



# Peak Hill Central School Newsletter

***We are a Respectful, Responsible, Safe and Successful School***

Caswell Street, PEAK HILL NSW 2869

P: 02 6869 1304 E: [peakhill-c.school@det.nsw.edu.au](mailto:peakhill-c.school@det.nsw.edu.au)

W: [www.peakhill-c.schools.nsw.edu.au](http://www.peakhill-c.schools.nsw.edu.au)



## Tech Savy Elders



On Wednesday 21 March the State Aboriginal Education Consultative Group conducted a Technology learning day for Community Elders. Peak Hill Central School students were invited to participate and help/guide the Community Elders.



**THE RACE IS ON  
TO COLLECT  
VOUCHERS**

[Find out more](#)

## Coles Sports for Schools

Peak Hill Central School is registered for the Coles Sports for Schools program. This program allows your School to purchase much needed sporting equipment based on the number of vouchers donated to us by the community. Your school would be very grateful for any vouchers donated. The School has a collection box located at Coles in Parkes and Narromine or vouchers can be dropped into the School office.





#### Principal

Mr Scott Olsson

#### Head Teachers

##### Secondary Studies

Mr Jeremy Whiterod

Mrs Catherine Doyle (Rel)

##### Administration Manager

Mrs Tanya Stanford

##### Aboriginal Education Officer

Mrs Vicki Sharah

##### Assistant Principal

Miss Grace Stewart

##### Head Teacher

##### Access

Mrs Crystal Stanford

##### In School Access

##### Coordinator

Mrs Catherine Doyle

#### P & C 2018

##### President

Ms Kim Dern

##### Vice President

Mrs Kelly Dart

##### Secretary

Mrs Loedicia Strahorn

##### Treasurer

Ms Tammy Gavin

## Principals Message

Congratulations to all the staff and students involved in the NARRAF Gala Day. It was great to see students participating with tremendous team spirit in cricket and t ball. Thanks to Miss Heraghty for her organisation of the day, the secondary helpers and P and C for the BBQ.

Well done to our lawn bowlers who played Dubbo Senior College in the knockout phase, unfortunately we didn't win and wish James all the best at Western trials. Thanks to the Peak Hill Bowling Club for having the greens in excellent condition.

It was such a privilege to be selected to host the Tech Savvy for Elders program. Thanks to Vicki Sharah and Sandra Naden for liaising and coordinating the day. It was fantastic to see so many people come to our great school and have a wonderful experience. It was hard to tell who enjoyed it more, the elders or the students, it was a fantastic event.

Congratulations to Catherine Doyle and Pam Keed for the running of the Marang Dhali cooking class. It has been great to interact with young people in town and see them develop skills. The food has been delicious and even talk now for term 2 of how we could run a Young Blokes workshop class involving construction and metals and engineering.

The 5/6 class have been accessing the Neighbourhood centre and I thank the team at the hub and the members of the community that are leading the learning and sharing stories and experiences. Thanks to Miss Ross for organising these valuable experiences.

This week some Secondary staff have been undertaking professional learning in "The Esteem Project" with Joe Gibara. It has been a time of reflection, reinvigorating and developing our skills in the area of esteem so that we can be better individuals, teachers and learners.

Part of our strategic direction is looking at Leaders, Dabaamalang, Mob of people. I feel very passionate about the community and how you can help the school and how the school can help the community. I have sent out a challenge to every NRL club, 2 AFL clubs to stand with Peak Hill Central School to believe in our PBL values of Respect, Responsibility and Safe and Successful. I have also asked them to stand with us to have No violence, No bad language, No Bullying, No harassment, No Racism and No Threats. There are some examples in the newsletter and on Facebook. It has been great that we have had the team at the neighbourhood centre and I challenge other community groups to stand for the same, Peak Hill Roosters, The League Tag, Rural Firefighters, Police, Church groups, Lawn Bowlers and Show society to just name a few. One of the best I have had so far and they are holding up a sign "I stand with Peak Hill Central School" is the Australian Mens Hockey Team the Kookaburras. The photo was taken in the Commonwealth Games village where I am positive that they will win gold and the athlete holding the sign Lachlan Sharpe will score plenty of goals. If you wish to stand with the school and community please feel free to send me a photo and I will add to template and put on display.

We have the Easter long weekend coming up so please travel safe and look after yourselves and we look forward to working together when students and staff return on Tuesday. It still is nice that the Dragons are leading the comp so hopefully that continues.

Lastly, I have sent this to staff and happy for your feedback also as students and parents.

As you know I am always learning and want to get better in my role. I would like you to respond either via email, [peakhill-c.school@det.nsw.edu.au](mailto:peakhill-c.school@det.nsw.edu.au) , or anonymously if easier to these questions.

1. On a scale of 1 - 10 what has been your experience of my relationship/service/leadership as Principal since the start of this year

2. What positive thing did I do to get that rating?

3. If I didn't get a 10 what would it take to make it a 10

I look forward to your feedback and enjoy the Easter break.

Scott Olsson



# School Diary

Term 1 2018	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 10</b> 2 Apr to 6 Apr	Easter Monday Public Holiday	HSC Half Yearly Exams	HSC Half Yearly Exams	HSC Half Yearly Exams Marang Dhali Eating Well	HSC Half Yearly Exams
<b>Week 11</b> 9 Apr to 13 Apr	Parent /Teacher Afternoon tea 3.30pm in the School Library	Year 9 Future Moves Excursion to CSU Dubbo Campus	Cross Country	Rewards Excursion CHS Rugby League Trials	Rewards Excursion
<b>Term 2 2018</b> <b>Week 1</b> 30 Apr to 04 May	School Development Day	Students return for Term 2			
<b>Week 2</b> 07 May to 11 May					
<b>Week 3</b> 14 May to 18 May	School Photos	NAPLAN	NAPLAN	NAPLAN Belrose Rotarian Visit	Belrose Rotarian Visit Walk Safely to School Day

## Primary Assembly Week 7



### Congratulations

Winners of our Good Listening Award

Ben Ridgeway-Dreier, Janarly Thomas, Tyrelle Wright & Haley Charlton



### Congratulations

Students of the Week

Eva Strahorn, Charlee Beeby, Shaquillie Buchanan & Jada Redpath



### Congratulations

PBL Winners

Shaquillie Buchanan & Brock Rez



### Congratulations

Shelby Dargan

Recipient of our Kindness/Virtue Award



### Congratulations

Winners of our Certificate of Excellence Award

Zane Pearson-O'Brien, Missy Beeby, Cieanna Cohen, Molly Barlow, Hayley Charlton, Lillianna Bendeich, Brooklyn Rez, Aarna Patel, Cody Wright, Caleah Charlton & Lochlan Hawksworth





## Primary Assembly Week 8



Congratulations

Winners of our Certificate of Excellence Award

Week 8

Traye James, Jock Strahorn, Gabrielle Thomas-Dargan, Brock Rez, Taliyah Keed-White, Ruby Bell, Kodei McMaster, Axel Hill, Jaleah Dargan & Janarly Thomas



Congratulations

Winners of our Good Listening Award

Week 8

Brooklyn Rez, Jackson Leedham & Jaylee Robinson



Congratulations

Bailey Dart & Jackson Leedham

Recipient of our Kindness/Virtue Award  
Week 8



Congratulations

PBL Winners

Week 8

Adrian Bell & Lillianna Bendeich



Congratulations

Students of the Week

Week 8

Sarah Charlton, Kaidyn McMaster, Lilly Gavin & Izayah Reid-Hando



Congratulations

Secondary

Students of the Week

Hunter Judd, Samuel Gregson, James Robinson & Lauren Hando

## 3/4 Drop and Read Time

We have introduced Drop and Read time after recess and lunch as a cool down from playing outside. The children have loved laying on bean bags and pillows and enjoying their favourite books from the reading corner.

Miss Heraghty





### 3/4 Maths

During Maths this term, Stage 2 have been using dice games to help build their strategies in subtraction. They have also been working on length using rulers and trundle wheels. Students worked in groups and selected distances around the school to measure using their trundle wheel.

Miss Heraghty



### 3/4 at the NRL Clinic

All students in year 3/4 enjoyed the NRL clinics on a Friday. They developed a range of skills and participated in drills and games. I'm sure we have some future NRL stars in the making.

Miss Heraghty





### 3/4 at the NRL Clinic Continued



### Gobondery NARRAF Gala Day





## Gobondery NARRAF Gala Day Continued



## Head Lice Treatment Options Information for Parents and Carers

### Mechanical removal

Mechanical removal involves applying normal hair conditioner to dry hair. After covering all of the hair with the conditioner untangle it using a normal comb and separate the hair into sections. Then use a fine long toothed metal lice comb to comb through the hair in sections. The conditioner doesn't kill the lice but it stuns them for about 20 minutes making it easier to remove them. The lice comb will remove nits (eggs) and the stunned lice. Wipe the comb on a white tissue and check for any lice or nits. Keep combing until no more appear on the tissue. This method should be used every second day until none remain (usually about 7 to 10 days).

This method is the preferred way to treat head lice because it is effective, does not contribute to insecticide resistance in head lice and also has a low risk of skin irritation.

The mechanical removal method also helps manage head lice before they become established on the head. Keep a good head lice comb in the shower and every time your family washes their hair comb through with the lice comb. This makes sure the lice are caught before they lay too many eggs.

If your children are old enough to wash their own hair encourage them to use the comb themselves. Or keep the comb handy to where you wash your children's hair and use it every time you wash their hair.

### Chemical removal

If you choose to use a chemical treatment, remember to follow the instructions carefully. Don't be tempted to re-apply the same chemical treatment if it doesn't appear to be working. Instead change to another treatment that uses a different chemical compound or use the comb and conditioner method. You must repeat the treatment in 7 days to kill any newly hatched eggs. You will also need to use a lice comb to make sure the treatment is working. If you find dead lice the product has worked. If you find live lice, the treatment has not worked.

When your child is free of lice and nits, remember to check regularly with a fine toothed lice comb and conditioner. Early detection and treatment will prevent re-infestation of family members and classmates.

### What to do about bedding and clothing

Research suggests that bed linen, hats, clothing and furniture do not harbour or transmit lice or nits and that there is no benefit in washing them as a treatment option. Nits and lice only live on the human head. They quickly dehydrate and die if removed from the head.

## Thank You from PHCS Breakfast Club



Peak Hill Central School  
would like to thank  
Woolworths  
Supermarkets  
for their continued  
support of the Schools  
Breakfast Program.

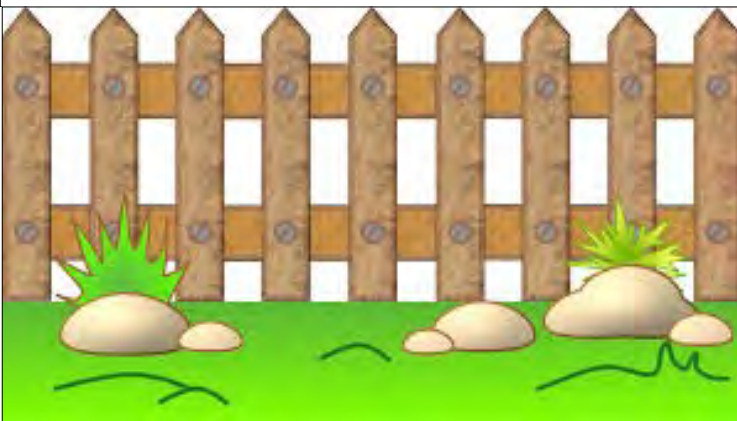


Peak Hill Central School  
would like to thank  
Coles Supermarkets  
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Breakfast Program.

## WAP Primary Industries Fencing

WAP Primary Industries completed fencing for several small paddocks in the Yeoval Central School Ag plot. Students demonstrated their ability to swing gates, tie 'end assembly', 'figure 8' and 'double loop' knots in barbed and prefab netting wires and dig strainer post holes with a crow bar. We also installed a set of practice strainer posts for students practice building, repairing and pulling down fencing without affecting the function of the paddocks. Students committed for a big day and had an experience of work as tough, but fun. Looking forward to livestock next term!

Mitchell McAlister





## School Photos 14/05/2018

### Advanced Life Photography

### School Photography Date

**14/05/2018—Online Order Code: XEE ZKC P5R ([www.advancedlife.com.au](http://www.advancedlife.com.au))**

Dear Parents,

School photography day is coming up very soon. Group and portrait photographs can be purchased by following the link above or by using the envelope.

Important Information:

- School photos purchased online DO NOT require envelopes returned to school\*
- Don't forget to order your sibling photos now
- Late fees/additional charges will be applied for purchases after photo day
- Photos will be returned to your school for distribution approximately six weeks after photos are taken
- Past years' photographs including sports, co-curricular and representative groups available at school's Advanced life & your Advanced you photo sites.

\*Sibling photographs must be ordered either online or by order envelope prior to the day of photography. A photograph will not be taken without an order. Sibling photographs only apply to children enrolled at the school.

Advanced life would like to express our appreciation to PEAK HILL CENTRAL SCHOOL for placing your trust in us. Please remember we offer a 100% money back guarantee on our products to ensure your peace of mind.

## Early Action for Success

Helping your child work out tricky words is easy with this effective technique. The 'Pause, Prompt, Praise' method or 'The Three P's' allows you to assist your child with tricky words while teaching them how to self-monitor and correct themselves while reading. Here's how...

Firstly, **set aside ten minutes** of distraction-free time to listen to your child read. **Sit next to your child** so you can read the book as well. Make sure the book they want to read is appropriate for their reading level.

### Pause

Wait quietly while your child attempts to read the words on the page. If your child is struggling to work out what a word is, pause for 5 seconds to let them figure it out for themselves.

### Prompt

If they still haven't worked out the word after 5 seconds, 'prompt' them with a couple of suggestions on how they could figure out the word, such as:

do they recognise any of the letters in the word and can they say the sounds that go with them?

can they break the word up into chunks, for example 'can-dle'?

can they try reading again from the start of the sentence, or continue reading the rest of the sentence? (This way they will see the context the word is in and it might help them to understand what it is.)

are there any clues from the pictures? For example, if your child reads "The man put a hat on his head", you could say "I don't think the word is 'mean', look at the picture, who has a hat on his head?" or Does that make sense?

If your child still has troubles with the word after two 'prompts', say it for them and encourage them to move on with their reading, "The word is 'man', let's keep going."

### Praise

Support your child's reading with positive reinforcement. Saying things like "Your reading is getting so much better, I'm really proud of you!" boosts your child's self-confidence and will help them improve.

Try to make this special reading time with your child enjoyable. Talk about the book with your child. Discuss the characters, plot and pictures as this will help boost their reading comprehension and help them develop a love of reading.

Taken from <https://www.learningpotential.gov.au/pause-prompt-praise-for-working-out-tricky-words>

Amanda Crain (Instructional Leader)



EAfs Fortnightly Star



The whole of ½ for attending to and listening to a story so beautifully



# EVERY DAY COUNTS....

A day here or there doesn't seem like much, but...

When your child misses just...	that equals...	which is...	and therefore, from Kindy to Year 12, that is...	This means that the best your child can achieve is...
1 day each fortnight	20 days per year	4 weeks per year	Nearly 1 ½ a years of school	Equal to finishing Year 11
1 day a week	40 days per year	8 weeks per year	Over 2 ½ years of school	Equal to finishing Year 10
2 days a week	80 days per year	16 weeks per year	Over 5 years of learning	Equal to finishing Year 7
3 days a week	120 days per year	24 weeks per year	Nearly 8 years of learning	Equal to finishing Year 4

*Give your child every chance to succeed...*

**Every day counts!**



## Community News



### YOUTH WEEK NEON DISCO

Friday 13 April 2018  
Parkes PCYC, Pearce Street  
7pm - 9pm

The 2018 Youth Week Neon Disco is an alcohol and drug free event for Parkes Shire high school students in Years 7 to 12.

FREE Entry - Register for your free general admission disco ticket via  
[www.parkes.nsw.gov.au/youth-week-neon-disco](http://www.parkes.nsw.gov.au/youth-week-neon-disco)

**DJ + FREE BBQ + GIVEAWAYS**

FREE Bus Service - A free return bus service will be running from Alectown, Bogan Gate, Peak Hill, Tullamore, and Trundle. Bus timetable and tickets available via  
[www.parkes.nsw.gov.au/youth-week-neon-disco](http://www.parkes.nsw.gov.au/youth-week-neon-disco)



### AUTISM INFORMATION GATHERING

**WHEN:** Wednesday the 28th March 2018

**WHERE:** 17 Church Street Parkes - Centacare Parkes

**TIME:** 10:00pm - 1:00pm

**WHO:** Parent/Carer Session

EXPRESSIONS OF INTEREST: Please contact Tracey Newman

on 0438 733 381 and Fiona Glasheen or Vanessa Smede on 02 68635426

**COME ALONG AND HAVE A CUPPA**

**WE HOPE TO SEE YOU THERE**

**MORNING TEA WILL BE PROVIDED**

JOANNA (EARLY DAYS) WILL BE THERE FROM AUTISM SPECTRUM AUSTRALIA WITH INFORMATION AND WILL ANSWER ANY QUESTIONS YOU MAY HAVE

FOR MORE INFORMATION, PLEASE CALL 02 8977 8353 OR EMAIL

[edworkshops@autismspectrum.org.au](mailto:edworkshops@autismspectrum.org.au)

The NSW Early Days Program is funded by the Department of Social Services(DSS) under the Helping children with autism package



## Community News



We are pleased to advise that your local Peak Hill Vinnies Centre/Shop will be extending operating hours.

The Centre will continue to operate Tuesday and Thursday 9am to 4.00pm, however, commencing 7<sup>th</sup> April will now operate on Saturday mornings 9am to 12 noon.

Our volunteers look forward to welcoming you to their Centre.



### NOMINATE A SPORTS VOLUNTEER – YOUTH & OPEN CATEGORIES

Summer may be over but appreciation for summer sport volunteers isn't!

Say thank you to a special volunteer that made summer sport possible with the Volunteer Sporting Spirit Award, where winners receive \$250 toward a sports development course or program endorsed by Office of Sport.

Tell us why your volunteer should receive the award in 150 words by Friday 13 April to go into the running:

[sportandrecreation.nsw.gov.au/clubs/volunteer-award](http://sportandrecreation.nsw.gov.au/clubs/volunteer-award)

**Rotary**  
District 9670



Youth Exchange  
Program Long Term

# WE NEED YOU!



The Committee urgently needs your support to ensure this great program continues to develop in this District

**You can help by**

- Your club hosting an inbound for the 2018/19 Rotary Year
- Acting as a host family or sourcing other host families
- Finding students to become exchange students



Please Contact:  
Please contact David Roach,  
Chair of the YEP Committee,  
NOW on:  
Mobile: 0428338489  
Email: [yezfidan@outlook.com](mailto:yezfidan@outlook.com)



As part of the \$60 2-day entry you get to attend:

**Friday night:** Art Exhibition opening and entertainment at the Showground with Fish and Chips available and Tully's Tavern open for business. Maria Forde will be singing in the Assumption Catholic Church at 8pm. Entry is \$20 as this is a separate ticketed event.

**Saturday 31<sup>st</sup> March** – The street parade is back, commencing at 10:30am and progressing to the Festival Venue at the Showground. Take the kids for free and enjoy the Irish entertainment, including Blackwater Irish Band, Maria Forde, Barley Shakes, Steve Passfield and Irish dancers. As well we have the Art Exhibition, shearing displays, Zany Yare Circus Troupe workshops, wacky Irish merchandise and T-shirts, the chance to win a great prize for being the best dressed in green, lots of children's rides and new fun activities, market stalls to browse, plus P & C barbecue and Guinness pies, assorted food vans and Tully's Tavern open for business.

And of course, on Saturday, our feature artist, John Williamson, will be appearing on the main stage with his all Australian Concert at 6pm.

Looking forward to joining in with Tullamore businesses who are providing entertainment, meals, food and snacks, and genuine country hospitality to our visitors over the Easter Weekend.

Check our website for details:

[www.tullamoreirishfestival.com.au](http://www.tullamoreirishfestival.com.au)

Tullamore Irish Festival Committee

### FREE Easter hat parade and treasure hunt in Peak Hill

Easter Saturday 31st March at 10am

All ages welcome to join in

Please meet at the Coffee/Antique shop

Anyone that would like to play music is welcome

If anyone would like further information please call

Toni Francis 6869 1236





## P & C Hoodie Fundraiser

The PHCS P&C Association is having a

### HOODIE FUNDRAISER

**ONE ORDER ONLY  
FOR 2018**

**All Sizes \$40**

*Don't Miss Out*  
Orders need to be in  
by **April 6th 2018**

No late orders will be  
accepted

***Orders without payment will  
not be processed***



*Orders can be left with Kim in  
the school canteen*

## Hoodie Fundraiser

Student Name: \_\_\_\_\_ Date: \_\_\_\_\_

Size/Quantity: 4 \_\_\_\_\_ 6 \_\_\_\_\_ 8 \_\_\_\_\_ 10 \_\_\_\_\_ 12 \_\_\_\_\_ 14 \_\_\_\_\_ S \_\_\_\_\_ M \_\_\_\_\_ L \_\_\_\_\_ XL \_\_\_\_\_ 2XL \_\_\_\_\_  
3XL \_\_\_\_\_ 4XL \_\_\_\_\_ 5XL \_\_\_\_\_

\$40.00 each x \_\_\_\_\_ = \$ \_\_\_\_\_

Payment Enclosed: Cash \_\_\_\_\_ or Cheque \_\_\_\_\_

Parent/Carer Name: \_\_\_\_\_

Parent/Carer Signature: \_\_\_\_\_

Phone Number: \_\_\_\_\_

