

# Peak Hill Central School Newsletter

## We are a Respectful, Responsible, Safe and Successful School

Caswell Street, PEAK HILL NSW 2869

P: 02 6869 1304 E: peakhill-c.school@det.nsw.edu.au

W: www.peakhill-c.schools.nsw.edu.au





## **Bulgandramine Warriors**

On the last day of Term 3 players from the Bulgandramine Warriors (competing in the 2018 Koori Knockout held in Dubbo) visited Peak Hill Central to hold a footy coaching session.

Students enjoyed meeting the players and practicing their footy skills.

Our School would like to thank the players and those involved in organising the visit.







# **Stage 4 LOTE**

Stage 4 LOTE have commenced their assessment task with the boys making a didgeridoo and the girls making clap sticks. The project will be completed over the next 5 weeks and as you can see from the pictures our students have engrossed themselves in the work. Photos will be placed in our newsletter and facebook page showing their work as they progress.



















#### **Principal**

Mr Scott Olsson

# Head Teachers Secondary Studies

Miss Lucy Dempsey (Rel)
Mrs Catherine Doyle

#### **Administration Manager**

Mrs Tanya Stanford

# Aboriginal Education Officer

Mrs Vicki Sharah

#### **Assistant Principal**

Miss Grace Stewart

#### **Head Teacher**

#### Access

Mrs Crystal Stanford

# In School Access

Coordinator

Mrs Catherine Doyle

#### P & C 2018

#### President

Ms Kim Dern

### **Vice President**

Mrs Kelly Dart

#### Secretary

Mrs Loedicia Strahorn

#### **Treasurer**

Ms Tammy Gavin

## **Principals Message**

Welcome back and I hope everyone had a safe and enjoyable holiday. Term 4 is always enjoyable, fast paced and before we know it the end of the year will be upon us.

I would like to congratulate Catherine Doyle who was successful in obtaining the Head Teacher Secondary Studies position at school. Catherine is a fantastic teacher, leader and passionate role model.

I would like to also welcome James Bryant who is temporarily with the teaching staff for the remainder of the year and also to Meiko Bell who was successful in obtaining the ATSi SAO role through merit selection.

The HSC exams have started for our Year 12 students and collectively all the staff, students and community wish you all the best.

Kindy transition begins along with further year 7 transition. If you wish to discuss enrolment possibilities for next year and beyond please give me a call as we are a brilliant school with quality teachers who make sure that every student is known, cared for and valued.

This term our LOTE class will be working on an Aboriginal mural near the hall and I can't wait to see the finished product.

Enjoy the start of the term, keep working hard and follow our PBL values of respect, responsibility, safe and successful.

Mr Olsson

# P&C AGM

The Peak Hill Central School P&C Association will be holding its Annual General Meeting on Thursday, 8 November at 4pm at the Community Hub, 87 Caswell Street Peak Hill. Everyone is welcome to attend. All executive positions will be declared vacant and available for nomination.



# **School Diary**

Term 4 2018	Monday	Tuesday	Wednesday	Thursday	Friday
Week 3 29 Oct to 2 Nov			Super 8 Cricket in Dubbo Goanna Woodworks		Construction Study Day at Tullamore Immunisations
Week 4 5 Nov to 9 Nov			Goanna Woodworks	P&C AGM 4pm Community Hub	
Week 5 12 Nov to 16 Nov		Year 10 WAP Orientation @ Peak Hill Central	Goanna Woodworks		Belrose Excursion
Week 6 19 Nov to 23 Nov	Belrose Excursion	Belrose Excursion	Goanna Woodworks		
Week 7 26 Nov to 30 Nov				Visual Design Study Day @ Trangie	
Week 8 03 Dec to 07 Dec					
Week 9 10 Dec to 14 Dec					
Week 10 17 Dec to 21 Dec			Students Last Day		

# **Term 4 Week 1 Primary Student Awards**

### **Primary**

Pen Licence Award - Lillianna Bendeich

Good Listening Award - Calyssa-Lee Cohen McNeill, Willo McLachlan, Jawarn Read & Brax Girvan

Student Of The Week - Brax Girvan, Lilly Gavin & Bobby Wright

PBL Winners - Caitlin Reid & Sarah Charlton

**Recycling Award** - Year 1/2

Merit Award Winners - Cadin Klein-Cohen, Shelby Dargan, Brent Murray, Jackson Leedham, Brock Rez, Alex Clarke, Emerald-Rose Leonard, Cody Wright, Lochlan Hawksworth, Caleah Charlton, Lillianna Bendeich & Kaya

Gavin











# **Early Days Workshop**

The two workshops are:

**Workshop 1 - Encouraging Early Interactions -**

Wednesday 7<sup>th</sup> November - Dubbo RSL - 10:00 - 1:00

**Workshop 2 – Understanding Behaviour** 

Thursday 8<sup>th</sup> November – Dubbo RSL – 9:30 – 2:30

Families can register on line at <a href="www.autismspectrum.org.au">www.autismspectrum.org.au</a> events and workshops or by calling 02 8977 8353 or emailing edworkshops@autismspectrum.org.au

## **Congratulations James**



Congratulations to **James Robinson** on being selected as a finalist for Young Sporting

Spirit for Western NSW Region.

Peak Hill Central School Congratulates James Robinson on your achievements as a Newslocal local Sports Star 2018 Finalist.

# **Expression of Interest Swimming Program January 2019**

Expressions of interest are sought for students wishing to undertake an intensive swimming program for 8 days in January 2019.

Please email Georgia Westcott at gwestcott@hotmail.com by Friday 2 November 2018.

Georgia Westcott





Give your child the Best Start to School, by attending our Kick Start Kindergarten Transition to School Program.

# **Program Date/Times**

Monday 29 October 9am-11am

**Monday 5 November 9am-11am** 

Monday 12 November 1pm-3pm

Monday 19 November 1pm-3pm

Monday 26 November 9am-3pm

# Invitation

You are invited to the Opening of an Exhibition of Wiradjuri Cloaks and Headdresses

Saturday 3 November 6pm to 9pm

Location: Coventry Room

**Parkes Shire Council** 

13 Cecile Street Parkes NSW

Cost \$20

Dress Smart casual

Drinks and finger food will be served

Please RSVP Ken Engsmyr by 31 Oct on 04189246662



# **HEAD LICE TREATMENT OPTIONS**

INFORMATION FOR PARENTS AND CARERS

# There are two treatment options for head lice.

- 1. Mechanical removal (removal with a head lice comb)
- 2. Chemical removal

#### Mechanical removal

Mechanical removal involves applying normal hair conditioner to dry hair. After covering all of the hair with the conditioner untangle it using a normal comb and separate the hair into sections. Then use a fine long toothed metal lice comb to comb through the hair in sections. The conditioner doesn't kill the lice but it stuns them for about 20 minutes making it easier to remove them. The lice comb will remove nits (eggs) and the stunned lice. Wipe the comb on a white tissue and check for any lice or nits. Keep combing until no more appear on the tissue. This method should be used every second day until none remain (usually about 7 to 10 days).

This method is the preferred way to treat head lice because it is effective, does not contribute to insecticide resistance in head lice and also has a low risk of skin irritation.

The mechanical removal method also helps manage head lice before they become established on the head. Keep a good head lice comb in the shower and every time your family washes their hair comb through with the lice comb. This makes sure the lice are caught before they lay too many eggs.

If your children are old enough to wash their own hair encourage them to use the comb themselves. Or keep the comb handy to where you wash your children's hair and use it every time you wash their hair.

#### Chemical removal

If you choose to use a chemical treatment, remember to follow the instructions carefully. Don't be tempted to re-apply the same chemical treatment if it doesn't appear to be working. Instead change to another treatment that uses a different chemical compound or use the comb and conditioner method. You must repeat the treatment in 7 days to kill any newly hatched eggs. You will also need to use a lice comb to make sure the treatment is working. If you find dead lice the product has worked. If you find live lice, the treatment has not worked.

When your child is free of lice and nits, remember to check regularly with a fine toothed lice comb and conditioner. Early detection and treatment will prevent re-infestation of family members and classmates.

#### What to do about bedding and clothing

Research suggests that bed linen, hats, clothing and furniture do not harbour or transmit lice or nits and that there is no benefit in washing them as a treatment option. Nits and lice only live on the human head. They quickly dehydrate and die if removed from the head.

\*This information is based on information provided on the NSW Health Nitbusters website.