



Peak Hill Central School Newsletter

We are a Respectful, Responsible, Safe and Successful School

Caswell Street, PEAK HILL NSW 2869

P: 02 6869 1304 E: peakhill-c.school@det.nsw.edu.au

W: www.peakhill-c.schools.nsw.edu.au



NADOC CELEBRATIONS at the Hospital





Principal

Mr Scott Olsson

Head Teachers

Secondary Studies

Mr Paul Champion

Mr Jeremy Whiterod

Administration Manager

Mrs Tanya Stanford

Aboriginal Education Officer

Mrs Vicki Sharah

Assistant Principal

Mrs Sarah Atchison

Head Teacher

Access

Ms Crystal Williams

In School Access

Coordinator

Mrs Catherine Doyle

P & C 2016

President

Ms Kim Dern

Vice President

Mrs Kelly Dart

Secretary

Mrs Loedicia Strahorn

Treasurer

Ms Tammy Gavin

Principal's Report

Newsletter Week 5 Term 2

It has been a very busy, hectic yet rewarding time for staff and students. It is so great to see that the students are at the centre of decision making and providing numerous opportunities for them to develop educationally, mentally and socially. It is also a stressful time for staff as they prepare students for exams, work placement and begin to write reports. It is a difficult job being a teacher as that role has become more than just teaching a subject you enjoy.

The NAPLAN tests were the first of many opportunities Year 9 students will have to demonstrate the new HSC minimum standard for 2020. Our key message on this is while these students will need to demonstrate a minimum standard of literacy and numeracy to receive their HSC, they don't need to get Band 8s in Year 9 NAPLAN. New, short online reading, writing and numeracy tests will be available for students to demonstrate the standard when they are ready in Year 10, 11 and 12, and even after sitting the HSC.

Congratulations to our lawn bowlers who have now qualified for the NSW Central Schools State Finals in term 3.

Congratulations also to the U/16's touch football team who won the Western Area division and will now contest the NSW Central Schools Finals.

The Quit B Fit team was excellent. Students were very engaged and enjoyed it. The students behaviour was extremely positive and majority of the students got involved in the questions and dance. The team made mentioned that the kids were great.

The Headspace visit was also well received. I went to a Mental Health Seminar on Monday in Dubbo and the statistics are scary, so if you need any help always ask someone. It can be stressful now with assessments, reports and parent teacher interviews. Look after yourself and your mates.

Good luck to secondary students with half yearly exams and the students attending work placement. It is so pleasing to see that Peak Hill are supplying staff to assist with travel and supervision. Without the staff support these types of placements could not occur.

The Belrose team are in town to assist our senior students with interview skills and mentoring. This has been a long standing partnership and I thank them for their ongoing support.

A massive thanks from Western Sport for our students that have volunteered at the NSW PSSA AFL Carnival in Parkes on Tuesday and Wednesday. It amazes me that for a small school how many opportunities the students are exposed to.

Finally I am coming into a very busy time and will be out of school more than in it unfortunately. Next week I am coaching the Western Boys Hockey team, Week 7 have 2 days away at the State Access Management Group Meeting, Week 8 have 3 days at a Secondary Principals Conference. I have complete trust in the staff to manage, the students to continue to work hard and the parents to remain supportive. Mr Whiterod will be developing his leadership as he relieves as Principal in the days that I am absent.

Scott Olsson

Principal

Term 2

DIARY DATES

May	
Monday 29 - Friday 2 June	Half Yearly Examinations Years 7-10
Monday 29 - Friday 2 June	VET Work Placement Dubbo
June	
Thursday 1	Captain Governors Visit Sydney
Friday 2	Marathon Health Visit
Tuesday 6	Stage 4 English Excursion
Wednesday 7	School Athletics Carnival
Friday 16	NARRAF Soccer Trangie
Wednesday 14	Hospitality Study Day—Peak Hill
Wednesday 21	Metals Study Day
Friday 23 Monday 26	Life Education Van Visit

Students of the Week



Primary PBL Raffle Winners - Week 4
Adrian Bell and Baillie Logan



Primary Students of the Week - Week 4

Vincent Barlow, Shaquillie Buchanan, Clair Sellers, Michael Redpath and Lilah Hauser.



Secondary Students of the Week - Week 4
Malachi Dart, Tijuana Keed and Goran Milinkovic



Quit B Fit

The Quit B Fit team is funded by the Australian Government to deliver the Tackling Indigenous Smoking program, as part of the Closing the Gap initiative. The focus is health promotion, awareness and prevention program to provide indigenous people with tools and resources to live healthier lives without smoking cigarettes.

We had Darren Compton from "Move it Mob Style" perform for the students and taught staff and students a few dance moves.

Thanks to everyone from 'Quit B Fit' for putting on the performance, shirts and footballs and the BBQ.

Jacquie Orr

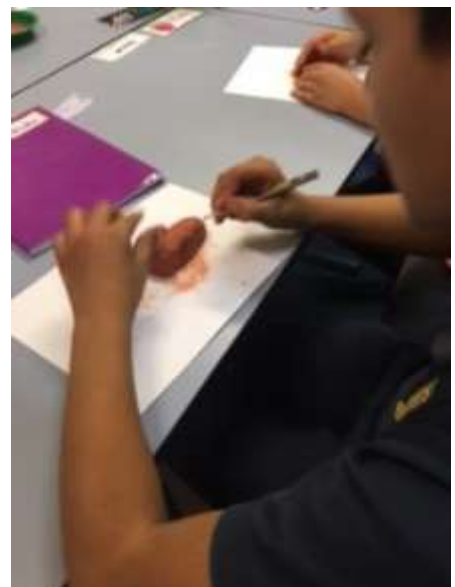


Stage 2/3 Learn About First Australians

Stage 2/3 C have begun learning about the first Australians - Aboriginal people, and the special places in Australia that hold cultural significance to them. Students read and discussed information about Uluru and Kata Tjuta (The Olgas) and looked at photos of Miss Parkes' holiday to the Northern Territory. We found out that Uluru is 348 metres high, it is about 3 and a half kilometres long and almost 2 kilometres wide.

Students were fascinated with the size and shape of Uluru, but what they found most intriguing is that at sunrise and sunset the rock changes colour from purple to white and sometimes a brilliant red.

This afternoon in History, students from Stage 2/3 C got to create their own model of Uluru using air dry modeling clay. The room was absolutely buzzing with creativity and they all did a brilliant job of creating their very own Uluru.



Sports Report

U16s Touch Football

On Thursday 26th May students from Year 8-10 competed at the Western Region Central Schools Touch Football Knockout. The boys had an outstanding day, defeating Lake Cargelligo 4-0, Dunedoo 5-0 and Molong 4-1. They then came up against Mendooran in final and won 6-1. Player of the day went to Domonic Gabriel-White. The boys demonstrated excellent teamwork and enthusiasm. The team will now advance to the CHS Carnival on the 22nd of August.



Jackson & Taigan Brennan-Ingram played in a Bowls Day against Molong & Yeoval Central Schools. The boys ended the day with a win against Yeoval Central School and loss to Molong Central School. The students represented the School well and will advance to the next stage of competition in Dubbo. Well done to all these students.

Miss Lucy Dempsey PHDPE



AFL PSSA Student Volunteers

On Tuesday 23rd & Wednesday 24 May, students from Year 7-9 volunteered at an AFL Championship in Parkes. The students assisted by being lines men & women for the day. Congratulations on helping out the Community and representing our School Successfully & Respectfully.



Bowls Success

On Thursday 18 May, James Robinson, Glenroy



New Books in the Library

THE BLUE CAT

Ursula Dubosarsky

Sydney, 1942. The war is coming to Australia - not only with the threat of Japanese bombardment, but also the arrival of refugees from Europe. For dreamy Columba, the world is growing larger and more interesting, especially with respect to Ellery, the little boy newly arrived from Europe who cannot - or will not - talk about his past. Together with her confident and highly practical best friend Hilda, Columba and Ellery embark on a journey in pursuit of a mysterious blue cat that takes them through Sydney's harbour side streets and eventually on to Luna Park's famous Coney Island.



CAPTAIN JIMMY COOK DISCOVERS X MARKS THE SPOT

Kate Temple and Jol Temple

Captain Jimmy Cook has made a Top Secret important Discovery. Even more important than any discovery that the other Captain Cook from the olden days ever made. A real dinosaur footprint!

And everyone knows that underneath a real dinosaur footprint will be a real dinosaur bone. Jimmy has to keep the amazing discovery a big secret because he found it behind a toilet block (that's totally out of bounds). That's not going to stop Jimmy and his crew! Once he digs up the dinosaur bone, he's going to be the most famous Captain James Cook in history



Job Jump Careers News - KLA

17 May 2017 KLA Careers News Bulletin

P.D.H.P.E.

Community and Family Studies, P.D.H.P.E.

The Australian College of Physical Education Campus Tours
We can arrange a personal campus tour for you anytime Monday to Friday, 9am to 4pm. To lock in a day and time simply call us on **1300 302 867**, email newstudents@acpe.edu.au, or make a request via live chat.

<https://www.acpe.edu.au/about-us/events>

Endeavour College of Natural Health School Leaver Scholarship Application

Opens 24 July

Closes 27 November

Two undergraduate scholarships for school leavers 17 to 19 years of age: Academic Achievers School Leaver Scholarships; Indigenous Australians School Leaver Scholarships and Bursary.

<https://www.endeavour.edu.au/scholarships>

Australian STEM Video Game Challenge

Now to 25 August

<https://www.stemgames.org.au/>

VET COURSES

Traineeships Available

Looking for further information on Traineeships or have any questions? Call us on 02 8833 3933 or

email recruit@arcgroup.com.au

Campbelltown TAFE Aboriginal Pathways Centre Open Day
31 May. 10.30am to 1.30pm

Aboriginal Learning Centre, 181 Narellan Road, Building H, Campbelltown

A full day of special activities, to mark National Reconciliation Week 2017.

<https://www.eventbrite.com.au/e/aboriginal-pathways-centre-open-day-tickets-34058240113>

VET Primary Industries

Help Exchange

HelpX is an online listing of host organic farms, non-organic farms, farmstays, homestays, ranches, lodges, B&Bs, backpackers hostels and even sailing boats who invite volunteer helpers to stay with them short-term in exchange for food and accommodation. HelpX is provided primarily as a cultural exchange for working holiday makers who would like the opportunity during their travels abroad, to stay with local people and gain practical experience. In the typical arrangement, the helper works an average of 4 hours per day and receives free accommodation and meals for their efforts.

<http://www.helpx.net>

Southern Cross Cultural Exchange. Scholarships Now Open
Scholarships offer the opportunity to experience student exchange, study and live abroad and develop lifelong skills at a significantly reduced cost.

<http://www.sccce.com.au/scholarships/>

A Career with the Defence Force

A career in the Australian Defence Force gives you incredible job progression and unique life experiences.

You'll get more out of your career than you ever imagined with the Australian Defence Force. There are over 250 roles available, all of which come with world-class training, fantastic job security and benefits like free healthcare and a competitive salary.

If you've ever wondered what life in the Australian Defence Force is like, then now is the time to find out.

For more information on all the roles on offer

visit <http://www.defencejobs.gov.au/>
or call 13 19 01



Lice Facts & Tips

Head Lice

Examine, Treat, and Comb



SPOKANE REGIONAL
HEALTH
DISTRICT

September 2012



LICE FACTS & TIPS:

- Anyone with clean or dirty hair can get head lice. It can be hard work to get rid of them.
- Head-to-head contact is the most common way lice are spread.
- Lice don't jump or fly, but they are fast crawlers. Pets do not carry human lice.
- Lice need human blood to live. They'll die within 48 hours if they can't get it. It takes the eggs about a week to hatch.
- An itchy scalp is the most common symptom of having head lice and may continue for a while after treatment.
- Lice treatment products help remove lice, but you must still physically remove the lice and nits by combing or picking them out.
- Don't panic or re-treat if you see live lice after treatment. Remove any lice you find.
- When using NIX, do not apply any type of hair conditioner, hair spray, mousse or gel, or get chlorinated pool water on treated hair for one week.
- The use of mayonnaise, kerosene, Vaseline, vinegar, and other home remedies are not proven to be effective and can be dangerous. Shaving the head is not necessary. If you do not want to use an over-the-counter treatment product, just comb out the nits with a good lice comb.
- Notify anyone who may be affected. If possible, children should be nit-free before returning to school or childcare.

Breakfast Club

Breakfast Club is EVERYDAY



8.30am - 8.45am

Available at the
right-side
Canteen
Window.



SIX STEPS TO GETTING RID OF HEAD LICE:

1 EXAMINE

First, look at the base of the hair around the ears and across the back of the neck. Then carefully check the rest of the head.



Examine everyone in the home for lice and nits. Separate the hair strands carefully. Nits are small, white to chocolate brown, oval-shaped eggs that are glued to the hair near the scalp. Nits are more easily seen than live lice.

Treat only those household members who have head lice.

2 TREAT

Treat the head lice with a lice treatment product. Lice treatment products are available over-the-counter at drugstores, grocery stores, and some medical clinics. These products will not kill all of the lice and nits, but they are the best way to get the process started.

Carefully follow the treatment's directions on the treatment or those of your healthcare provider.

Using more treatment, reapplying sooner than recommended, or keeping it on the hair longer than directed will not make it work better or faster and can increase the risk of toxic side effects.



3 COMB

After treatment, comb the hair with an effective, metal, lice-removal comb to remove the nits. Try to get every nit and any lice that you find.



Combing the hair in the opposite direction of normal brushing will help you find more eggs. Nit picking can also be done by hand, by using your fingernails or tweezers. Get rid of eggs in the sink, toilet, or garbage. Vacuum around the area where you were combing out eggs. Both people should change their clothes afterwards.

Comb, using the lice comb daily for seven days, and until you no longer find any lice or eggs.

This step takes the most time, energy, and patience.
Combing is the most important step!

Adult Louse



Actual size
1"
1/8"

4 CLEAN

Clean your home using normal methods, such as washing clothes, towels, and bedding; vacuuming floors and furniture; and soaking combs and brushes in warm, soapy water.

5 REPEAT

Most products recommend a second treatment 7-10 days after the first. Follow the directions just as you did for the first treatment. Afterwards, remove any eggs or lice that you might find.



Continue to check daily until 1 week after the second treatment or 1 week after the last egg or louse is removed.

6 NOTIFY

Notify everyone that may be affected:

- school
- church
- daycare
- friends
- family

Peak Hill's 44th Annual Arts and Craft Exhibition

Official Opening

Friday Night

9th June, 2017

at the Leisure Centre

**All community members
welcome to attend**

Entry fee \$5

Proceeds to CanAssist

Drinks and Finger Food from 6 pm

Official Opening 7 pm

Guest of Honour

Pam White

Cnr Louise O'Leary unveiling restored Council Photographs

Sing Australia Performing



21 June 2017

Aboriginal Youth Workshop

Aboriginal Affairs would like to invite you to attend the Aboriginal Youth Workshop to be held in Parkes on the 21st of June 2017 at the Coventry Hall Parkes. This will provide an opportunity for the Aboriginal Youth across the 4 communities Condobolin, Parkes, Forbes and Peak Hill to come together to discuss a range of topics and issues that focus on Aboriginal youth and Culture and to inform you about local and regional services in your area

Guest Speaker

Lucky Door
Prizes

Workshops

Cultural Activities

Information Stalls

Please contact
Katherine Milgate
Phone: 0268874409

E-mail:
katherine.milgate3@det.nsw.edu.au



Uniting

Peak Hill's 44th Annual Arts and Craft Exhibition

June Long Weekend

10 - 11 June 2017

Come along to see a wonderful display of local arts and crafts. Displays, stalls and demonstrations are at two locations in the main street.

Leisure Centre and Southern Cross Hall on the Newell Highway

Displays

Patchwork * Embroidery * Folk Art * Glass slumping
* Knitting * Paintings * Artworks * Fabric crafts * Poetry
* Handmade cards * Local produce and crafts for sale
* Wood turning * Photography * District artists * Herbarium

Demonstrations

* Card making * Poverpol * Spinning and weaving * Bee-keeping
* Artist-in-Residence * Machine embroidery

Admission \$2 at each venue

9.30am - 4.00pm Sat & Sun

Devonshire Teas and Homemade Soups
available at the Leisure Centre

Light Refreshments and a BBQ at the
Southern Cross Hall

Official Opening

Friday Night 9 June at 6.00pm

at the Peak Hill Leisure Centre



Patchwork Quilt and other Raffles

Enjoy great small town hospitality!

Peak Hill Leisure Centre Arts and Crafts

Peak Hill's 44th Annual Exhibition

Displays of members' work including Folk Art, Patchwork,
Card Making, Paintings, Crafts, Glass Slumping and Fabulous Raffles
People's choice voting!

At the Leisure Centre

Maria Harrison - Card making

Val Fitzpatrick - Water Colour with texture

Cobar Patchwork - Patchwork kits and fabrics

Ruth and Judi Unger - Machine Embroidery & Herbarium

Parkes Dolls - Porcelain Dressed Dolls

Devonshire Tea and Soup

At the Southern Cross Hall

Gavin Coote - Artist-In-Residence

Kim Willoughby - Poverpol

May Chandler and Dawn Armstrong - Cards

Jo Thomas - Spinning and Weaving

Maggie Gordon - Poetry

Yvonne Fee - Embroidery and Knitting

Rod and Sharon Ward - local Artists

Gordon Ingram - Local Beekeeper

Sharon Nagy - Woodwork

Maureen Bourke - Knitting and Crochet

Susan Carter - Cooking

Carol Lee and Ann Jackson - Homecrafts

Artwork Exhibition

BBQ and refreshments

2017 School Levies and Charges

Each year our school seeks your support through a general levy and specific course charges which contribute towards the costs of the many materials used by our students in their school activities.

These contributions are an essential part of our school budgeting. Without this levy, many materials which our students use on a day to day basis could not be provided, would have to be charged on an individual basis or provided from home. Experience has shown that bulk purchase of materials by the school for both general materials,

consumed by students on a day to day basis and for materials required for practical subjects, is far cheaper and more convenient for parents.

We can make provision for you to make part payments of school levies and charges over each term.

We would be grateful if you could assist our school by arranging for payment of these contributions, so that we can continue to offer our students the best possible resources to assist in their education.

Year	Purpose	Charge
Kindergarten – Year 4	Performances	\$10.00
	Classroom Materials	\$10.00
	Maths/Technology/Craft	\$10.00
General Levy Secondary	1st Child	\$30.00
	2nd & Subsequent Child	\$20.00
Years 5, 6, 7 & 8	Agriculture Semester 1	\$25.00
	Food Technology Semester 1	\$50.00
	Timber Semester 2	\$25.00
	Art Semester 2	\$25.00
	Stage 5 Food Technology	\$120.00
Years 9 & 10	Stage 5 Design & Technology	\$50.00
	Stage 5 Timber	\$120.00
	Stage 5 Metals	\$50.00
	Stage 6 Metals and Engineering	\$120.00
	Stage 6 Construction	\$120.00
Years 11 & 12	Stage 6 Yr 11 Hospitality	\$165.00
	Stage 6 Yr 12 Hospitality	\$165.00
	Stage 6 Yr 11 Food Technology	\$120.00
	Stage 6 Yr 12 Construction Major Work	Own Expense
	Stage 6 Yr 11 & 12 Worplacement	\$150.00/placement
	Students studying a subject through Dubbo School of Distance Education incur course costs of \$95.00 per subject per year.	