



Peak Hill Central School Newsletter

We are a Respectful, Responsible, Safe and Successful School

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Friendship Lunch

Last Friday K/1 went to Koinonia House to read some books and sing some songs at the friendship luncheon. Students enjoyed practising their reading skills as well as eating the yummy fairy bread. We would like to thank Pam Bell for her organisation.

Miss Stewart





Principal

Mr Scott Olsson

Head Teachers

Secondary Studies

Miss Lucy Dempsey (Rel)

Mrs Catherine Doyle (Rel)

Administration Manager

Mrs Tanya Stanford

Aboriginal Education Officer

Mrs Vicki Sharah

Assistant Principal

Miss Grace Stewart

Head Teacher

Access

Mrs Crystal Stanford

In School Access

Coordinator

Mrs Catherine Doyle

P & C 2018

President

Ms Kim Dern

Vice President

Mrs Kelly Dart

Secretary

Mrs Loedicia Strahorn

Treasurer

Ms Tammy Gavin

Principals Message

Congratulations to the students, staff and community members who have made term 2 a success. We have had plenty of positive stories this term and it has been great to see attendance rates increase, academic growth increase, teacher quality increase and more smiles on faces. Our PBL values of Respect, Responsibility, Safe and Successful have never been more demonstrated in my time at Peak Hill.

School photos have been sent home along with the half yearly reports. These are always a great time to reflect on and set more goals for semester 2. It is also a fantastic time to recharge the batteries and enjoy the holiday break. Our Year 12 have 1 more term left to complete their HSC, our year 6 have only 100 school days left of being a Primary student.

Thanks to all that have made the term great the staff will be attending professional learning on Monday 23rd July and all students start back on Tuesday 24th July. I look forward to celebrating many more successes next term and wish you all a safe and happy holiday break.

Mr Olsson

Chilly Mornings

The Schools Library has been opened prior to the start of School on cold mornings to help keep our students warm and entertained.



Watch This Space

Tell Them From Me Survey

Tell Them from Me is an online confidential survey which helps schools capture the views of students, teachers and parents. It provides schools with useful information and data for school planning, self-assessment and external validation using the School Excellence Framework. Survey data is made available to schools 3 business days after close of the survey, providing a real time picture of their community's views.

Peak Hill Central School would like to encourage the School Community to participate in this survey process. The survey will be open on Term 3 Week 6 and will close Term 4 Week 2.

As we draw closer to the dates your School will advise how Parents and Students will be able to access and complete the survey.

School Diary

Term 1 2018	Monday	Tuesday	Wednesday	Thursday	Friday
Week 10 02 July to 6 July				Parent Teacher Interviews K to 12	Primary PBL - PJ Day
Term 3 Week 1 23 July to 27 July	School Development Day	Students Return	2pm: WAP Course Information Session for Year 11 2019		
Week 2 30 July to 03 Aug					
Week 3 06 Aug to 10 Aug				Parkes Shire Drivers Ed Year 10	
Week 4 13 Aug to 17 Aug			Education Week BBQ and Open Classrooms		Book week Parkes Shire Mock Crash at Parkes Shire
Week 5 20 Aug to 24 Aug			Peak Hill Show Day	Year 6 Future Moves Visit to CSU Dubbo	
Week 6 27 Aug to 31 Aug	Tell Them From Me Survey Opens				Footy Colours Day

Sensory Room

Our Sensory room ('the best room in the school') is providing opportunities for children to actively use their senses as they explore their world through 'sensory play' which is crucial to brain development – it helps to build nerve connections in the brain's pathways. Our students enjoy all types of activities ranging from blowing bubbles, playdough to deep pressure and movement activities.

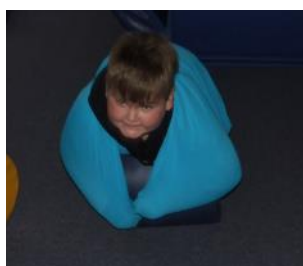
This leads to a child's ability to complete more complex learning tasks and supports cognitive growth, language development, gross motor skills, social interaction and problem solving skills.

As children develop trust and understanding of this texture it helps build positive pathways in the brain to say it is safe to engage with this food. Sensory play literally helps shape what children believe to be positive and safe in the brain. Ultimately, shaping the choices children make and impacting behaviour

Here are 5 reasons why sensory play is beneficial:

1. Research shows that sensory play builds nerve connections in the brain's pathways, which lead to the child's ability to complete more complex learning tasks.
2. Sensory play supports language development, cognitive growth, fine and gross motor skills, problem solving skills, and social interaction.
3. This type of play aids in developing and enhancing memory
4. Sensory play is great for calming an anxious or frustrated child
5. This helps children learn sensory attributes (hot, cold, sticky, dry)

Ms Barnes



Week 8 Student Awards



Congratulations

Primary

Good Listening Award - Willo McLachlan, Kaidyn McMaster, Cody Wright, Brooklyn Rez & Jaylee Robinson

Student Of The Week - Shanekwar Wright, Henry Stanford, Ethan Ridgeway-Dreier & Kodei McMaster

PBL Winners - Zane Pearson-O'Brien & Sebastien Leonard

Recycling Award - 3/4

Merit Award Winners - Brent Murray, Jock Strahorn, Jono Dargan, Lillianna Bendeich, Emma Beeby, Bobby Wright, Billy Pearson-O'Brien, Rose Beeby, Brooklyn Rez, Zane Pearson-O'Brien & Bailey Dart

Secondary

Student Of The Week - Summah McMaster, Regan Barlow, Bayn Schnitger & Tijuana Keed



Week 9 Student Awards



Congratulations

Primary

Good Listening Award - Emerald-Rose Leonard, Eva Strahorn, Mollie Barlow & Calyssa-Lee Cohen McNeill

Student Of The Week - Lillianna Bendeich, Zac Read, Aarna Patel & Jaylee Robinson

PBL Winners - Calyssa-Lee Cohen McNeill & Jaylee Robinson

Recycling Award - 5/6

Merit Award Winners - Bailey Dart, Isabella Read, Calyssa-Lee Cohen McNeill, Kale Cohen, Kodei McMaster, Michael Redpath & Georgia Saddler-Keed

Thank You Natalie and Sarah

Shanekwar Wright presented Natalie Davis and Sarah Charlton with a thank you gift for all of their hard work as our School Leaders. Well done Natalie and Sarah



Primary Sandpit

Recently a group of our Secondary students constructed a sandpit as a gift to our Primary students. The sandpit has been a great success and as you can see from the picture below we have not as yet counted exactly how many students we can fit in at the one time but its ALOT!



Chess Club

Mr Kunkel recently started a chess club at our School. The School has purchased chess sets and a large chess set with students enjoying competitions during Recess and Lunch.

Chess helps to build mental clarity and mental dexterity which is required for solving problems, analyzing consequences, and formulating future tactics. Children playing chess from an early age exhibit extraordinary memory skills. Chess also helps in improving concentration and academic performance of children.

It is also fun.



Stephanie Alexander Garden

The Stephanie Alexander Garden is a primary based program emphasizing the flavours as well as the health benefits of fresh seasonal food. Our students learn to grow, clean and prepare the produce and enjoy eating it together.

Our School would like to thank Bunnings Forbes for donating the plants, irrigation and for their staff participation in planting and setting up the irrigation.

Bunnings will be back later in the year to assist in the planting of our summer plants.

Mr Cain



5/6 Boys Literacy Group

Our Aboriginal Education Officer Mrs Sharah and the 5/6 Boys literacy group practiced their writing by creating a procedure for making a toasted sandwich. The boys were then rewarded for their excellent work by making the toasted sandwiches using the procedures they had created.

Cheese Toasty

1. YOU PUT THE CHEESE ON THE BREAD
2. THEN YOU PUT IT IN THE GRILL
3. COOK UNTIL THE CHEESE IS MELTED

Trai

Cheese Toasty

1. Get two pieces of bread
2. Butter the bread
3. Put cheese on bread
4. Put it on the grill and cook until the cheese melts.

Shelby



Cheese toasty

1. YOU GET YOUR BREAD
2. GET THE CHEESE
3. GET BUTTER (OPTIONAL)
4. PUT CHEESE ON BREAD
5. PUT ON GRILL.

BOBBY



Cheese toasty

1. You put the cheese on the bread.
2. Then you put it in the grill.
3. Cook until the cheese is melted.
4. Then you eat it up.

Breck



Cheese toasty

1. Butter two slices of bread.
2. Slice up the cheese and put on the bread.
3. Put the bread under the grill.
4. Cook until the cheese melts.



Dingo Bingo

School Learning and Support Officer Kelly Dart works with one of our literacy groups playing Dino Bingo. This game is a fun way for students to recognise and learn high frequency words.



Kindergarten/Year 1

During PE with Mr Wood Kindergarten and Year 1 enjoyed doing some Soccer drills as well as playing games of Pacman and Bullrush

Mr Wood



Open Girls Netball

The Open Girls Netball Team travelled to Dubbo to compete in the Western Schools Open Day. The students played extremely well and demonstrated excellent sportsmanship. Their games were all very close, only going down by a few goals. Congratulations girls.



Stage 2

This afternoon Stage 2 walked to the post office to post their letters. They have been learning about their address and how to address an envelope. Parents would have received the letters in their mailboxes.

Miss Heraghty



7s Under 14 Rugby League

The U14s League 7s team travelled to Dubbo to compete in the Western Schools Open Day. The boys played hard all day, coming away with one win. They demonstrated excellent sportsmanship, and never gave up. Some of the students had never played rugby league before so this was a huge achievement. Congratulations to Roy and Zak who led the team and showed excellent skills and sportsmanship.



Year 8 & Stage 5

Year 8 are making a creamy bacon pasta and Stage 5 are busy helping bake lasagne and banoffee pies for the Year 12 Hospitality Day



Year 8 & Food Tech Baking Magic

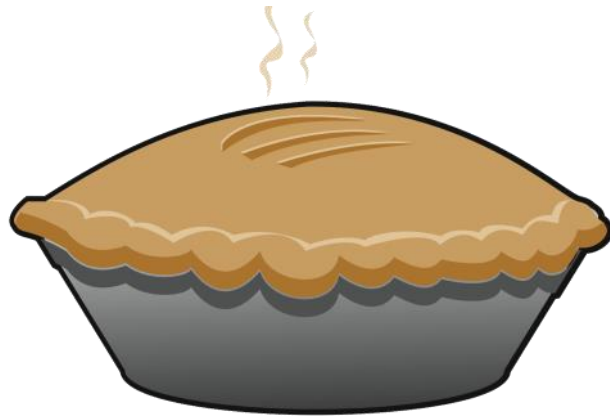
Baking Magic at PHCS

Year 8 & Food Tech created and baked the most perfect pies ever. You really are Masterchefs. Well done to each of you.

In another lesson they baked sausage rolls. They were beautifully made and very tasty.

Well done.

Miss Doyle



Stage 3 Science

State of Matter

In Science Stage 3 students investigated what happens when you add vinegar to bi-carb soda? English and mathematics links were also covered with students writing a procedure and timing how long the mixture fizzed for. Team building skills were implemented and quality discussions were shared about their findings.

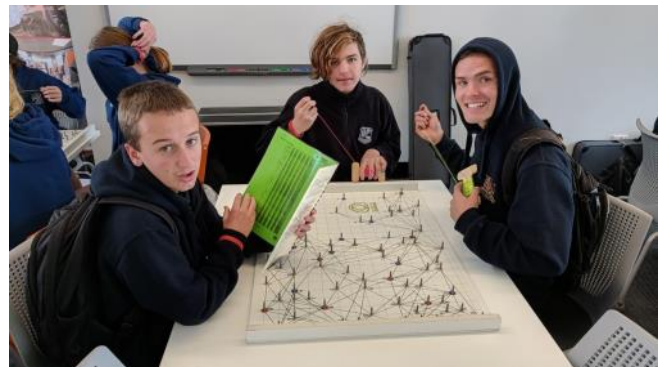
Miss Ross



Science and Engineering Challenge

Congratulations to our students that travelled to Dubbo to compete in the Science and Engineering Challenge. Our students enjoyed the day and came 6th in the competition.

Well Done



Year 11 Chemistry Study Day

The Year 11 Chemistry study day at Peak Hill today had our skilled scientists completing some practicals testing the reaction of acids with metal compounds and the decomposition of compounds. The students also completed some revision in preparation for their half yearly in class test next week.



Western Access Program

Study Day Survey

The Western Access Program is currently seeking feedback from all staff, parents and students in Years 11 & 12 regarding their participation in Study Days. Please voice your opinion by clicking on the link below and completing the short survey by Friday 03 August 2018.

We thank you in anticipation.

<https://goo.gl/forms/MSNTuhzWfMW8Bbh53>

Attention Parents/Carers/Year 10 Students

COURSE INFORMATION FOR YEAR 11 2019

We will be holding an information session for all Parents, Carers and Year 10 students on Wednesday 25 July at 2pm.

This session will provide you with information on **NESA requirements**, the **subject selection process** and **studying** through the Western Access Program (WAP). All resources presented will be available should you be unable to attend.

Stage 5 Agriculture Assessment Day

On Thursday 21 June our Stage 5 Students and Jade Gavin visited Bulgandramine Farm to practice their livestock handling and husbandry skills. Our thanks to Ray Cannon who gave his time to help our students.

Mr McAlister



Stage 4 Blue Poetry

Stage 4 Blue English have been exploring poetry this term. They have written a portfolio of different types of poems, from acrostic poems to haiku, from alphabet poems to blackout poetry.

Last week the class spent time exploring where inspiration for poetry comes from. We used pictures from the website <http://www.pobble365.com/> to inspire a collection of words - nouns, adjectives, verbs, adverbs, pronouns and conjunctions - which students wrote on small pieces of coloured paper.

They then 'curated' their words, selecting their favourite sounding words to stick to a collection of multi-coloured wooden tiles. All the tiles were collected and the class formed 'Poetry Teams', then each team was given a random selection of words. From these words the 'Poetry Teams' collaborated to construct a group poem.

In the final stage of the lesson, students 'installed' their poems in interesting spaces throughout the school, taking pictures of the final product to add to their portfolios.

The process of making poetry physical was enjoyed by all students, and the poems they created were interesting and beautiful. Look out for the anthology of Stage 4 Blue's best poetry from this term!

Ms Gleeson
English Teacher

HSC Hospitality Assessment Day



On Wednesday 27 June students from the Western Access Program Schools gathered at Peak Hill Central to participate in a HSC Hospitality Day. Staff and visitors could order food and either have as takeaway for sit down meal. Students represented their School successfully.



Year 12 Senior Science & Year 11 Agriculture Practical Day



Students from all schools across the Western Access Program joined teachers at Tullamore Central School for a Lab practical day. Students in Senior Science completed dissections of hearts and examined the effects of exercise on pulse rates and blood pressure. They also constructed model heart valves to show how these work. Students in Agriculture consolidated their learning of plants, their structures, function, types of germination and how plants reproduce through vegetative cuttings.

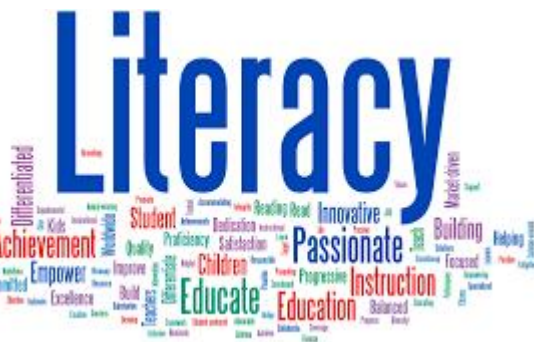
Thank you to our students for a wonderful day and to the parents and teachers that transported students to facilitate this learning event.

Miss Shankelton & Miss Fidock

Stage 2 Literacy

Stage 2 have loved participating in literacy groups. They have completed a range of activities including reciprocal reading, spelling activities and spelling and grammar booklets.

Miss Heraghty





100 Sensory Activities for Home or School

- ☐ Bear Walks
- ☐ Crab Walks
- ☐ Worm Crawls
- ☐ Frog Jumps
- ☐ Kangaroo Jumps
- ☐ Wall Push-ups
- ☐ Desk Push-ups
- ☐ Hand Squeezes
- ☐ Planks
- ☐ Box Races
- ☐ Spins
- ☐ Jumping Jacks
- ☐ Summersaults
- ☐ Arm Spins
- ☐ Freeze Dance
- ☐ Upside Down Toss
- ☐ Bouncing
- ☐ Hopscotch
- ☐ Swinging
- ☐ Cartwheels
- ☐ Animal Sounds
- ☐ Calming Music
- ☐ Maraca Shakes
- ☐ Quiet Time
- ☐ Guess that Song
- ☐ Clap Out Patterns
- ☐ Near or Far Sounds
- ☐ Soft or Loud
- ☐ High or Low
- ☐ Rhyming Words
- ☐ Sorting Shapes
- ☐ Light Bright
- ☐ Light Bricks
- ☐ Shadow Puppets
- ☐ Puzzles
- ☐ Hidden Pictures
- ☐ I-Spy Bottles
- ☐ Memory Games
- ☐ Mazes
- ☐ Look and Finds
- ☐ Blow Bubbles
- ☐ Bubble Gum Contest
- ☐ Straw races
- ☐ Blow Painting
- ☐ Blow Cotton Balls
- ☐ Feather Blowing
- ☐ Whistling
- ☐ Milkshakes
- ☐ Crunchy Snacks
- ☐ Play the Recorder
- ☐ Sensory Ball Games
- ☐ Texture Guessing
- ☐ Sandpaper letters
- ☐ Hand Fidgets
- ☐ Slimes
- ☐ Rice Sensory Bins
- ☐ Flour Play
- ☐ Shaving Cream
- ☐ Playdough
- ☐ Sensory Doughs
- ☐ Q-tip Painting
- ☐ Cotton Ball Games
- ☐ Tweezer Play
- ☐ String Beads
- ☐ Hole Punch
- ☐ Tracing
- ☐ Dropper Art
- ☐ Toothpicks in Clay
- ☐ Clothespin Games
- ☐ Write in Sand Trays
- ☐ Sit-ups
- ☐ Squats
- ☐ Crunches
- ☐ Superman
- ☐ Standing One Leg
- ☐ Bicycle Kicks
- ☐ Tummy Time
- ☐ Crawling
- ☐ Obstacle Course
- ☐ Push ups
- ☐ Simon Says
- ☐ Hokey Pokey
- ☐ Ball Toss
- ☐ Body Measure
- ☐ Hide & Seek
- ☐ Relay Races
- ☐ Body Shapes
- ☐ Bean Bags
- ☐ Squoosh Box
- ☐ Head, Shoulders, Knees & Toes
- ☐ Deep Breathes
- ☐ Square Breathes
- ☐ Monster Faces
- ☐ Squeeze Balls
- ☐ Count Backwards
- ☐ Calm Down Jar
- ☐ Pinwheels
- ☐ Blow Balloons
- ☐ Scent Guess
- ☐ Flower Guess

Thought of the Day

It goes without saying, parents are always the #1 supporter of their child AND those same parents are also their child's #1 influence when it comes to education. When parents are engaged in their child's education research shows that the child is far more likely to succeed both academically and socially. In fact research also shows that despite the background, if they have an actively involved parent they are more likely to:

- A) Get higher marks in tests.
- B) Attend school regularly.
- C) Have better social skills and behaviour.
- D) Go on to higher level study after school.



Have hopes and dreams for your child!

When you have a goal, you work towards it. Even if you do not achieve exactly what you set out to achieve, you still made the effort and achieved something...

Naidoc Celebrations



BECAUSE OF HER, WE CAN!

8-15 JULY 2018

FREE COMMUNITY ART EXHIBITION AND ACTIVITIES

Parkes Shire NAIDOC Galari "Mawam-Bul" Meaning (Coming together) Art Exhibition Showcasing some of our most finest and talented local Aboriginal Artists, the Parkes Shire NAIDOC Art Exhibition is open daily between Monday the 9th July through to Thursday the 12th July from 11.00am and 4.00pm daily, located at the Parkes Shire Coventry and Cultural Centre, next to the Parkes Shire Library.

With free daily activities for the community of all ages to participate in.

Monday 9th July: 2pm-3pm Aboriginal Astronomy workshop with Trevor Leaman

Tuesday 10th July: 2pm-3pm Basket Weaving demonstration provided by Arts out West

Wednesday 11th July: 2pm -3pm Free Art Class with one of the Central west's most inspiring and talented artist Irene Ridgeway

Thursday 12th July: 11.00am-12.30pm Aboriginal Story Teller Larry Brandy, Renowned Aboriginal storyteller, Larry Brandy is passionate about sharing his Wiradjuri culture. Larry's interactive story-telling comes alive with demonstrations on how Wiradjuri people used to hunt and find food. He also uses real Aboriginal artefacts as well as animal masks to encourage participation.

Thursday 12th July: 2pm -3pm Screening of Servant or Slave an emotional film and confronting insight into the history of legacy of the domestic servitude enforced upon Aboriginal girls in Australia. This event is brought to you by Neighbourhood Central, Parkes Shire Council, Arts out West, Aboriginal Affairs NSW and Janice Cassidy Hair Salon.