

Peak Hill Central School

Newsletter

We are Respectful, Responsible, Safe and Successful

Principal's Report

Welcome to Week Four.

Since our official return on the 3 February, the students and staff of Peak Hill Central School have achieved a remarkably number of successes; I wish to thank our entire school community for their support and tireless effort in ensuring our students are provided with a quality education.

Peak Hill Central School extends a warm welcome to our many new staff; their profiles will soon be placed in a shop window in our main street. In the Primary department we welcome Ms Keira Wilson as Relieving Assistant Principal and Stage 2 Classroom Teacher, Ms Jacquie Orr as our Learning and Support Teacher, Ms Krystal Haines who will share Stage 3 with Mrs Danielle Tremain-Cannon who is on maternity leave each Thursday and Friday, and Ms Jackie Brabrook who worked casually last term and will teach Stage 1 this year. We welcome back Mrs Debbie Barnes who will provide support in numeracy in Years 7-10 and Ms Loedicia Strahorn who is working in the Administration Office on Thursday and Friday. In Secondary, we welcome Ms Tawny Gleeson who will be teaching English, Ms Lucy Dempsey our new PDHPE Teacher, and Mr Robert Cain who will teach Mathematics and some Industrial Arts.

There has also been several changes to staff roles and responsibilities; I will be Relieving Principal this year while Mrs Paula Payne spends 2016 on Long Service Leave, Mr James Peter will be Relieving Head Teacher Access while Ms Crystal Williams takes 2016 on Maternity Leave, and Mrs Catherine Doyle will be Relieving Head Teacher.

The school held our Swimming Carnival last Wednesday; I congratulate all students who participated. The reports from staff reflect the enthusiastic and positive way our students participated in the day, both in the swimming events and encouraging others to participate to their best. The photographs in this Newsletter bare testament to the enjoyable day had at the pool. A special mention to our Age Champions: Zachery Read, India Sant, Bray Bendeich & Roy Read, Lilly

Diary Dates 2016

February

Tuesday	16	Parents in Partnership - 2.30pm
Wednesday	17	Metals and Engineering Day PH
Thursday	18	P & C Meeting 5.30pm
Wed -Fri	24-26	WAP Camp

March

Wednesday 9	Hospitality Prac Day Peak Hill
--------------------	---------------------------------------

Schaefer & Kerryanne Watson, Tyden Barlow, Shaniya Smith & Tyler Read, Brody Wilson & Kyle Cohen, and Molly Wright- WELL DONE!

On Monday the school held our first whole school weekly assembly; each Monday from 9.00am the school encourages our community to attend our assembly and share in celebrating the successes achieved by our students. Yesterday our Students Leaders for 2016 received their badges and made their official pledges; I congratulate Natasha Ahern, Charlica Schnitger, Brendan Dargan, Molly Wright, Taleica Keed and David Heywood. I encourage parents, caregivers and community members to attend our weekly assembly in the school hall at 9.00am.

I wish everyone all the best for the week ahead and please contact the school if you wish to discuss any aspect of the education of your child.

Paul Champion
Principal (R)



L-R Captains: *David Heywood and Taleica Keed*. Student Leaders: *Charlica Schnitger, Brendan Dargan, Natasha Ahern and Molly Wright*.

Principal

Mr Paul Champion

Head Teacher Admin

Mrs Catherine Doyle

**Head Teacher
Well Being**

Mr Jeremy Whiterod

**Administration
Manager**

Mrs Tanya Stanford

**Aboriginal Education
Officer**

Mrs Vicki Sharah

**Assistant Principal
Primary**

Miss Sarah Browning

Miss Keira Wilson

**Head Teacher of
Access**

Mr James Peter

**In School Access
Coordinator**

Mr Jeremy Whiterod

**P & C 2016
President**

Mrs Donna Kopp

Vice President

Mr Matthew Sharah

Secretary

Mrs Cathy Goodwin

Treasurer

Ms Kim Dern

Home Work Centre



Does your child need a hand with his or her Homework ? Or struggling to complete their assignments?

Neighbourhood Central is offering a Free Homework program for Indigenous High School students in Parkes & Peak Hill.

Spaces are limited , call now to register

Brendan Read Phone: 68624140

WHEN AND WHERE

Peak Hill 87 Caswell St ,
Tuesdays: 3.30pm—4.30pm

Afternoon tea is provided.



Parents In Partnership

Tuesday
16 February 2016
2.30pm

You are invited to a classroom
walk through

See your child's classroom
Meet some of our new teaching
staff.

Sign in at the office and meet
under the Primary COLA



Who: Parents, Carers & Family

Where: Meet under the Primary
COLA

When: Tuesday 16 February 2016

Time: 2.30pm (1/2 hour)

Bring: Yourself and family

Supported by the AECG and P & C

Primary News

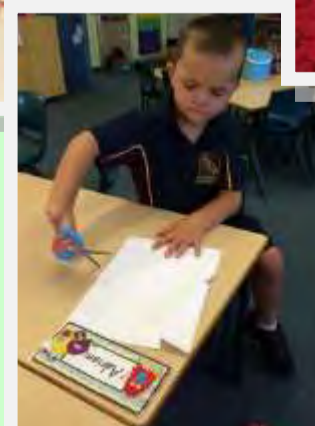
Welcome
Kindergarten 2016



What a wonderful first week we have had! So many brave children and parents on their first day – no tears, well done! Everyone has settled in well and are quickly learning the routine .

We have been busy learning our numbers, letters and sight words but I think our highlight was definitely visiting the technology room for the first time.

Grace Stewart Classroom Teacher



Welcome Year 7



Left-Right: Akayla Hando, Casey-Lee Fraser, Tijuana Keed, James Robinson, Malachi James, Goran Milinkovic, Billy Cohen, Wayne Dargan, Malachi Dart, Dylan Hauser

PBL Winners Week 4

Primary—Below

Jackson Leedham, Ruby Bell, Jordyn Logan and Sarah Charlton



Secondary - Above

Casey -Lee Fraser, Marissa Robinson, Cee-Jay Bendeich, Dylan Sellers, Charlica Schnitger, Taleica Keed

Welcome to our new teaching staff



Miss Jacquie Orr
Learning Support



Miss Keira Wilson
Assistant Principal
Stage 2 Classroom Teacher



Miss Jackie Brabrook
Stage 1 Classroom Teacher



Miss Krystal Haines
*Stage 3 Classroom Teacher
Thursday & Friday*



Miss Lucy Dempsey
Secondary PDHPE



Mr Robert Cain
Secondary Maths & Industrial Arts

Week 4 Russell Raffle Winners

Taleica Keed
Michael Welsh
Jordyn Logan
Emerald-Rose Leonard



Ms Tawney Gleeson
Secondary English



2016 SWIMMING



NG CARNIVAL



Swimming Champions 2016



Left to Right: *Molly Wright, India Sant, Kerryanne Watson, Lilly Schaefer, Zac Read, Roy Read, Tyden Barlow and Bray Bendeich*

Swimming Champions absent from photo: *Shaniya Smith, Tyler Read, Brody Wilson and Kyle Cohen*

Western Access Program



Welcome to the Western Access Program 2016! I hope that the holiday break was a safe and enjoyable time for all. My name is James Peter and I will be the Relieving Head Teacher of the Western Access Program while Crystal Williams enjoys a year of maternity leave to bond with the new addition to Crystal and Ben's family. I wish Crystal all the very best for 2016.

The Western Access Program has had a busy and productive start to the 2016 year. Our HSC cohort has settled in to their new senior study in the Library with a few extra luxuries to make them feel right at home. The Preliminary group are settling in well also, participating in

weekly video conference lessons for each of their chosen courses. David Gaunt returns as our WAP SASS member and Pauline Allen is active in her role as Transition Officer. Jeremy Whiterod is our In-School Access Coordinator (ISAC) at Peak Hill CS and will be working with our students to make sure they are on track with their studies.

I look forward to the year ahead and cannot wait to share with you all the successes of our students throughout this year.

James Peter
Head Teacher Access (R)



PEAK HILL CENTRAL SCHOOL TUCKERBOX MENU TERM 1 - 2016



SANDWICHES

Honey, Vegemite or Jam
Cheese
Chicken or Ham or Tuna
Tuna, Mayo & Cheese
Salad (Lettuce, Tomato, Carrot, Beetroot, Cucumber,
Cheese & Salad Onion)
Salad with Ham or Chicken or Tuna
Leg Ham, Tomato and
Egg and Lettuce



Extra's – Avocado or Egg .50c & Cheese or Tomato .30c

TOASTED TURKISH BREAD

Mustard/Ham/Avocado/Tomato & Cheese
Chicken/ Avocado/ Pineapple & Cheese

OPEN TURKISH BREAD MELTS

Ham/Pineapple and Cheese with Mayo or Sauce
Chicken and Cheese with Chilli or BBQ Sauce

TOASTED SANDWICHES

Ham and Cheese
Chicken and Cheese
Cheese



SALAD WRAPS AND BUNS

Salad Wrap – Lettuce, Tomato, Carrot, Beetroot,
Cucumber, Pineapple & Cheese
Chicken Caesar Wrap – Chicken, Parmesan Cheese,
Bacon, Lettuce and Caesar Dressing
Salad Wrap with Chicken or Ham or Tuna
Egg and Lettuce Wrap
½ Chicken or Ham Wrap (*Lettuce, Carrot & Cheese*)
Chicken or Ham Bun (*Lettuce, Carrot & Cheese*)
Chicken or Ham with Full Salad Bun
Egg and Lettuce Bun

SALAD CONTAINERS

Salad Box (Tom, Cucumber, Beetroot Onion, Corn,
Lettuce, Pineapple & Cheese)
2 Hot Chicken Tenders with Small Salad Containers
Quiche and Small Salad Container
Salad Box with Chicken or Ham or Tuna
Fish and Salad



Extras Avocado or Egg - .50c

*Mayo, Tartare Sauce, French & Italian Dressings is
Available for all Salads*

Fresh Fruit Salad **\$2.00** Fresh Fruit Salad with Yogurt **\$2.50**
Pieces of Fruit **.50c to \$1.00**
Frozen Fruit Juice in Cups **\$1.00**

HOT FOOD

\$1.50 Lasagne or Spaghetti Bolognese **\$4.00**
\$2.00 Chicken Burger-Pattie, Cheese, Lett, Carrot, Mayo **\$4.00**
\$3.00 Chicken Burger with Bacon **\$4.50**
\$3.00 Hamburger Tuesday Only **\$5.00**
\$3.50 Cheeseburger – Meat Pattie & Cheese **\$3.50**
\$4.50 Chicken Schnitzel Burger- Aioli, Tom, Lett, Cheese **\$6.50**
\$3.50 Sweet Chilli Chicken Burger **\$4.00**
\$3.00 Fish Burger – Fish Pattie, Salad & Mayo **\$4.50**
\$3.00 Hot Chicken Wrap - 2 Sweet Chilli Tenders **\$5.00**
½ Hot Chicken Wrap – 1 Sweet Chilli Tender **\$2.50**
Beef Party Pies **.80c**



\$5.00 Small Quiche **\$2.50**
\$5.00 Hot Dog with Sauce **\$2.50** with Cheese & Sauce **\$3.00**
Mrs Mac Beef Pies **\$4.00**
\$2.50 Mrs Mac Beef Potato Top Pie **\$4.00**
\$2.50 Mrs Mac Beef, Chees & Bacon Pie **\$4.50**
Slams (Pack of 8 Mini Pies) **\$3.20**



\$3.00 Mrs Mac Beef Sausage Roll **\$3.00**
\$3.00 Mrs Mac Cheese & Bacon Sausage Roll **\$3.50**
\$2.00 Mrs Mac Spinach and Ricotta Roll **\$3.00**
Corn Cobs With Butter **\$1.00**
\$3.50 Pizza Single or Pizza Rounda **\$3.00**
Yummy Drummy's **\$1.00**



\$5.00 Chicken Nuggets and Dinosaur Snacks **.60c**
\$4.50 **DINNER BOX** 3 Chicken Nuggets or Dino Snacks **\$3.00**
\$4.00 + 6 Pot Gems + 200ml Popper + Sauce
\$2.50 Noodles (Beef or Chicken) **\$2.00**
\$3.00 Garlic Bread (4 Pieces) **\$1.00**



SNACKS/DRINKS/BLOCKS
\$5.00 Chips - **\$1.00** Popcorn - **.50c** Milo or LCM Bars - **\$1.00**
\$3.00 Milo Scoop Shakes - **\$2.80** Frozen Yogurt Cups - **\$2.00**
Life Saver Ice Blocks - **\$2.00** Icy Poles - **\$1.00**
\$3.50 Fandangles Ice Cream- **\$1.50** Fruity Pops - **.50c**
Vanilla Ice Cream Cups **\$1.20**
\$5.00 Jelly Joy Sticks **.20c**
\$5.00 Ice Monys & Zooper Dooper Ice Blocks **.50c**
\$4.50 Small Yogurts **\$1.00** Large Yogurts **\$2.00**
\$5.00 200ml Juice Poppers **\$1.00** 250ml Pop Top Juice **\$1.50**
350ml Juice - **\$2.50** 500ml Gatorade **\$3.50**
400ml Pump Water - **\$1.50** 750ml Pump Water - **\$3.50**
600ml Water - **\$1.00** 375ml Nippy's Milk - **\$2.50**
300ml Flavoured Milk - **\$1.50** Up and Go Milk **\$2.00**
Trifles, Custard, Jelly & Mousse Cups **\$1.00**
\$1.00 Muffins **\$1.50** Iced Cup Cakes **\$1.00**

Westlink Church

Children's Ministry Building Fundraiser

Yard Sale

Saturday 19 March 2016

9am to 2pm



Trash n Treasure



Second Hand Clothes Sale

Out of the Dark

A Family Violence Support Program for Women

For more information contact us on 1300 227 393

Group Facilitator Sophie Heald

SESSION DETAILS

DATES

Each Wednesday for 6 weeks

From February 10th - March 16th 2016

TIME

10:30am- 2:30pm

Morning tea & lunch provided

VENUE

Carewest, Cowra

Shop 6, 119 Kendal Street Cowra

REGISTRATION

Contact Kayla Palmer

Cowra & Young Family Connections
Coordinator

T: 0400 808 920, 6391 2400

E: kayla.palmer@cw.org.au

Have you experienced family violence?

Out of the Dark is a

FREE 6-week program for women

who have experienced family violence (including emotional, sexual, social, religious, physical, or financial abuse).

This program aims to help women better understand family violence, make informed choices and regain control of their lives.

You'll learn about:

- Types of family violence
- Myths and facts about family violence
- Power and control in abusive relationships
 - The cycle of violence
 - AVOs and safety planning
- Recognizing healthy relationships and the warning signs for unhealthy relationships
- The impacts of family violence on children
 - Finding help and support

Out of the Dark is a publication of the
NSW Department of Corrective Services, Offender Programs Unit 2008 ©





Movie Showing : **War Room**

Hosted by Koinonia Fellowship

Saturday 20 Feb

7pm

No charge, donations can be made at the door to raise funds for Scripture Teachers at PHCS.

Come Try Rugby!!

Parkes Junior Rugby Union Club are currently seeking players interested in trying Rugby and/or playing Walla Rugby in the Under 5, 7, 9 and 11 year divisions.

The **Try Rugby** program is for boys and girls aged 4 to 11 who are either new to rugby, existing players wanting to improve their skills or anyone interested in an hour of fun with new and old friends. The program runs each Friday 5:30-6:30pm from February 19 (registration evening) to April 8 2016 at Spicer Oval, Parkes. Cost is only \$10 which includes a shirt and other free goodies. A BBQ will run each week and for a gold coin donation parents can take care of dinner while the kids have fun! **NEW in 2016!!** An Under 5's division has been included this year for the younger players who want to get involved and have some fun learning new skills. Registration evening on Friday February 19 5.30pm at Spicer Oval, Parkes.

The **Walla competition** starts on Sunday May 1 through to August 14 2016. Participating clubs throughout the Central West each host a Gala Day where players take part in 3 games each week. Game format is as follows: Under 7's-onfield coach, no contact, two handed touch only. Under 9's- supported full contact (coach on field) and Under 11's- modified full contact. Both boys and girls are welcome to play. It is not compulsory to enter all gala days so parents and coaches can decide week to week which gala days to attend. It is a great day of fun where players get a good amount of game time, practise learned skills, make friends and gain self-confidence. The two programs run separately so your child can sign up for one or both. Walla registration forms will be available at Try Rugby or by contacting the co-ordinators on the details below.

For further details please contact co-ordinators:
Michelle MacGregor 0439 498 033 or Richard Rice 0428 623 210

