



Peak Hill Central School Newsletter

We are a Respectful, Responsible, Safe and Successful School



Caswell Street, PEAK HILL NSW 2869

P: 02 6869 1304 E: peakhill-c.school@det.nsw.edu.au

Week 4 Term 4, Friday 8 November 2019

Primary Students Enjoying Zumba



Primary students participate in Zumba each Wednesday afternoon. Dance develops the ability of students to communicate and express themselves through movement. Through dance, students develop awareness of the ways their bodies move, the space in which they move, the time and quality of their movements and their relationship to each other and objects. The best part about the activity is having fun with each other and seeing the smiles on students faces.

Miss Grace Stewart
Assistant Principal

**Principal**

Mr Darren Hamilton
(Rel)

Deputy Principal

Mrs Anna Brain (Rel)

Head Teachers**Secondary Studies**

Mrs Catherine Doyle
Miss Lucy Dempsey
(Rel)

**Administration
Manager**

Mrs Tanya Stanford

**Aboriginal
Education Officer**

Mrs Vicki Sharah

Assistant Principal

Miss Grace Stewart

**Head Teacher
Access**

Mrs Crystal
Stanford

**P & C Committee
President**

Ms Kim Dern

Vice Presidents

Mrs Kelly Dart
Miss Renee Keed

Secretary

Mrs Melanie Naden

Treasurer

Ms Tammy Gavin

Aboriginal Education Team, Town Meetings and Touch Football Afternoon

Our Aboriginal Education team has been working closely with support officers from Dubbo Education Office in the building of policy and plans to help support all students at PHCS. As part of this support and recognition, there is a planned afternoon on Thursday 21st November where the community can mix with staff and combine with students in playing touch football. The planned Staff vs Students and Community games will start from 3.30pm on Lindner Oval. Parents and community members are invited to help celebrate and support the efforts of staff in building a more positive learning environment at PHCS and allow community members the opportunity to see staff mix with students in an informal setting. There will be a sausage sizzle available for all students, staff and community members throughout the afternoon.

Policy Drafts

Peak Hill CS is continuing the policy drafts for Student Wellbeing and Discipline, Attendance and these will be made available for public viewing and input via the P & C at school. Please take the time to have your say on the draft documents so we can best support all students in improved learning outcomes. If you require more information, please make an appointment time through our Front Office.

Learn to Swim for Primary

Staff and students are looking forward to the Learn to Swim program later this term. This is an important program to support the swimming ability of all students in Primary. Please make sure that you provide the school with all the information in a timely manner to help support this program running successfully. If you have any questions leading up to this program, please make contact the Miss Grace Stewart, Assistant Principal in Primary.

McGrath Foundation Pink Stumps Cricket and Fundraising

It was fantastic to see the support from Peak Hill CS and the involvement from Staff and Students in fundraising for breast cancer awareness and the McGrath Foundation. A cake stall and cricket games were held throughout the day. It was great seeing staff and students in pink for the day and the town supporting "Pink Hill" with businesses getting involved and dressing up the main street in bright colours.

**Mr Darren Hamilton
Principal (Rel)**

Deputy Principal Report

Hi everyone and welcome to the end of Week Four. Over the past two weeks a lot has been going on. The rest of the term won't disappoint either. We are making sure we have our running shoes on.

Staff Professional Learning

This term staff have been busy updating their anaphylaxis and CPR skills, attending professional learning and working with families to develop plans for the Management of Actual and Potential Aggression. Staff have continued to develop skills in teaching the curriculum, while keeping up to date with constant changes occurring across education. Teaching staff have also been working hard with the Aboriginal Education Committee to plan programs for 2020 that engage students and community to work together for the education of all students.

Student Focused Programs

Students have been involved in various types of testing, attending study programs within WAP, the YES program at TAFE, Nanyabura program and the RAGE program. There are so many things going on in the school for our students, that I feel a huge thank you needs to go out to teachers and staff who work hard behind the scenes to support each of our students.

Policies

The consultation for the Wellbeing and Discipline Policy and Procedures has ended. However, changes are being embedded in the document to reflect the school community's feedback. I appreciate all the feedback that has been brought forward. I encourage the school community to continue to be involved in the development of new policies, as they roll out. The current document for consultation is the Attendance Policy and procedures. A copy is available at the front office if you would like to pick one up. Consultation of the draft finishes on the 19th November.

Targeting Future Opportunities

On the 18th November from 2pm, students in Years 9, 10 and 11 will be visited by Anthony Taylor and Tom Brain to learn about School Based Apprenticeships and Traineeships (SBATs). They will also speak to students about after school opportunities and provide support on how to apply for apprenticeships. We are also inviting parents and community members to come and listen to the information sessions.

Individual Student Plans

I would like to thank Parents and Carers for working

Deputy Principal Report Continues

with us in developing support plans to help students be more successful in the classroom and at playtime in the playground. We are going to keep sending letters home asking parents to join us in developing a variety of support plans with their children and classroom teacher however, feel free to contact the school if you would like to start, even in planning and developing a student Personalised Learning Pathway.

Mrs Anna Brain

Deputy Principal (Rel)

Head Teachers' News

What's happening at PHCS this fortnight?

Uniforms 7 - 11

Thank you to the Parents and Carers who have supported students wearing complete school uniforms each day. We encourage all students to be outstanding representatives for our school every day and certainly the wearing of school uniforms with pride, plays an important role in this.

Food

A healthy diet plays an important role in the ability of students to think, concentrate and participate positively in class and playground activities. We encourage Students to bring enough food to sustain them throughout the day, as it is very difficult for them to concentrate when they are hungry.

Water

With the weather warming up, it is important for students to be well hydrated. We encourage all students to bring refillable water bottles to school with them this term, to ensure that they have access to water throughout the day. In Secondary we encourage students to take water into each lesson to avoid needing to leave the room to go to the bubblers during class time. Your support with providing water bottles for students to bring to school would be appreciated.

Sleep

It is so important for humans to have regular sleeping habits and a good night sleep to perform at their best the next day. A number of our students say that they do not have enough sleep at night. Quite a few

students attribute their lack of sleep to computer games. Recent studies show that Internet and Gaming addiction are serious conditions that needs to be managed early. It is recommended that computers are not in bedrooms and that time on computer games and devices are limited, if good sleep patterns are to be encouraged.

7 - 10 Yearly Examinations

On Monday, Tuesday and Wednesday of Week 6 this term, the students in Years 7 to 10 will complete their Yearly Examinations in the school hall. We ask that students are actively engaged in a regular study routine at home this term to complete home work, any uncompleted class work and revision in preparation for their exams. The examination timetable will be published in the School Newsletter, the School Facebook Page and School Stream. If Parents or Carers have any questions or would like any further information, please contact the school.

Year 10 WAP Orientation for 2020

Students in Year 10 from across the Western Access Program will be travelling to Peak Hill CS on Thursday 12 December to participate in the WAP Orientation Day, which will allow students to meet their Course Coordinators and learn more about the expectations for Year 11 in 2020.

Belrose Excursion

From the 22 to the 27 of November, Miss Dempsey and six Year 10 students will be attending the annual Belrose excursion to Sydney. The notes for this excursion will go home next week. If you have any questions please do not hesitate to contact me at school to discuss these.

Year 9 and 10 Work Experience

There will be an opportunity for students in Years 9 and 10 to go to Work Experience for one week, towards the end of this term. I am looking for keen and enthusiastic students who would like to try their hand in the world of work, to think about the job they might like and come and see me over the next two weeks to make Work Experience plans for this term.

Wishing everyone a happy and productive fortnight!

Mrs Catherine Doyle
Head Teacher

Year 6 - 7 Transition

Year Six students have been continuing their transition into high school with two lessons a week with Secondary Teachers. Even though we are on the same school grounds, it can be really daunting for students in Primary School to start High School. Research shows that there is a decline in student engagement during the transition from Year 6 to Year 7. The aim of the transition program at PHCS is to gain a deep understanding of every student's needs so that we can support them to make a positive start to Year 7. If you have any questions about your child starting high school, please contact Mrs Catherine Doyle or Miss Lucy Dempsey.

WAP Study Week

This week students in Year 11 have been attending Study Days at each of the Western Access Program Schools. Study Days are an excellent opportunity for students to spend important face to face time with their Subject Coordinators to consolidate their knowledge and understanding and skills in their chosen subjects. It is also great to see our students from smaller cohorts get to develop new friendships with students from neighbouring towns.

Random Acts Of Kindness

At PHCS we would like to publicly recognise the kindness and generosity that our students and school community have enjoyed because of the following individuals and organisations:

- The Members of the **Belrose Rotary Club** who have continued to support our students with school resource and the Belrose Annual Excursion
- **Janice Gestro** - who organised the massive supply of Massell Stock to our community and who has also personally donated to and supported the morning Breakfast Club program for our students
- **Graham Baker** and his daughter who will be visiting on Monday 9 December to gain a better understanding of the effects of drought in rural areas and support our community and supply and cook a BBQ lunch for our students

I would like to extend a sincere thank you to these individuals and organisations, their support and kindness is very much appreciated.

Miss Lucy Dempsey
Head Teacher (Rel)



Assistant Principal Star of the Fortnight

Eva Strahorn for outstanding spelling results.

Well done Eva!



Miss Grace Stewart
Assistant Principal

P&C Information

Annual General Meeting

The P&C will be holding its AGM on Thursday, 14th November at 3:30pm.

All executive positions will be declared vacant and available.

Everyone is welcome to attend.

Mrs Melanie Naden
Secretary



YES PROGRAM @ TAFE

This week the students in the Youth Engagement Program being run out of the Parkes TAFE have started on their first engine dismantling. Over the next two weeks they will be putting it back together.

The students have finished disassembling the engine today and over the next two weeks they will put it back together after a thorough cleaning of the engine parts.

Mr Rob Cain
Classroom Teacher



School Calendar

Term 4 Calendar

Term 4	Monday	Tuesday	Wednesday	Thursday	Friday
Week 5	11 Kick Start Kindy 9am-3pm	12	13	14	15
Week 6	18 Kick Start Kindy 9am-3pm 7-10 Examinations	19	20	21	22 Belrose Excursion →
Week 7	25 Kick Start Kindy 9am-3pm Stage 5 Work Experience	26	27 Belrose Excursion Yr 10 Orientation for WAP 2020	28	29
Week 8	2 December Kick Start Kindy 9am-3pm Learn to Swim 11am-3pm	3 Learn to Swim 11am-3pm	4 Learn to Swim 11am-3pm	5 Learn to Swim 11am-3pm	6 Learn to Swim 11am-3pm
Week 9	9 Learn to Swim 11am-3pm	10 Learn to Swim 11am-3pm	11 Learn to Swim 11am-3pm Year 12 VET Hospitality Day	12 Learn to Swim 11am-3pm Year 10 2020 Orientation Day	13 Learn to Swim 11am-3pm
Week 10	16 Presentation Night 6pm	17 PBL Water Play Day	18 Last Day of School	19	20

Positive Behaviour for Learning

Exciting times are ahead for Peak Hill students as we wind up 2019.

We have set the date for our end of year Acknowledgement Day for Tuesday, 17 December.

Please come and join us on Tuesday 17 December for lunch and an afternoon of water fun. A note will be sent home closer to the day with final details.

We also had a visit from Mrs Blatch our External Coach based in Yeoval on Wednesday. Mrs Blatch was here to evaluate our progress over the year in PBL. She will provide me with a report and some areas for further development in 2020. Today I am doing a return visit to Yeoval.

Hope you all have a wonderful week.

Mrs Lisa Levick
Internal PBL Coach





Student of the week L-R: Lillianna Bendeich Stage 3, Jailah Solomon Stage 1 and Taliyah Keed-White Stage 2.



Merit Awards Front: Cassius Solomon
Back L-R: Willo McLachlan, Jacob Bell and Kodei McMaster.

Russell Draw Winners



Stage 1: Kodei McMaster



Stage 2: Zane Pearson O'Brien



Stage 3: Ruby Bell



PBL Award Winner Stage 3: Missy Beeby



Recycling Award Winners: Stage 2

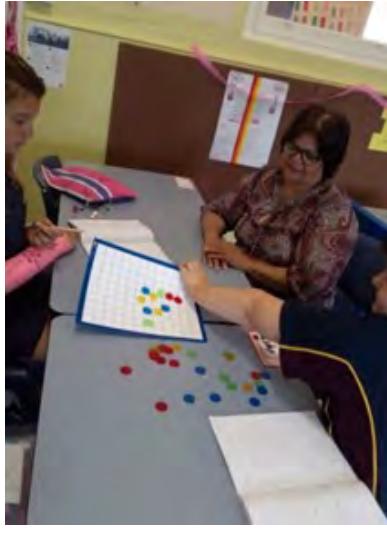
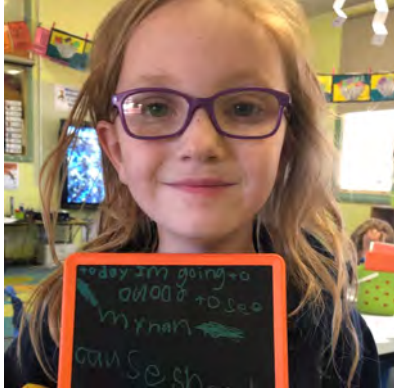


Good Listening Awards:
Front: Charlee Beeby.
Back: Brock Rez and Jonathan Dargan

A Love of Learning at PHCS



A Love of Learning at PHCS



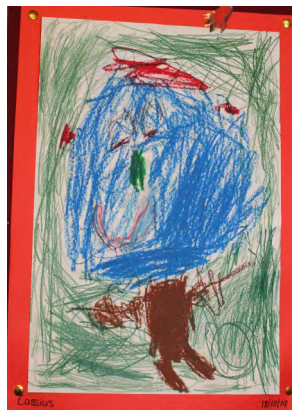
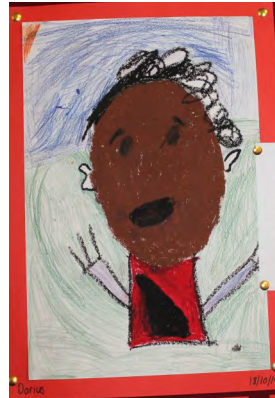
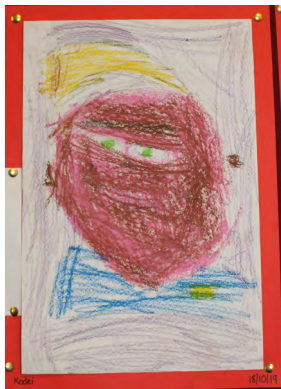
Self Portraits

In PDHPE K/1/2 have been learning about the human body. We talked about the things that are the same and the things that are different between people.

Then, in Creative Arts we drew pictures of ourselves. First we drew ourselves with pencils then added colour with oil pastels. We tried to make our picture look like us.

We hope you like them.

Miss Grace Stewart and Miss Elsie Woodley
Classroom Teachers



Number Talks

In K/1/2 we have been focusing on making our daily 'Number Talks' more authentic and ensuring that we 'subitise' daily.

Subitising

(*subitus* meaning 'sudden')

... the ability to instantly recognize the total quantity of objects in a group without counting.

Miss Woodley and Miss Stewart have been doing a fabulous job facilitating 'Number Talks' and establishing a love of learning in Mathematics.

K/1/2 have been enthusiastic, engaged and are demonstrating an amazing range of mathematical strategies.

Look at all of those hands up!

Miss Amanda Crain
Instructional Leader



Stage 2

In Stage 2 this fortnight we have been working really hard learning about Fractions and Decimals. We are really starting to understand how to work with them to solve mathematical problems.

We have been continuing with our poetry writing and have created some beautiful work that we cannot wait to share with our friends and family.

We are really missing Mr McAlister but have still been making visits to the Ag plot to make sure all of our chickens are fed and have water and our vegetable gardens are free of weeds.



The Students of Stage 2 have also been learning about how to set achievable independent learning goals.

Students have chosen three things related to behaviour and school work that they would like to improve on and we have been reflecting on those goals to see how easy it is to achieve things when you really set your mind to it.

Please take some time to discuss these goals with your children and what actions they are taking to achieve them.

Your children have been working incredibly hard this term and should be congratulated on their achievements. We are seeing huge improvements in and out of the classroom and are having a great time.

Miss Tiarne McLeod and Miss Georgia Stewart
Classroom Teachers

Stage 2 Poetry

Blue is the smooth sky.
Blue is hearing the crashing waves.
Blue is a tasty berry.
Blue is smelling salty water.
Blue is an eye colour.

By Zane Pearson-O'Brien

Yellow is the smell of flowers at the oval.
Yellow is the sour taste of lemons.
Yellow looks like a pointy yellow star.
Yellow is the feel of a hard, round counter in my hand.
Yellow is the sound of hot sand slipping through my fingers.

By Mundara Smith-Read

Peace is walking in the bush.
Peace is sitting outside.
Peace is sleeping at your friend's house.
Peace is walking around on sunset.
Peace is watching nature spread.
Peace is having fun with everything you can find.
Peace is fishing on a sunny day.
Peace is being a pro.
Peace is sitting at the beach.
Peace is watching the sunset go down.
Peace is having fun in life.

By Noah Beilby

Miss Tiarne McLeod and Miss Georgia Stewart Classroom Teachers

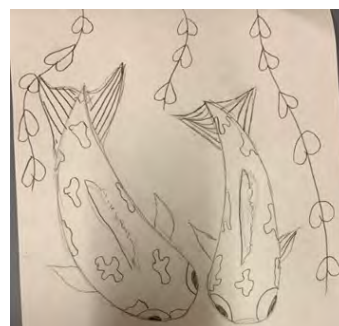


Koi Fish

In Geography and Creative Arts Stage 3 students have been researching the Koi Fish. The Japanese meaning is good fortune or luck. They are symbolic in Buddhism to represent courage. Today the fish are considered to be symbolic of advancement materially and spiritually.

According to Japanese legend, if a Koi Fish succeeded in climbing the falls at a point called Dragon Gate on the Yellow River, it would be transformed into a dragon. Based on that legend, it became a symbol of worldly aspiration and advancement.

Due to the many colour variations and patterns, Koi are sometimes thought to be different species, yet they are all *Cyprinus carpio* (Carp).



Habitat and Diet

The habitat of a wild koi fish are small lakes or ponds. They can also live in aquariums, water or Japanese's gardens.
Koi fish are mainly vegetarians but they also eat some prawns and some times they own babies. The foods they like are rice, fish food and corn.



Ms Michelle Ross and Mrs Lisa Levick Classroom Teachers

Stage 3 with Ms Michelle Ross & Mrs Lisa Levick Continues

Fractions, Decimals and Percentages

Fractions, Decimals and Percentages have also been on our minds lately. Stage 3 are learning to convert between them through a number of hands on games and activities. To consolidate this knowledge we had a great lesson that included M&M's and Skittles. After patiently completing the Maths activities, Students did get to eat their collections.

We have been undertaking our assessments in preparation for the Yearly Reports. We look forward to sharing your child's progress with you as 2019 starts to wind down.

We will continue to be busy with a lot of activities still to come. Keep an eye out in your child's bag or on social media for upcoming events.

Have a great fortnight!

Ms Michelle Ross and Mrs Lisa Levick
Classroom Teachers



Stage 5

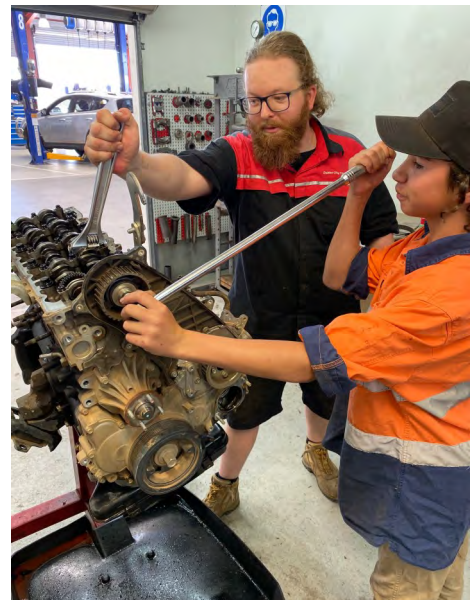
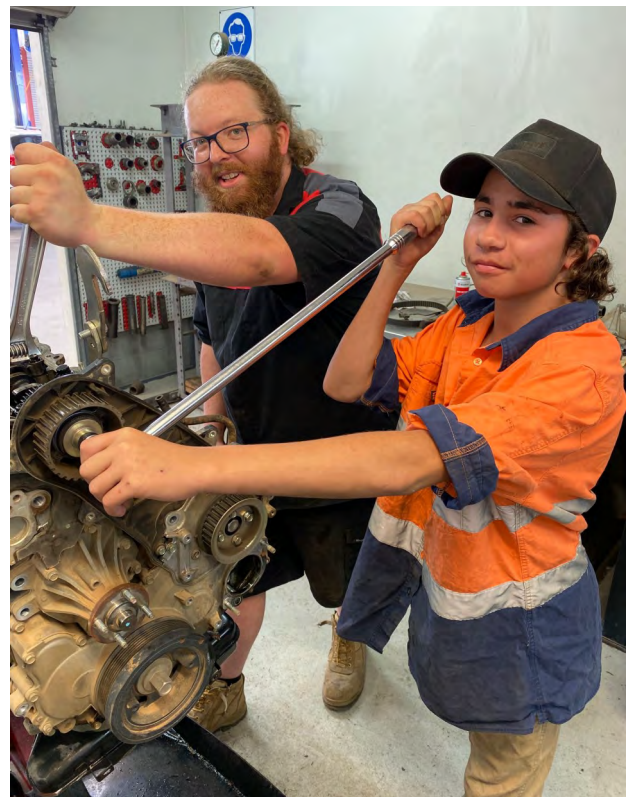
Work Experience

Thank you to Dubbo City Toyota for opening the doors and giving Wayne Dargan in Year 10 the opportunity to conduct his work experience.

Everyday we are hearing how positive the experience has been and how well Wayne is interacting on the job.

Great work Wayne!

Mrs Anna Brain
Deputy Principal (Rel)



Nanyaburra Excursion

Williamtown

Students in Years 7-10 who participate in the weekly Nanyaburra Program with Dennis Moran, this week are attending a camp at the Murrook Culture Centre in Williamtown.

The students had the opportunity to participate in cultural activities, outdoor recreation activities and team building games.

This was a great opportunity for the students to gain a deeper understanding of their culture as well as build stronger friendships with their peers.

Mr Mitchell Thomas Excursion Coordinator



School Uniforms

WANTED!

If your child has out grown their school uniform we would greatly appreciate them being donated to our clothing pool.



Community Information

RURAL ADVERSITY MENTAL HEALTH PROGRAM

Ag & Chat

Join us for a free morning
tea & chance to chat about
getting through the dry.

Where: Peak Hill Bowling Club
52 Caswell Street

When: Monday 25th of Nov
At 10-00am

RSVP:
Di Gill on 0427 460 430
or email:
dianne.gill@health.nsw.gov.au

Guest speaker to be advised



Department of
Primary Industries



SHOOSH FOR KIDS

11 - 17 November 2019

sport.nsw.gov.au/shooshforkids

Join the Office of Sport, Sport NSW, State Sporting Organisations and grassroots clubs across the state for Shoosh for Kids, the initiative promoting positive spectator behaviour at junior sport. Visit our website to sign up, gain access to posters, social media posts and more and let your members know where you stand on poor spectator behaviour.



**Let's keep
kids coming
back to junior sport!**

Shoosh for Kids is proudly supported by:

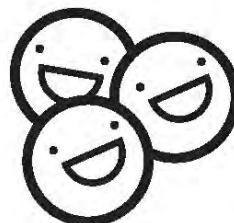


What is SHOOSH FOR KIDS all about?



Shoosh for Kids isn't about staying **completely silent** as a spectator.

In fact, **positive** spectator behaviour is encouraged. Cheering on both sides of the competition is encouraged.



Shoosh for Kids is about trying to make sure the environment at junior sport remains positive - so that kids keep coming back to sport and stay happy and healthy.

Find out more at or join the initiative
sport.nsw.gov.au/shooshforkids

Peak Hill Boori Christmas Big Splash Summer Pool Party

When : 14th December, 2019

Where: Peak Hill Memorial Pool

Time: 12pm -4pm

Inflatable Pyramid, Tunnel, Ball and Slide
Sausage Sizzle Lunch
Christmas Story Corner for little Boori's
Candy Cane Hunt
Visit from Santa
Lolly Bags



Neighbourhood
CENTRAL
People our Passion - Service our Strength



Children under the age of 12 years must be accompanied by an Adult



The mobile van is
coming to PEAK HILL

PEAK HILL HOSPITAL GROUNDS
4746 Newell Highway
Peak Hill NSW

Monday 11th to Monday 18th
November 2019



Call 13 20 50 to book
your **free** screening
mammogram

13 20 50

20 minutes every 2 years
could save your life

For women aged 50-74 years
breastscreen.nsw.gov.au

CAROLS

***Come join the fun for an
afternoon of Christmas with
the Primary students from
Peak Hill Central School***



When- Thursday 5/12/19 at 4pm

Where- Koinonia House

Enchie Street, Peak Hill

All Welcome