



Peak Hill Central School Newsletter

We are a Respectful, Responsible, Safe and Successful School

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Magic Beach

This week K/1 have been studying the book *Magic Beach* by Alison Lester. Over the week we have been sharing stories about going to the beach, writing stories and creating our very own beach in Art.





Principal

Mr Scott Olsson

Head Teachers

Secondary Studies

Miss Lucy Dempsey (Rel)

Mrs Catherine Doyle

Administration Manager

Mrs Tanya Stanford

Aboriginal Education Officer

Mrs Vicki Sharah

Assistant Principal

Miss Grace Stewart

Head Teacher

Access

Mrs Crystal Stanford

In School Access

Coordinator

Mrs Catherine Doyle

P & C 2018

President

Ms Kim Dern

Vice President

Mrs Kelly Dart

Renee Keed

Secretary

Mrs Melanie Naden

Treasurer

Ms Tammy Gavin

Principals Message

Has certainly been a productive fortnight for the students. Stewart House, Belrose excursion, CSU camp, yearly exams, WAP orientation, Infants footy day, Kick start Kindy, Driving Simulator and Goanna Wood Works.

On Friday the 23rd we are fortunate enough to have the Deputy Prime Minister Mr Michael McCormack attend school and check out the driving simulator that Miss Dempsey organised and he is also presenting the school with new flags.

Planning for 2019. This is the time for me to allocate funds and employ staff for 2019. Currently I have proposed a model to the Primary staff which I think will allow great success. The reality with staffing for Primary we are only entitled to 3.0 teachers. My suggestion is that I would employ 2 teachers in each stage for next year that would provide consistency for the students as no casuals would be required, professional learning for staff can still occur and release from face to face teaching would also occur and never interrupt student learning. Imagine this:

K/1/2 with 2 teachers, 2 SLSO's and an Instructional Leader 2 days a week. Imagine the benefit to your children's learning, literacy, numeracy and social skills with that much support.

3/4 with 2 teachers and an SLSO everyday.

5/6 with 2 teachers and an SLSO everyday.

The students learning is at the centre of the decision and the differentiation, learning progression and success will be great in my opinion. Parent feedback is always welcome.

I am currently awaiting to allocate secondary teaching loads and once the Western Access Timetable is released this will occur.

In regards to knowing our students, valuing and caring for them we were involved in a video presentation with the Department of Education. We posted the link to Facebook but if you don't have this the link is on you tube: Peak Hill Central School <https://youtu.be/3sFQS93avuA>

I would like to acknowledge the great contribution of Terry Robinson as general assistant and farm assistant over many years. Terry has decided to retire and as such his position will be advertised soon.

Over the next few weeks we will have intensive swimming, school captains voting, PBL rewards and presentation night. The expectation for student behaviour remains high and I always say that the standard you walk past is the standard you accept. I thank those students who display exceptional behaviour on a daily basis.

Mr Olsson

Pre loved School Uniform

Peak Hill Central School maintains a clothing pool for its students and would greatly appreciate any kind donations of pre loved school uniforms - especially school shorts and school shirts

Pre loved uniforms can be donated at the School Office



School Diary

Term 4 2018	Monday	Tuesday	Wednesday	Thursday	Friday
Week 7 26 Nov to 30 Nov	Whole School Assembly 10am start		Wellbeing Lunch	Visual Design Study Day @ Trangie	
Week 8 03 Dec to 07 Dec					
Week 9 10 Dec to 14 Dec		Super 8s Finals in Dubbo		Year 6 Farewell	
Week 10 17 Dec to 21 Dec	School Presentation Night		Students Last Day		
Term 1 2019	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 28 Jan to 1 Feb	No School	No School	No School	No School	No School
Week 2 4 Feb to 8 Feb	No School	School Development Day	Students Return		

Year 7 Technology

This week in Technology Year 7 learnt how to plan, prepare and make a delicious Crusty Cheese Torpedo. An incredibly filling and healthy food for a growing teenager. Parents I hope Year 7 students will make some for your family at home.
Mrs Doyle



HSC Assessment Schedule

Term 4 2018	HSC Assessment Due
Week 7 26 Nov to 30 Nov	Agriculture & Physics
Week 8 03 Dec to 07 Dec	Chemistry, Construction, Mathematics Standard 2, Modern History and Sport Lifestyle & Recreation
Week 9 10 Dec to 14 Dec	Biology, English Standard, English Studies, Hospitality, Investigating Science, Mathematics Extension, PDHPE, Primary Industries, Visual Design and Work Studies
Week 10 17 Dec to 21 Dec	Mathematics Standard 1
Term 1 2019	HSC Assessment Due
Week 3 11 Feb to 15 Feb	English Advanced & English Standard
Week 4 18 Feb to 22 Feb	Community & Family Studies and Mathematics
Week 5 25 Feb 1 Mar	Agriculture and Physics
Week 7 11 Mar to 15 Mar	Chemistry, Metal & Engineering, Sport Lifestyle & Recreation and Work Studies
Week 8 18 Mar to 22 Mar	English Studies and PDHPE
Week 9 25 Mar to 29 Mar	Community & Family Studies, Hospitality and Mathematics Standard 2
Week 10 1 Apr to 5 Apr	Biology, Construction, English Advanced, Investigating Science, Mathematics Standard 1 and Primary Industries
Week 11 8 Apr to 12 Apr	Modern History and Visual Design
Term 2 2019	HSC Assessment Due
Week 2 6 May to 10 May	Work Studies
Week 3 13 May to 17 May	Chemistry
Week 4 20 May to 24 May	Mathematics
Week 5 27 May to 31 May	Physics

Term 2 2019	HSC Assessment Due
Week 7 10 Jun to 14 Jun	Agriculture, Biology, Hospitality, Investigating Science, Mathematics Extension, Metal & Engineering and Sport Lifestyle & Recreation
Week 8 17 Jun to 21 Jun	Community & Family Studies, Mathematics Standard 1 and Mathematics Standard 2
Week 9 24 Jun to 28 Jun	English Studies, Modern History and Primary Industries
Week 10 1 Jul to 5 Jul	Construction, English Standard and PDHPE
Term 3 2019	HSC Assessment Due
Week 3 5 Aug to 9 Aug	English Advanced, Hospitality, Metal & Engineering, Visual Design and Work Studies
Week 5 & 6 19 Aug to 30 Aug	HSC Trial Examinations
Week 7 2 Sept to 6 Sep	Construction



Peak Hill Central School

Kick Start Kindergarten

Give your child the Best Start to School, by attending our Kick Start Kindergarten Transition to School Program.

Monday 26 November 9am to 3pm



Week 4 Primary Awards

Good Listening Award - Zachery Read, Henry Stanford & Caitlin Reid

Student Of The Week - Cooper Dart, Jackson Leedham & Shaquillie Buchanan

PBL Winners - Cooper Dart & Lochlan Hawksworth

Recycling Award - 3/4

Merit Award Winners - Angel Rez, Jada Redpath, Bailey Dart, Zane Pearson-O'Brien, Eric Lockwood, Lillianna Bendeich, Lilly Gavin, Aarna Patel, Savannah Weaver & Michael Redpath



Week 5 Primary Awards

Pen Licence Award - Bailey Dart & Ruby Bell

Good Listening Award - Brent Murray, Ben Ridgeway-Dreier & Jawarn Read

Student Of The Week - Ruby Bell, Nikki Cohen & Caitlin Reid

PBL Winners - Hayley Charlton & Indi Gavin

Recycling Award - K/1

Merit Award Winners - Natalie Davis, Ben Ridgeway-Dreier, Isabella Read, Kaya Gavin, Jock Strahorn, Missy Beeby, Jayden Ryan, Adrian Bell, Billy Pearson-O'Brien & Indi Gavin



Postponed Dental Checks

Will now be held

Term 1 Feb 12 2019

All notes that have already been returned will be screened on this day

Please return any outstanding notes by the end of Term 4 2018

Should your child need immediate treatment please contact

Parkes Community Oral Health Clinic
2 Morrissey Way
Parkes

1300552626 contact centre number for access with any issues or wanting appointments.

Stage 5 Food Technology

Stage 5 Food Technology class this week prepared and served an incredible Parmesan & Bacon topped Chicken Breast and home made Vanilla Custard with Fresh eggs from the Ag Plot chickens. The students were delighted with their results and all enjoyed a delicious hot lunch on Wednesday.

Mrs Doyle

Food Technology Teacher



Footy Fun Day

Yesterday Kick Start Kindy and K/1/2 students went to Lindner Oval for a footy fun day. Students participated in a range of activities and thoroughly enjoyed the afternoon. Thanks to Creative Community Concepts for organising the afternoon and our yummy sausage sizzle!

Miss Stewart

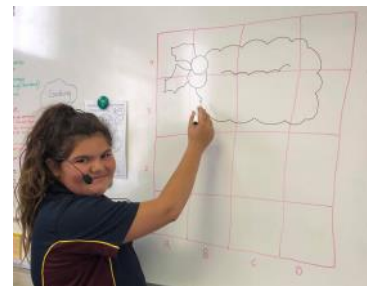
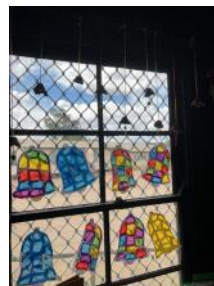


Stage 3

Stage 3 have been investigating Christmas Symbols and Traditions. They made a list of Adjectives in Literacy to describe Christmas Bells. They also discovered that the church bells are rung at mass on Christmas Eve as a symbol of Jesus' birth.

Yesterday's art teacher was Jada Redpath from Year 6. She lead a step by step art lesson on how to draw a stocking using scale. Well done Jada

Ms Ross - Classroom Teacher



School Captain Nominations

Nominations for school captains 2019 have now closed. 8 students have been selected by the executive team to present a 2 minute speech at our whole school assembly on Monday 26 November 2018. Congratulations to the students nominated and good luck on Monday.

Absent : Rhett Gavin



Belrose

Belrose Excursion 2018

Just returned from another successful excursion to Belrose are Mrs Doyle, Chloe Gould, Marissa Robinson, Sky Welsh, Bayn Schnitger, Jade Gavin, Haidee and Lauren Hando. Students, Teachers and Rotarians are voting the 2018 Rotary excursion as a mammoth success! Each and every student represented themselves, their families and our school with pride and respect and are to be congratulated on their positive involvement with all aspects of the program over the week.

The Belrose excursion, as it is fondly known, is an initiative of the Belrose Rotary Club. Belrose is located on the beautiful Northern Beaches in Sydney. This excursion is designed to broaden the career options available to students after they leave school. The students from Peak Hill have been attending this excursion for 23 years and is a genuine testament to the vocational commitment of the passionate Club members.

We would like to share some of the highlights of the past week with you.

Day 1: Thank you to Mr McAlister for packing the bus and students and taking them safely to Bathurst to meet Mrs Doyle, who had just spent a week in Sydney HSC Marking for Hospitality. With drivers swapped, the drive continued on through the mountains and the bus of enthusiastic students happily arrived in Sydney in peak hour

traffic, which was no match to the navigation skills of co-pilot Chloe and the driving skills of Mrs Doyle. On the first evening the students met their brilliant new host parents at Warren and Chris McGurgan's home. Bayn was hosted by Chris and Robyn Wood. Marissa and Sky stayed with Mick and Vanessa Loombes and their lovely family. Chole, Jade, Haidee and Lauren stayed with Chris and Julie Leibert. While the Wood's have hosted our Peak Hill students for many years, both the Loombes' and the Leibert's were the new kids on the block as they are also new Belrose Rotarians. The motivation, enthusiasm, care and absolute selfless generosity of the Rotarians and their families was sincerely appreciated by each of the students. Peak Hill Central School is very grateful for this annual opportunity.

Day 2: With all the planning of a military operation a myriad of cars, Rotarians, students, sat nav's and the school bus wove their way to drop off points at the Zoo and Milsons' Point. We gathered at the base of a very steep set of stairs that led the way to the Harbour Bridge Walk. Ably guided by Chris Leibert, who opted for the lift, while Mrs Doyle and the students enthusiastically chose the stairs! The view from the bridge was absolutely stunning and on this the first of many walks, the students learnt the importance of participating in the journey. There were endless selfies, group shots and posing. Bayn marvelled at the boat engines and spent much time debating the merits of various engines with Chris.

We made it across the bridge to the beautiful historic Rocks district and spent a leisurely couple of hours strolling through the markets. After an early lunch we made our way to Circular Quay. We all enjoyed the entertainment from the street performers. Ali, a Year 10 student from Davidson High and Mick and Vanessa Loombes' daughter, who accompanied us for the day, was the lucky audience member who was invited to help the flame throwing, bike riding, apple eating juggler. This was certainly a career that we had not thought of before this moment.

The next stop on our tour was a fast ferry ride to Taronga Zoo where Ali and Chris guided us through the amazing animal displays, keeper talks and seal and ape shows. After walking up and down more hills than many of us had ever seen before, we made our way back to the bus for the journey to the McGurgan's for an incredible host student and family BBQ. We all want Warren and Chris to know how much we appreciated their generous hospitality and Chris' amazing and tireless efforts to cater for the Peak Hill students over the week.

Day 3: We awoke to a glorious Sydney Sunday and following some well-deserved retail therapy at Warringah Mall we travelled to Pitt Water Marina where we boarded a spectacular yacht. We spent an amazing afternoon sailing and exploring the beautiful coastline. The boat is part owned by a former Rotary District Governor, called Bruce. The students and Mrs Doyle cannot thank Bruce enough for sharing this wonderful pastime with us.

Day 4: The team were up bright and early Monday morning to visit the Careers department at Brookvale TAFE. We were joined by Julie, the Belrose Club's German Exchange student who will be visiting Peak Hill with the Rotarians in May 2019. We all enjoyed Julie's positive spirit and enthusiasm during our stay. A massive shout out needs to go to Kim White and the team at the TAFE. We were able to visit operational classrooms delivering subjects such as: Beauty, Carpentry, Automotive, Ceramics and Commercial Cookery, just to name a few. In case you are not aware, all TAFE's offer a free Careers Counselling service, which is available to everybody.

After a picnic lunch at St Ives, we then travelled to the Belrose Optus Satellite Tower. We were lucky enough to have a guided tour of the facility and learnt how NBN, Foxtel and Nightly News come to our homes. The role of the Space Race and Space travel and how this has aided our satellite technology was very enlightening.

From the Belrose Optus Satellite Tower we went to a company called Device Technologies. Our visit was hosted by Brent, whose passion and expertise are really in sales and marketing. He clearly is amazing as from the entrance to the exit, our journey was simply brilliant. The company was founded 25 years ago by three guys in a garage in Seaforth. The three founding principles on which the business' success is built are: incredible customer satisfaction, having the best products and having fun. The tour, presentation and hospitality made this visit and our understanding of the wide and varied positions available in this industry really positive.

Day 5: The Peak Hill Team along with Warren and Julie had a 7.30 am departure on the school bus across the Harbour Bridge and into Sydenham to visit the Rail Maintenance Depot. We would like to especially thank Loretta Mitchell who kindly invited us and we would like to thank her talented team who hosted us for the day. The main purpose of this visit was to make the students aware of the wide range of careers available in Rail with a specific focus on science and engineering.

As a follow up to the Rail visit, Justin Brooker will be visiting the school early in 2019 to personally talk to our students and community about the new employment opportunities happening in the Orana region with the

Maintenance Centre begin relocated to Dubbo next year.

In the evening the Peak Hill Team were guests at the Belrose Rotary Club's dinner. Both Mrs Doyle and Chloe made a speech. There may not have been a dry eye in the room by the time Chloe had thanked the Club for their generous donations to our school and community during the year.

Day 6: On our final morning we were joined by our new hosts families as well as the Woods and Brownlee's who kindly packed our bus with new coffee mugs, pens, rulers, gorgeous dresses, frying pans, pillows, car kits and freezer carry bags. With some careful packaging the students and their belonging also managed to fit! While it was incredibly sad to say goodbye to all our new friends and host families, it was also wonderful to reflect on the many experiences which I know will hold a special place in the students hearts for a lifetime.

A very sincere thank you once again to the Belrose Rotary Club for their unwavering commitment to both our students and our community.

Reflections on our Belrose Excursion from the students:

Chloe – We all absolutely adore the Belrose Rotarians, they constantly go out of their way to make us feel comfortable while providing abundant amounts of opportunities. The last six days were great, we learnt so much and can't express our appreciation enough. Wouldn't have changed a thing!

Sky – It was absolutely fantastic and I couldn't have thought of a better group to go with!
This trip has taken education to a whole new level of interaction and I enjoyed it a lot.

Lauren – We love all the Rotarians and what they can do. They are such unbelievably unselfish and generous people. We are so incredibly grateful for what they have done for us and our little town. We appreciate them giving up their time to give us this opportunity to experience new things that country kids like us from Peak Hill don't normally get to experience.

Jade – It was a new and exciting experience, where we were given the opportunity to experience things that are just not seen in Peak Hill. It was a fantastic 5 days full of great opportunities, spent with lovely people, having fun and experiencing new things.

Marissa – Belrose was an amazing trip full of learning, new experiences and great opportunities. We met lots of amazing people and our host families and the Rotarians were fantastic and very welcoming.

Bayn – Belrose was a fantastic trip away and I could not have spent it with better people. I am so proud of our students and our school. I can't thank all the amazing Rotarians enough. They have shown us so many things that we would not have had the opportunity to do in Peak Hill and I have had a great time! I really appreciate everything the Belrose Rotary club have done for us. Mrs Doyle.



PRIMARY 2019 EQUIPMENT LIST

2019 Kindergarten to Year 6 - Stationary and other requirements

Students will be required to provide their own stationary and equipment as listed below

Please ensure that all personal items and equipment are clearly labelled with your child's name

Kindergarten to Year 2

Kindergarten to Year 2 students will require the following items for commencing School:

- School Uniform
- School Hat
- School Bag
- Lunch Box
- Drink Bottle
- Library Bag
- Art Smock
- Tissues



Years 3 to 6

Years 3 to 6 students will require the following items for commencing School:

- School Uniform
- School Hat
- School Bag
- Lunch Box
- Drink Bottle
- Library Bag
- Art Smock
- Tissues
- Pencil case with coloured pencils, 3 lead pencils, rubber, ruler, sharpener, glue stick & coloured textas



Years 5 to 6 (items in addition to those listed above):

- Pens: 3 Blue Pen
- 3 Red Pens
- Black Leather School Shoes necessary for Science and Technology. Departmental regulations require to use of fully enclosed leather shoes for Science and Technology classes. Shoes with fabric on the side or shoes that allow parts of the foot to be exposed are not suitable.



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EQUIPMENT LIST FOR YEARS 7 – 10, 2019

Subject	Requirements
English	A4 128 page exercise book
Mathematics	A4 128 page exercise book + Geometry set & Calculator
HSIE	A4 128 page exercise book
PDHPE	A4 128 page exercise book
Science	A4 128 page exercise book
TAS	A4 128 page exercise book
Visual Arts	A4 128 page exercise book + coloured pencils
Electives	A4 128 page exercise book + Display Folder

All books should be covered and labelled with the student's name.

Students should have a scientific calculator, pencil case, pens, scissors, glue stick, ruler (plastic or wooden), eraser, pencil sharpener, lead pencils and coloured pencils.

Calculators are available from the Administration Office for \$25.00.

Leather shoes MUST be worn !

Departmental regulations demand the use of fully enclosed leather shoes for:

Science

Technology

Shoes with fabric on the tops or sides are **NOT SUITABLE**.

Footwear that has any part of the foot exposed (open-toed sandals etc.) is **NOT** permitted.





HEAD LICE TREATMENT OPTIONS

INFORMATION FOR PARENTS AND CARERS

There are two treatment options for head lice.

1. Mechanical removal (removal with a head lice comb)
2. Chemical removal

Mechanical removal

Mechanical removal involves applying normal hair conditioner to dry hair. After covering all of the hair with the conditioner untangle it using a normal comb and separate the hair into sections. Then use a fine long toothed metal lice comb to comb through the hair in sections. The conditioner doesn't kill the lice but it stuns them for about 20 minutes making it easier to remove them. The lice comb will remove nits (eggs) and the stunned lice. Wipe the comb on a white tissue and check for any lice or nits. Keep combing until no more appear on the tissue. This method should be used every second day until none remain (usually about 7 to 10 days).

This method is the preferred way to treat head lice because it is effective, does not contribute to insecticide resistance in head lice and also has a low risk of skin irritation.

The mechanical removal method also helps manage head lice before they become established on the head. Keep a good head lice comb in the shower and every time your family washes their hair comb through with the lice comb. This makes sure the lice are caught before they lay too many eggs.

If your children are old enough to wash their own hair encourage them to use the comb themselves. Or keep the comb handy to where you wash your children's hair and use it every time you wash their hair.

Chemical removal

If you choose to use a chemical treatment, remember to follow the instructions carefully. Don't be tempted to re-apply the same chemical treatment if it doesn't appear to be working. Instead change to another treatment that uses a different chemical compound or use the comb and conditioner method. You must repeat the treatment in 7 days to kill any newly hatched eggs. You will also need to use a lice comb to make sure the treatment is working. If you find dead lice the product has worked. If you find live lice, the treatment has not worked.

When your child is free of lice and nits, remember to check regularly with a fine toothed lice comb and conditioner. Early detection and treatment will prevent re-infestation of family members and classmates.

What to do about bedding and clothing

Research suggests that bed linen, hats, clothing and furniture do not harbour or transmit lice or nits and that there is no benefit in washing them as a treatment option. Nits and lice only live on the human head. They quickly dehydrate and die if removed from the head.

*This information is based on information provided on the NSW Health Nitbusters website.

P&C Christmas Raffle

Peak Hill Central School P&C are seeking donations of non perishable items for their presentation night raffle

The P&C raise funds that are donated to your school to assist in your child's education

Donations of non perishable items, or any other donations, can be left at the School Office and are greatly appreciated

The P&C we would like to take this opportunity to thank all of you who have supported us throughout 2018





PRESENTS

**PEAK HILL BOORI CHRISTMAS
DISCO PARTY**

1st December

5.00pm – 8.00pm

Learning and Healing Centre | 65 Euchie Street

All children under the age of 12 must be supervised by an adult.

Live DJ from Dubbo

Visit from Santa, light refreshments, gift bags and

Prizes to give away.

Sponsors

Learning and Healing Centre, Peak Hill Friendly Grocer, Temple Lion Bakery, Peak Hill
Police, Clubhouse Hotel, Peak Hill Aboriginal Lands Council and Ian Naden





Are you Supporting Someone Living with Mental Illness?

Do you have questions and don't know where to go?

The Family & Carer Mental Health Program provides:

Individual support, information, education, support groups, resources, fact sheets, young carer support, time out, advocacy and referrals into other services, such as respite and counselling

You don't need to live with the person you support to be a part of the Program. If you would like further information please contact the program on the numbers below.

Western NSW Local Health District

**District Coordinator
Family & Carer Mental Health Program**

0419 869 961



**Health
Western NSW
Local Health District**

CatholicCare Wilcannia-Forbes

**Mental Health Support Worker
Family & Carer Mental Health Program**

**Dubbo 6883 4600
Bathurst 6334 2033
Orange 6360 0587
Narromine 6889 4932**



**Family & Carer Program covers: Bathurst & Regions, Orange &
Regions and Dubbo & Regions**



The Family & Carer Mental Health Program is a partnership between Western NSW Local Health District and CatholicCare Wilcannia-Forbes