

Peak Hill Central School

Newsletter

We are Respectful, Responsible, Safe and Successful

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Principal's Report

Welcome to Week Three

Term Two has started rapidly with many events already occurring here at Peak Hill Central School.

The School's participation in the ANZAC Day Commemorations on Monday 25 April was a true indicator of our school's commitment to demonstrating our respect for those who have sacrificed so much in the preservation of our way of life.

On Tuesday's School Development Day, staff participated in Non-Crisis Intervention training, this professional learning endeavours to ensure staff are able to support our students in all aspects of their schooling in a positive and professional manner.

The Rock & Water program continues this term and I thank Matthew Sharah for his ongoing commitment to supporting our students. The Rock & Water program teaches students to develop resilience in the face of confrontation, a most valuable quality for all to achieve.

Last Wednesday our annual Cross Country was held, I congratulate all students who competed to their potential, reports from the day indicate that the event was again a great success.

On Thursday and Friday our Stage 6 students were able to work with members of the Belrose Rotary Club. This long standing program involves students participating in an interview scenario, each student receives detailed feedback about their strengths and areas for development as they transition to further study and employment post schooling.



Thank you to the Peak Hill Central School staff and students who marched on ANZAC Day 2016

Diary Dates 2016

May

- Monday 16 School Photographs**
- Wednesday 18 Whole School Athletics Carnival**
- Thursday 19 P & C - AGM 5.30pm at the school**
- Monday 23 School Assembly 9am**
- Tuesday 24 Duke of Edinburgh Day Hike**
- Monday 30 School Assembly 9am**
- Monday 30 Work Placement Dubbo**

June

- Monday 6-8 Half Yearly Exams Years 7-10**

I sincerely thank the Rotarians for their ongoing support of our students and to Mrs Catherine Doyle for her tireless effort in coordinating this program.

This week is NAPLAN, students in Years 3, 5, 7 and 9 complete a national assessment in Literacy and Numeracy, their achievements are reported to both parents/carers and the school to enable the development of targeted programs to support student learning.

Students in Stage 6 are participating in the Western Access Program (WAP) study days in Metals & Engineering at Trundle and Primary Industries at Trangie this week. The study days are a vital opportunity for our students to combine with other WAP schools as a class group to complete assessments and course competencies.

On Friday this week our Kindergarten to Year 2 students will be travelling to Dubbo for their Excursion to the Dubbo Regional Theatre. The students are super keen and we look forward to reports back from this enrichment activity.

A reminder that School Photographs will be next Monday, please ensure your child comes in full school uniform. I wish everyone all the best for the week ahead and please contact the school if you wish to discuss any aspect of the education of your child.

Paul Champion
Principal (R)

Principal

Mr Paul Champion

Head Teacher**Teacher and Learning**

Mrs Catherine Doyle

Head Teacher**Wellbeing**

Mr Jeremy Whiterod

**Administration
Manager**

Mrs Tanya Stanford

**Aboriginal Education
Officer**

Mrs Vicki Sharah

**Assistant Principal
Primary**

Miss Sarah Browning

Miss Keira Wilson

Head Teacher**Access**

Mr James Peter

In School Access**Coordinator**

Mr Jeremy Whiterod

P & C 2016**President**

Mrs Donna Kopp

Vice President

Mr Matthew Sharah

Secretary

Mrs Cathy Goodwin

Treasurer

Ms Kim Dern

advancedlife
school photography & print specialists

Our school photos will be taken on Monday the 16th of May 2016.

For the convenience of our school community, school **photos can be ordered and paid for online** using a secure online platform. Orders placed online DO NOT require an envelope, cash/cheques or paperwork returned to school.

Envelope Orders: photos can also be purchased in the traditional manner using an envelope, with cash/cheque enclosed.

The preference of our school is that orders and payments be made online, as this reduces the administration and associated security issues related to the return of cash & envelopes on photo day.

To place your order visit www.advancedlife.com.au and enter the

code- XEE ZKC P5R. This code can also be found printed on your envelope.

Please be aware that-Sibling/Family Photos can be ordered online or via envelope. To ensure a smoothly run photo day, online orders for *Sibling/Family Photos will be cut off at 12.00 a.m. the night before our photo day* to allow a list of students that require Sibling/Family Photographs taken to be compiled. Sibling photos can still be ordered after the online cut off date by collecting an envelope from the office and returning the envelope on photo day with your payment enclosed.

All online orders should be placed on or before our day of photography. The online code above may also be used to order sports and other group photos.

Kick Start Kindergarten

Give your child the Best Start to School, by attending our Kick Start Kindergarten Transition to School Program.

**Commencing Monday 23 May 2016
11:30-1:30am**

The program will extend as the year progresses as your child's confidence and skills develop

The Program includes:

- Introducing the school environment
- Introduction to Jolly Phonics and other curriculum areas
- Daily school routines
- Building positive relationships between home and school
- Fostering a love of learning
- Information for parents on providing your child with the best start
- Literacy and Numeracy packs for students

For further information please contact Sarah Browning on 6869 1304



Primary News

Stephanie Alexander Kitchen Garden

This week Stage 3 visited the Stephanie Alexander Kitchen garden and they planted cauliflower and carrots. They also watered the plants that had been planted last Thursday.

The garden is a wonderful experience for Stage 3, it teaches students how to grow, harvest, prepare and share delicious fresh and seasonal food.

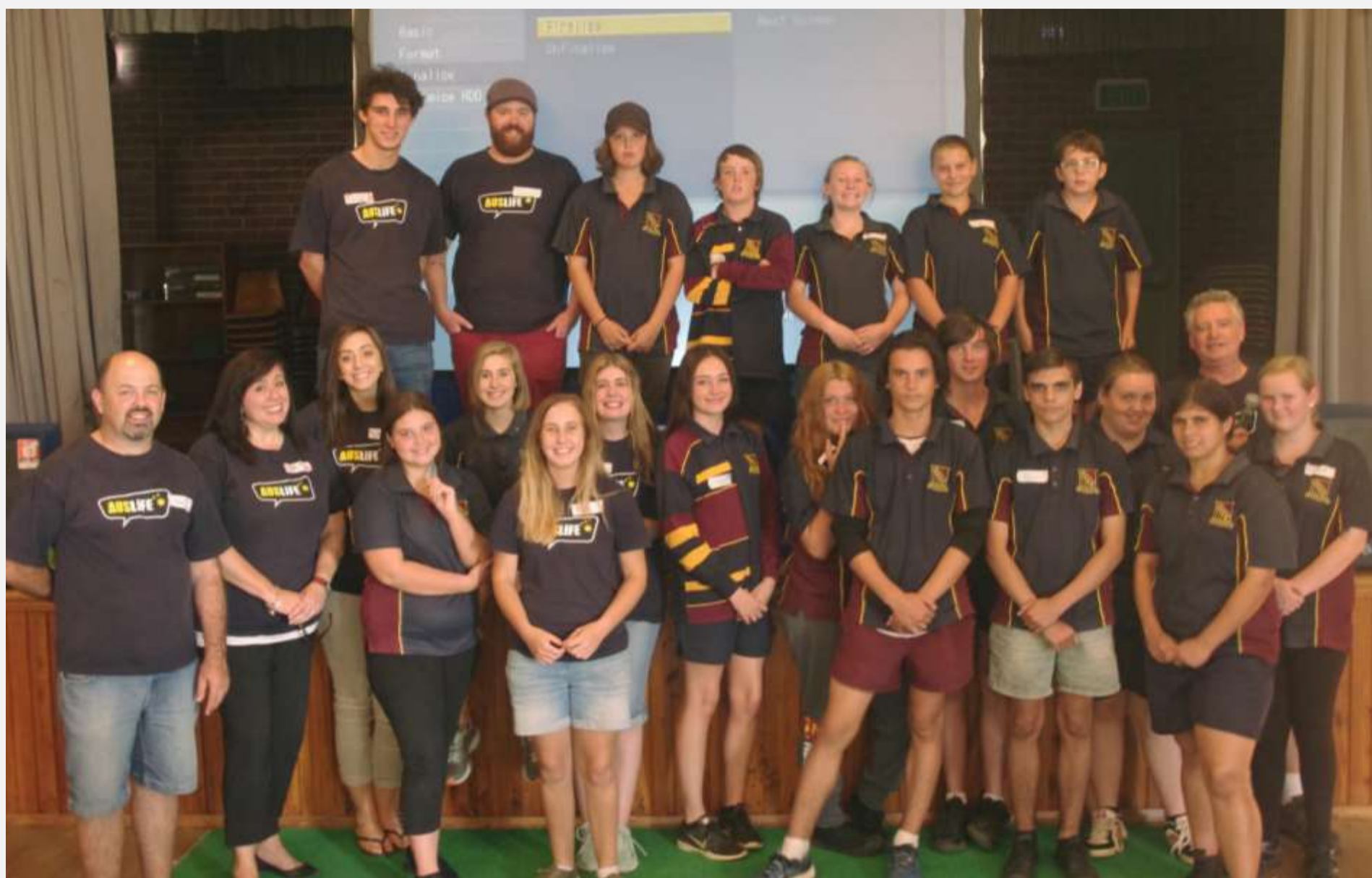


Frazer Court Visit

At the end of last Term our Kindergarten students visited the Frazer Court residents and staff. During their visit they handed out special packaged ANZAC biscuits which were made by the students in Year 7 and 8 along with their parents for their Food Technology class. Thank you Kindergarten, the residents were delighted to see you !



AUSLIFE



On Tuesday the 5th of April, students from Years 9 & 10 participated in an 'AusLife' seminar on 'Goals & Values'. This is the thirteenth year in which the seminars have come to Peak Hill.

An 'AusLife' full day seminar is a high energy and interactive learning experiences. Throughout the day students participated in activities, simulation games, small group discussions, and saw multimedia presentations.

Students were given the opportunity to examine their own attitudes and values as well as those of the community. The seminar also aims to increase students' self-confidence and self-esteem and to develop decision-making skills. The program has at its core the Christian

faith, however does not prescribe belief.

The seminar is designed to assist students in the following;

- Understanding of how values influence behaviour and attitudes.
- Devise and apply plans to achieve short term and long-term goals.
- Reflect on, discuss and develop skills, which strengthen resilience.
- Make positive choices for life.
- Striving for integrity.
- Developing a sense of purpose.

Peak Hill Central School



P & C Association Inc

Annual General Meeting

Thursday 19 May 2016

5.30pm at the school

A vital voice in all schools.



Learn and have an input into how your school directs its funding towards teaching programs, staffing and infrastructure.



Join in the discussion about your child's education!





PEAK HILL CENTRAL SCHOOL TUCKERBOX MENU



SANDWICH/BUNS/WRAP/CONTAINERS

Vegemite or Jam Sandwich	\$1.50
Cheese Sandwich	\$1.80
Vegemite and Cheese Sandwich	\$2.00
Tuna, Mayo & Cheese Sandwich	\$3.00
Egg and Lettuce Sandwich	\$3.00
Ham, Cheese, Tomato Sandwich	\$3.50
Salad- let/tom/carr/beetroot/cuc/cheese Sand	\$3.50
Chicken or Ham lettuce/carrot/cheese bun	\$3.00
Egg and Lettuce Bun	\$3.00
Chicken or Ham Full Salad Roll	\$5.00
Salad Wrap Lett/carr/tom/cuc/beet/pine/cheese	\$3.50
Chicken/Ham/Tuna Salad Wrap	\$4.50
½ Chicken/Ham/Lett/carrot/cheese	\$3.00
Egg and Lettuce Wrap	\$4.00
Salad/Dressing in container	\$3.50
Ham/Chicken/Tuna/Dressing Salad container	\$4.50



TOASTED / MELTS

Ham and Cheese Toasted	\$3.00
Chicken and Cheese Toasted	\$3.00
Cheese Toasted	\$2.00
Ham/Pineapple/Cheese/Mayo Open Melt	\$2.50
Chicken/Cheese Open Melts	\$2.50
Ham/Tomato/Cheese Turkish Bread Toasted	\$5.00
Chicken/Pineapple/Cheese Turkish Bread Toasted	\$5.00
Extra's Avocado/Egg 50c Cheese/Tomato 30c	



Meal Deal 1

Salad Sandwich/Piece of Fruit/600ml Water	\$5.00
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Meal Deal 2

2 Hot Chilli Tenders/Small Salad/600ml Water	\$5.00
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Meal Deal 3

3 Chicken Nuggets/6 Potato Gems/Popper	\$3.20
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Meal Deal 4

2 Party Pies/ 6 Potato Gems/ Popper	\$3.20
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Meal Deal 5

3 Fish Fingers/ 6 potato Gems/ Popper	\$3.00
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Fresh Fruit Salad	\$2.00
Piece of Fresh Fruit	small or half 50c large \$1.00

HOT FOOD

Lasagne and Spaghetti Bolognese	\$4.00
Hamburger (Tuesday Only)	\$5.00
Chicken/Cheese/Lettuce/Mayo Burger	\$4.50
Chicken Schnitzel Burger Aioli/Tom/Lett/Cheese	\$6.50
Hot Chicken Wrap 2 Sweet Chilli Tenders/Lett/Car	\$5.00
½ Chicken Wrap 1 Sweet Chilli Tender/Lett/Carrot	\$3.00
Hot Chicken and Gravy Roll	\$4.50
Hot Dog and Sauce \$2.50 Hot Dog/Cheese/Sauce	\$3.00
Mrs Mac Beef Pie	\$4.00
Mrs Mac Beef and Potato Pie	\$4.50
Mrs Mac Beef Cheese & Bacon Pie	\$4.50
Slams – 8 mini pies in a pack	\$3.20
Party Pies	\$0.80
Sausage Rolls Beef/Cheese & Bacon/Spinach Rico	\$3.50
Pizza Singles & Roundas	\$3.20
Chicken Crumbed/ Dino Nuggets	\$0.60
Yummy Drummies	\$1.00
Garlic Bread 4 pieces	\$1.00



DRINKS/SNACKS/ICE BLOCKS

Water 400mls Pump	\$1.50
Water 600mls Bottle	\$1.00
Water 750mls Pump	\$3.50
Flavoured Milk 300mls Choc/Strawberry	\$1.50
Flavoured Milk 500mls Dare/Classic	\$3.50
Flavoured Nippy Milk Ice Coffee/Choc	\$2.50
Up And Go Milk Choc/Strawberry	\$2.00
Juice Popper 200mls Orange/Apple/ABC	\$1.00
Juice Pop Top 250mls Orange/ABC/Apple	\$1.50
Juice 350mls Orange/ Apple/ABC	\$2.50
Milo Scoop Shakes	\$2.80
Frozen Yogurt Cups	\$2.00
Life Saver Ice Block	\$2.00
Icy Poles	\$1.10
Fandangles Ice Cream	\$1.60
Vanilla Ice Cream Cups	\$1.20
Zooper Dooper \$0.50	
Chips \$1.20	
Large Yogurt \$2.00	
Custard, Jelly, Mousse	\$1.00
Muffins \$1.50	
Jelly Sticks	\$0.20
Popcorn	\$0.50
Small Yogurt	\$1.00
Iced Cup Cakes	\$1.00



Please place all orders in by no later than 9.30am

Keep an eye out for daily/weekly specials

GREEN - HEALTHY CHOICE

AMBER – SOMETIMES FOOD

RED – OCCASSIONAL FOOD

Secondary News

Successful Belrose Visit

Last week students from Kindergarten to Year 12 had the privilege of working with the Belrose Rotarians and their International Exchange student from France, Lucie Buyse.

Lucie entertained and informed students with an exceptionally creative presentation about her birth country and home. Students were eager to ask questions and Lucie was equally excited about answering questions. She had even baked some amazing French crepes which she shared with the students who thought that they were delicious!

Stage 4 delighted everyone with their singing talent when they performed a beautiful French song which Lucie had taught them during her presentation.



Pictured above with Lucie Buyse is Trent Williams, Taleica Keed and Isobelle Goodwin.

Below: Jack Bendeich and Taigan-Brennan Ingram trying out their barista skills.

Year 11 were excited to receive their official invitation to visit Sydney for the 2016 Belrose excursion in Term 4.

Year 12 enjoyed their opportunity to shine when they dressed up and attended their mock job interviews. They all reported that the interview practise and feedback from the interview team was incredibly valuable and rewarding.

Stage 6 Hospitality

This term in Hospitality students have been perfecting their batter and foam making skills.

Last week Stage 6 created a thin batter and a white roux (sauce) which they used as the basis of an incredible chicken crepe.

This week they focused their skills on mastering a perfect egg white foam. Taleica is pictured with a magnificent Pavlova Roll which she rolled on a bed of toasted flaked almonds and filled with fresh cream and strawberries.

Stage 6 now know the importance of using a clean glass bowl, super fresh eggs and why we need to take care and not get any egg yolk which contains fat, in our egg white.

Well done Stage 6!



Stage 5 Food Technology class

were treated to their own specially designed Barista course. Their trainer was Rotarian Glenn Everingham who had made a special trip on Friday from Belrose to Peak Hill to personally work with our very lucky students. Stage 5 thoroughly enjoyed the day and are now incredibly eager to test their coffee making skills at our next catering event.



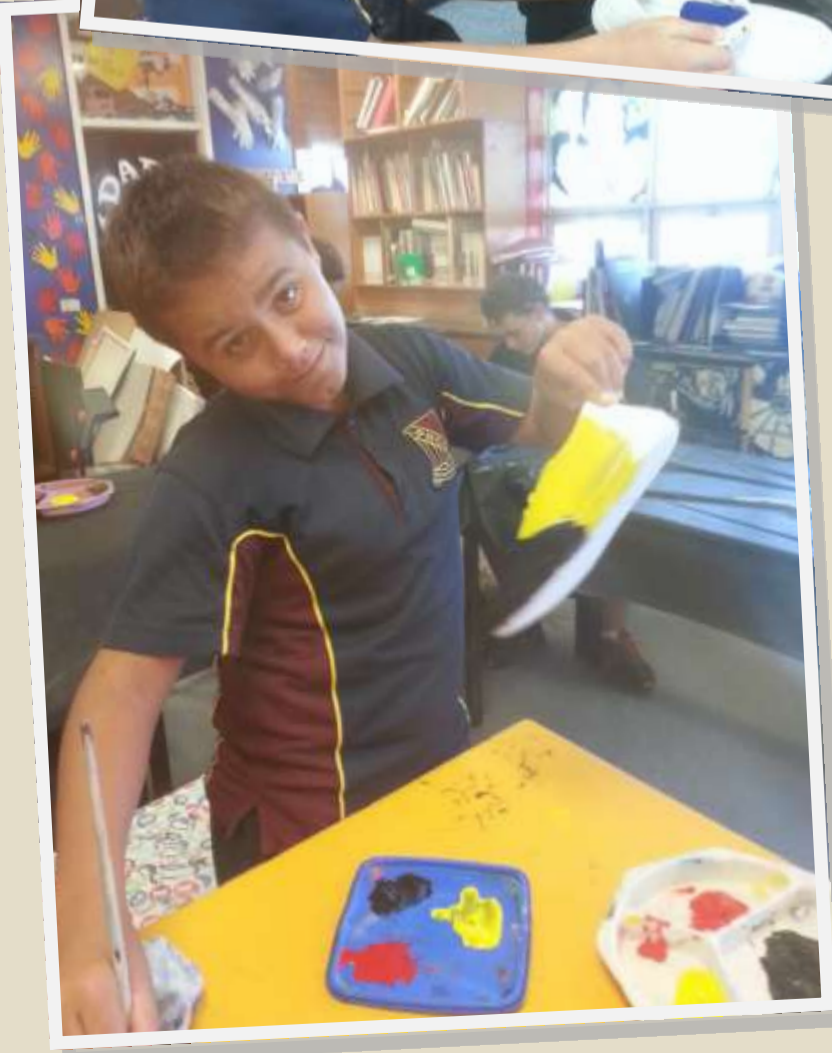
Stage 5 Food Technology

This term Stage 5 are studying menu types and are looking at the many recipes and tasks associated with effective catering. Students have so far this term made pikelets, tacos and carrot cake muffins.



Stage 4 Visual Design

Stage 4 have continued their study of shoes, by embellishing a rubber thong with different items and also painting their designs on canvas shoes.



Cross Country 2016

The cross country was held on Wednesday the 4th of May. The secondary students completed a 6.4km loop and primary students completed their cross country at the Golf Club. The students put in a great effort and should all be applauded for their participation.

In secondary, Dylan Hamilton finished 1st with a time of 30.00 minutes. James Stewart came in a close second with a time of 30.10 minutes. Trent Williams came in third with a time of 32.57 minutes.

In Junior Primary, Zach Read finished first with a time of 12.17 minutes and Stacey McMaster came in second with a time of 12:25. Jacob Bell finished third with a time of 12:29 and India Sant finished fourth with a time of 13:37.

In Senior Primary, Zack Hawksworth finished the 3km course first with a time of 21.04 and Dayne Hamilton finished second with a time of 25.31. Kerryanne Watson finished third with a time of 26.41.



Western Access Program

Work Placement Block A

Our first Work Placement week is coming up in three weeks' time. Approximately, 24 VET students from the six WAP schools will spend the week in Dubbo with teachers to 'go to work' at their various work sites, enabling them to complete their 35 mandatory hours of Work Placement for the HSC.

Students are expected to be 'work ready', prepared with the required work clothes and footwear, organised food wise and time wise. All students by this stage should have attended an induction session, met with their Work placement Coordinator as well as been assessed as 'work ready' by their VET teacher. This is a valuable and rewarding experience for all students from all VET Frameworks.

To support this experience a selection of simple breakfast and lunch food is provided to supplement that provided by the student. Mrs Allen the Work Placement Coordinator who attends all week will be on hand to assist with any problems or needs as they arise. These students will be transported each day to their various sites and back to our accommodation by the supervising teachers. Please note that the venue does supply bath towels and sheets for the week.

Parents and carers are asked to complete the various permission forms including: the Consent, Medical, Accommodation and Student Placement record and make the \$150 payment for accommodation to the School Office as soon as possible.



We look forward to an enjoyable, safe and experience rich week. Please do not hesitate to contact Mrs Allen at the School if you have any further questions on 0268691304.

Work Placement Block A, Term 2 - Week 6

When: Monday 30 May to Friday 3 June 2016
Students are to arrive on Sunday evening at approximately 5pm – and will depart at approximately 4pm on Friday.

Where: Accommodation will be at the Midstate Caravan Park on Bourke Street, Dubbo

Cost: Cost \$150 (Payable to the School Office)

Who: Year 11 and 12 Students from the VET subjects: Hospitality, Primary industries, Construction, Metals & Engineering will be participating.

Peak Hill Students: Natasha Ahern, Charlica Schnitger, Angela Boneham, Kasey Kilby, Brendan Dargan, Tent Williams, Shyan Read, Amelia Robinson

Mother's Day

Students were busy creating some very interesting Mother's Day gifts this year.

Kindergarten made "Designer Plates" while Stage 4 students created sweet "Edible Teacups"



Stewart House Donation Drive/Raffle

Envelopes are attached to this weeks newsletter
Please send in raffle entries by 17 May so they can be forwarded to Sydney for the draw.



Playgroup

Family Fun Day

Peak Hill

Koinonia Hall

Monday May 23rd

11-1pm

Free BBQ lunch Face painting

Jumping Castle Healthy snacks

Bubble play Craft activities

Reading activities



IMPACT YOUTH GROUP

Friday Nights

Koinonia House

7:30-9pm

All welcome from Years

7-10

Dinner and a drink provided.

Bedwetting Institute

A DVD based program to cure bedwetting, with Dr Mark Condon and Physiotherapist, Margaret O'Donovan has been developed by the Bedwetting Institute. It outlines a successful four step program for parents to implement at home with their children. For a free Bedwetting Fact



Sheet please visit the information section on the website: www.bedwettinginstitute.com.au

11, 12 & 13 June 2016

Come along to see a wonderful display of local arts and crafts. Displays, stalls and demonstrations are at two locations in the main street.

Leisure Centre and Southern Cross Hall on the Newell Highway

Displays

*Patchwork * Embroidery * Folk Art * Glass slumping
* Knitting * Paintings * Artworks * Fabric crafts * Poetry
* Handmade cards * Local produce and crafts for sale
* District artists*

Demonstrations

Card making * Paverpol * Spinning and weaving * Bee-keeping
* Wood-turning * Artist-in-Residence * Scarf tying

Admission \$2 at each venue
9.30am – 4.00pm Sat & Sun
9.30am – 3.00pm Mon

Devonshire Teas and Homemade Soups
available at the Leisure Centre

Light Refreshments and a BBQ at the
Southern Cross Hall

Enjoy great small town hospitality!

Patchwork Quilt and other Raffles

Peak Hill Leisure Centre Arts and Crafts



**School Banking is
improving your kid's
'Common Cents.'**



It's been a great start to the school year, and every week we see the students putting in a fantastic savings effort. That might be because of this year's Grand Prize: a VIP tour of Australia Zoo to meet Robert and Bindi Irwin! Many of our true blue Outback Savers are well on their way to reaching their 15 deposits by the end of Term 3, which will give them an automatic entry into the Grand Prize competition.

Aside from the Grand Prize, two new reward items are available this term. After making 10 School Banking deposits, students can redeem the Mud Splat Handball or the Outback Pal Bag Tag!

Learning about your child's 'Common Cents'

Earlier this year, CommBank released a report exploring just how clued-up about money Australian children are. They were asked to complete the 'Common Cents' Quiz, which looked at five key areas of financial literacy: spending, saving, earning, budgeting and investing.

The research revealed our nation's kids are – on average – educated earners and spenders; and children whose parents have smarter money habits recorded higher 'Common Cents' scores. Here are some of the statistics we've uncovered:

- 63% of Aussie kids like saving their money more than spending it.
- 77% of them understand they can earn extra money by doing chores around the house.
- Only 50% know what a budget is, with one in five thinking it's a sheet of paper with numbers on it.
- Over 50% of children surveyed would take \$5 now, over larger monetary sums if they have to wait.

The report also shows that 69% of primary school children in Australia receive pocket money, and 82% of those are expected to complete tasks to earn it. Pocket money is a great way for parents to teach kids the value of money and the earning process.

If you're curious about your child's 'Common Cents', we encourage you to take them through the simple Quiz that's available at commbank.com.au/commoncentsquiz

For more tips, videos and activities to stimulate your child's interest in money skills, head to The Beanstalk at commbank.com.au/youthsaver

Mud Splat
Handball

Outback Pat
Bag Tag

[illegible]



MC:JM

22 April 2016

Dear Sir/Madam

Public Exhibition - Draft Parkes Shire Pedestrian and Cycling Strategy.

Council, at its Ordinary Meeting held on 5 April 2016 resolved to place the draft Parkes Shire Pedestrian and Cycling Strategy on public exhibition until Friday 13 May 2016.

The draft Parkes Shire Pedestrian and Cycling Strategy provides the framework for the development and coordination of pedestrian and cyclist facilities in the Parkes Shire. The vision is that Parkes will be recognized as a bicycle and pedestrian friendly Shire, with quality formed footpaths and cycleway facilities which provide safe, convenient and enjoyable experiences.

Council is inviting written or emailed submissions on the draft Parkes Shire Pedestrian and Cycling Strategy, which must be lodged with Council no later than 4.00pm on Friday 13 May 2016. A review of submissions will be completed by Council following the public exhibition period and any necessary changes or alterations to the draft Strategy will be made before the plan is formally adopted by Council.

Hard copies of the strategy can be viewed at Council's Administration Centre, or at the Parkes, Peak Hill, Trundle and Tullamore Libraries.

The draft Strategy is also available to download from the Council's website. www.parkes.nsw.gov.au

Should you have any questions in relation to this matter please contact Michael Carter on (02) 68612377.

Yours faithfully

Kent Boyd
GENERAL MANAGER

per:
Ben Howard
DIRECTOR ENGINEERING SERVICES

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www.parkes.nsw.gov.au

PARKES
It all adds up.

Dyslexia Drive

from the Hunter to the Far West

FREE 90 minute Seminar:

Dyslexia is a disorder that involves difficulty in learning to read or interpret words, letters and other symbols. Many people go un-diagnosed and struggle through school and later life. Recent studies show that up to 15% of the population are affected by it.

This Dyslexia Seminar will be 90 minutes of tips, insight and practical knowledge about what dyslexia is and how you can go about remediation.

Learn How...

You can finally break free from the cycle of reading failure and learn how to help your child read.

Learn why it is that dyslexia occurs. Understand what's happening in the classroom and how to accelerate your child's reading quicker than you thought possible – all at an affordable price, in the comfort of your own home at a time that works with the family commitments.

You will see that small adjustments can make big changes to your child's learning and you'll gain powerful insight on how to support your child to ensure their promising future.

Details:

Maitland:	May 16th	1pm	Maitland Leagues
Newcastle:	May 16th	7pm	Charlestown Bowling Club
Dungog:	May 17th	1pm	Dungog RSL
Singleton:	May 17th	7pm	Club Singleton
Scone:	May 18th	1pm	Scone RSL
Muswellbrook:	May 18th	7pm	Muswellbrook RSL
Dunedoo:	May 19th	1pm	Hotel Dunedoo
Dubbo:	May 19th	7pm	Club Dubbo
Trangie:	May 20th	1pm	Imperial Hotel
Narramine:	May 20th	7pm	Narramine USMC
Wellington:	May 21st	1pm	Wellington SMC
Mudgee:	May 21st	7pm	Mudgee Golf Club

Register Online at
www.dyslexia.com.au/register
or call (02) 9436 3766

Your Speakers

Marianne Mullally, Dyslexia Expert
Author and parent of a dyslexic child
has over 10,000 hours of clinical
experience working with dyslexic
adults and children over the past 11
years.

Gail Hallinan, Former Assistant
Principal now Education Consultant
and Dyslexia Specialist who's
now a Guest University Lecturer,
Teacher Trainer and dyslexia
assessor. (Maitland & Newcastle)

Tom Mullally, Dyslexia sufferer
now turned entrepreneur in the
social media marketing space was
at the age of 7 told by his teacher
that he would never amount to
anything.



EVENT INFO