
Iced Coffee
Freshly squeezed Orange Juice



Morning Tea \$3

Mini Banoffee Pie
Black Forest Cupcake
Home Baked Carrot Cake



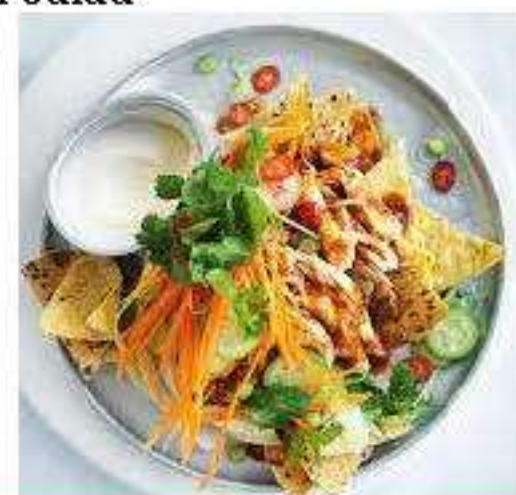
Lunch \$8

Asian Style Chilli Chicken Nachos

Roast Pumpkin & Feta Quiche served with a Crisp Garden Salad

Gourmet Steak Sandwich

Prime Scotch fillet, grilled to perfection and topped with a delicious burger relish, onion and salad served on Turkish bread



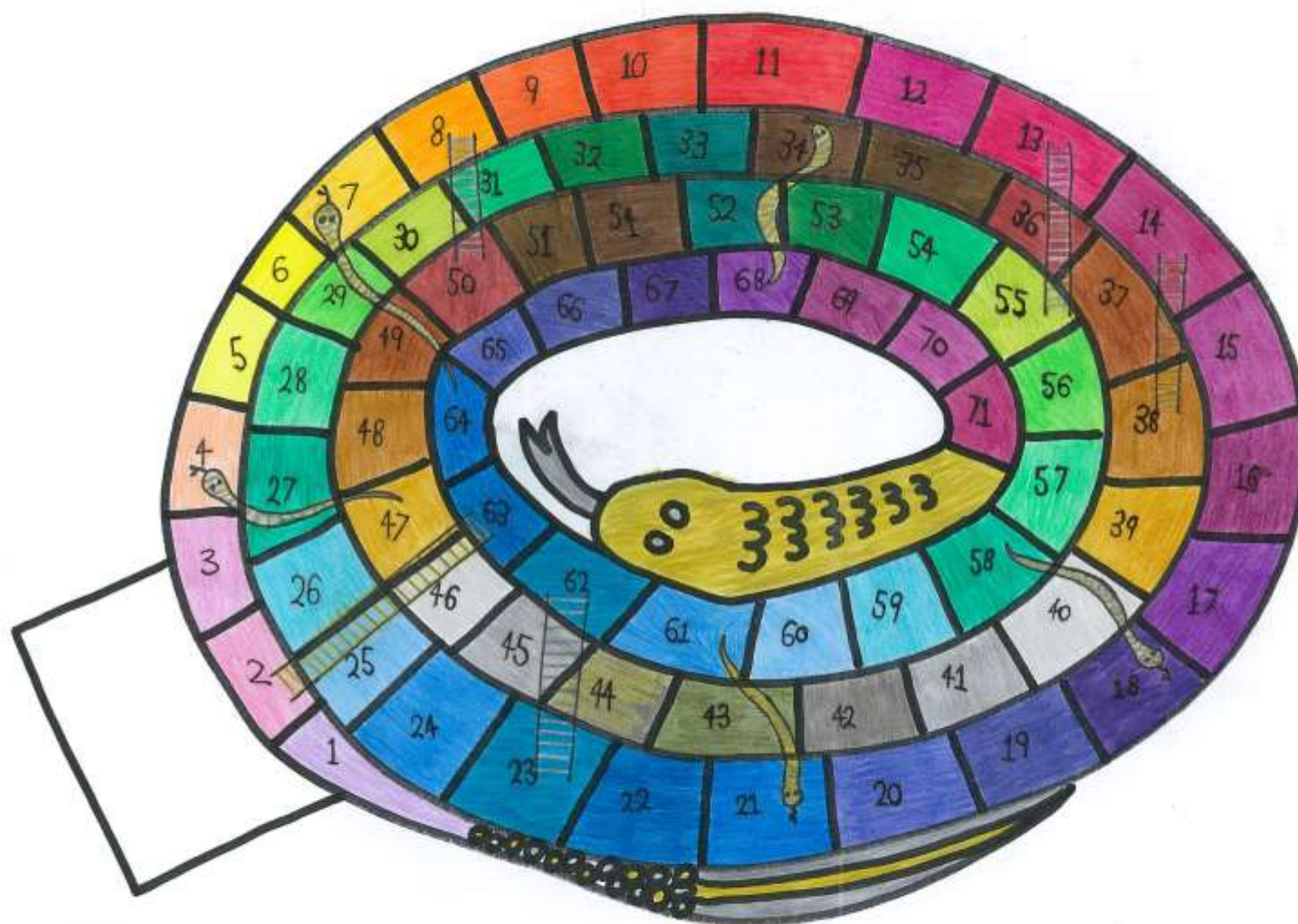
Stage 4 Visual Art

In Stage 4 Art this term, students have been investigating the life and culture of Ancient Egypt. Following some research in to how the people lived in Egypt, over 5,000 years ago, students have been actively engaged in designing and making food, games and artwork reminiscent of these ancient times. Students have baked and taste tested an Egyptian cake, they have made and played, *Mehen*, the snake game, which is similar to a modern day version of Snakes and Ladders. Students have designed and built a three dimensional cardboard pyramid and they have been learning about the ways the Egyptians once used hieroglyphics to communicate. We have included some images of students working on these two projects in class.

Mrs Doyle – Stage 4 Visual Art Teacher



MEHEN, the snake game



Mehen, the snake game, was popular in Egypt before 3000BC.

Stage 4 Technology Mandatory

This term in Technology Mandatory, we have been designing and constructing window boxes. Students have been practising their skills with drilling, marking out and measuring, cutting and joining with butt joints.

Students have been researching window boxes and materials to identify, design and assess how and with what type of material they will make their projects. Stage 4 are making great progress with the construction of their boxes and I expect to see finished works very soon.

Miss Umbers – Stage 4 Technology (Mandatory) Teacher



Stage 5 Design & Technology

In Design and Technology this term, students have been completing their seat projects. Part of the design process includes evaluating the design. My class have tested their seats across these areas; squareness, creativity, comfort, sturdiness and finish. The great test was sitting on them to ensure their comfort and sturdiness!

Students have begun designing and constructing a project that “fills a purpose”. Students needed to identify a need or want within their lives and design a solution for that purpose. This class is in the early stages of construction. I cannot wait to see the creations as they develop!

Miss Umbers – Stage 5 Design and Technology Teacher



Stage 5 Agriculture

In Stage 5 Agriculture this term, students have been studying Poultry. As part of this unit, students have researched different breeds, compared and assessed different egg production systems, and have begun investigating chicken growth and development by measuring young chickens. Students have also been learning about commercial scale production of poultry by studying hatcheries and the processes involved on these farms.

Students are currently observing the awkward stage of chicken development as the chicks go through their “teenage” stage of growing their adult feathers.

Miss Umbers – Agriculture Teacher



Stage 6 Primary Industries

This term in Stage 6 Primary Industries, students have been studying a unit on providing feed and water for livestock. As part of this unit, students have researched types and uses of different water pumps within agriculture. Stage 6 have investigated water supplies, including the components of water systems on farms, faults within water supplies, and ways to monitor and maintain water supplies safely.

Currently, students are investigating water samples and how to test for different components relating to water quality. Stage 6 have an assessment day in Trangie next Wednesday which will test the student’s abilities to provide feed and water to livestock.

Miss Umbers – Primary Industries Co-Teacher



JobJump Careers News - KLA

SCIENCE

Senior Science, Biology, Chemistry, Earth and Environmental Science, Physics

Notre Dame Get to Know Nursing

8 November. 6.00pm to 7.30pm

160 Oxford St, Darlinghurst

Find out about nursing as a career and its study from current students and staff.

<http://www.nd.edu.au/events/2016/getting-to-know-nursing-nov>

Mining, Oil and Gas Jobs Year 10 Career Planning Guide

Trade apprenticeship and also degree and diploma levels to enter in to these industries is provided. <http://www.miningoilgasjobs.com.au/Training-and-Development/Career-Planning-for-Students/Year-10--Guide-for-Planning-a-Career.aspx>

H.S.I.E.

Aboriginal Studies, Ancient History, Business Studies, Economics, Geography, Legal Studies, Modern History, Society and Culture, Studies of Religion

Chartered Accountants Undergraduate Employment Guide

An indispensable resource for any person wanting to become an accountant and looking for a traineeship, cadetship, internship or post graduation employment opportunities with the biggest and the best accountancy firms across Australia and New Zealand. http://charteredaccountantsanz.com/~media/Files/Employment_Guide_2016.ashx

Want to be an Accountant?

<https://www.youtube.com/watch?v=7B0sEAqHLhY>

VET COURSES

TAFE NSW for International Students

If you are an International student and want to look at hands on training across several thousand courses then this is a perfect way to begin your training and articulate to University upon completion with possible credit transfer and recognition of your studies.

<http://www.studyintafe.edu.au/study/tafe>

Indigenous Student Support at TAFE

The following links are already on JobJump under My Course and then select TAFE ATSI.

Find the support personnel to assist you with your Aboriginal and Torres Strait Islander students to allow them to gain success towards their chosen course and careers.

Hunter <http://www.hunter.tafensw.edu.au/services%20and%20facilities/pages/aboriginal-education.aspx>

Illawarra <http://www.tafeillawarra.edu.au/support-for-students/aboriginal-education-services>

New England <http://www.tne.edu.au/CurrentStudents/AboriginalLearningCircle.aspx>

North Coast <http://www.northcoasttafe.edu.au/student-support/student-services/aboriginal-education.aspx>

North Sydney <http://www.nsi.tafensw.edu.au/Services/IndigenousStudents.aspx>

Riverina <http://www.rit.tafensw.edu.au/for-students/current-students/aboriginal-services/>

South West Sydney <https://swsi.tafensw.edu.au/Students/Student-Services-%281%29/Aboriginal-Services>

Sydney <http://sydneytafe.edu.au/services-and-support/specialised-help>

Western NSW <https://www.tafewestern.edu.au/current-students/aboriginal-education>

Western Sydney <https://wsi.tafensw.edu.au/students/395/>

VET Automotive

Vantage Automotive

Gain an auto apprenticeship with a dealerships. Apply at: <http://vantageautomotive.com/va-apprentice-programs>

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VET Financial Services

Chartered Accountants

Undergraduate Employment Guide

An indispensable resource for any person wanting to become an accountant and looking for a traineeship, cadetship, internship or post graduation employment opportunities with the biggest and the best accountancy firms across Australia and New Zealand.

http://charteredaccountantsanz.com/~media/Files/Employment_Guide_2016.ashx

Want to be an Accountant?

<https://www.youtube.com/watch?v=7B0sEAqHLhY>

VET Metals and Engineering

Mining, Oil and Gas Jobs Year 10 Career Planning Guide

Trade apprenticeship and also degree and diploma levels to enter in to these industries is provided. <http://www.miningoilgasjobs.com.au/Training-and-Development/Career-Planning-for-Students/Year-10--Guide-for-Planning-a-Career.aspx>

OTHER FIELDS

Jansen Newman Institute Scholarship Program

Closes 25 November

Demonstrate academic ability, industry passion, and community involvement and commitment.

<http://www.jni.edu.au/apply-online/scholarships/2016scholarships#utBkMrldptYzhIWQ.97>

5 Steps to Become a Commercial Pilot

<http://www.flightcourse.info/5-steps-to-become-a-commercial-pilot-in-australia/>

Au Pair in America Online Information Session

16 November. 8.00pm. 9.00pm

12 December. 8.00pm. 9.00pm

Advice on working as a nanny in the USA.

<http://www.aifs.com.au/aupair-america/events/>

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Western Access Program
Collaborative · Connected · Innovative

Sport, Lifestyle & Recreation

Sport, Lifestyle and Recreation is a very practical course which focuses on exploring human participation in physical activity. During the HSC year students completed 4 modules. The Games and Sports module enabled students to develop knowledge and skills that promote confidence and success in a range of sports. The Healthy Lifestyles topic allowed them to learn factors that influence a balanced lifestyle. During the First Aid unit students learnt the skills required to deal with an emergency. Finally the Athletics module allowed them to learn about the biomechanics and technology used in athletics events.

Trish Morgan - Trundle



Year 12 Timber

Starting off their final year in good form Natasha and Brandon produce a fine collection of products with the Nail Caddy, Mitre Box and Tool Tote. These projects whilst seeming simple pull together a wide variety of skills highlighting the level of production they are capable of.

The heavy metal crew of Natasha, Angela and Brandon diligently practise their skills in producing riveted lap joints and my personal favourite the folding BBQ



How to conquer HEAD LICE

in 6 easy steps

1. Hitting them strong and hitting them hard

There are a number of strong chemical products on the market. These seem to appeal and revolt parents in equal numbers. While some don't like the idea of strong chemicals in such close contact with their child's skin, others find it reassuring for the very same reason - if there's chemicals involved, they must be doing a thorough job.

2. Going the touchy-feely route

Also available are natural products based on essential oils and pyrethrin, which smell a lot better than the chemical-based products. Because these products aren't as strong as the chemical-based ones, they usually need to be left in the hair longer to take effect.

3. Cooking up some homebrew

Like all good homebrew recipes, everyone has a different one that they swear by. Mostly though, they are made up of things that you could find in the kitchen or bathroom. Almost all are bulked out with thick conditioner. Popular recipes usually include: tea-tree oil, eucalyptus oil, vinegar, olive oil, orange oil, lavender oil.

4. Using hair spray/ hair gel

During an infestation of nits, spray your child's hair with hairspray, or comb through hair gel to make it more difficult for the lice to attach to their hair shafts.

5. Trying the white conditioner treatment

Regular combing is the key to keeping lice under control. Apply a thick, white conditioner (it makes it easier to see the nits and lice against white) and using a nit comb, section the hair and carefully comb, wiping each comb-full of conditioner, nits and lice onto a paper towel. Keep combing until you can't see any more eggs or lice in the conditioner. Repeat after seven days.

6. Applying vinegar

Thoroughly douse your child's hair with vinegar and leave for 15 minutes to allow the vinegar to kill the lice. Apply the white conditioner treatment.

Parents and Citizens

kidspot



PEAK HILL SCHOOL UNIFORMS

ITEM	SIZE	PRICE
Polo Shirt	4-XXL	\$35.00
Polo Fleece Jumper	4-14	\$30.00
	S-XXL	\$35.00
Woollen Jumper	6-8	\$70.00
	10-24	\$80.00
School Guernsey Years 5-12	XXS-XL	\$75.00
Canterbury Shorts		\$25.00
Canterbury Track Pants		\$40.00
Bucket Hat		\$15.00



Uniforms are available for sale at the schools front office.



You are invited to our
Annual General Meeting
to held on
Thursday 10 November
Join us for a light meal
at 6pm

with the AGM to follow.

*After the AGM our General Meeting will be
conducted to finalise 2016 events.*

See You There

Donna Kopp - President 0458 691 724

Tucker Box

**Students and staff –
a reminder you need to order your lunch.**

**As the weather warms up
there will be limited hot food available during
the lunch break that hasn't been ordered.**



Peak Hill Central School

YEARLY EXAMINATIONS Years 7 - 10

Monday 14 - Wednesday 16 November 2016

Monday 14 November	Tuesday 15 November	Wednesday 16 November
7 - 10 English	7 – 10 Maths	7 – 10 Science
S 4 Technology S 5 Agriculture S 5 Food Technol- ogy	7 - 10 PD/H/PE	7 - 10 HSIE
S 5 PASS		

NOTE

- All examinations will be held in the School Hall
- Students are required to bring all necessary equipment: pens, pencils, ruler and calculator
- All other classes will be run as normal on these days



SPECIAL MOVIE SHOWING

GODS NOT DEAD
KOINONIA HOUSE
FRIDAY 11 NOVEMBER
7PM

WE WELCOME YOUR KIND DONATION AT
THE DOOR.

All funds raised on the night will go towards supporting Scripture
programs at Peak Hill Central School.
There will be refreshments available on the night including soft
drinks (\$1) and snacks.
Tea and Coffee free.